



## 2023 - USA MEN'S AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	FREESTYLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES
<b>8U</b>	Born 2015-2016	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	43 lbs, 45 lbs, 49 lbs, 53 lbs, 56 lbs, 62 lbs, 70 lbs, 85 lbs
<b>10U</b>	Born 2013-2014	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	49 lbs, 53 lbs, 56 lbs, 59 lbs, 63 lbs, 67 lbs, 71 lbs, 77 lbs, 84 lbs, 93 lbs, 105 lbs, 120 lbs
<b>12U</b>	Born 2011-2012	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 lbs, 63 lbs, 67 lbs, 70 lbs, 74 lbs, 78 lbs, 82 lbs, 86 lbs, 92 lbs, 98 lbs, 108 lbs, 117 lbs, 135 lbs, 160 lbs
<b>14U</b>	Born 2009-2010	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	71 lbs, 77 lbs, 83 lbs, 87 lbs, 92 lbs, 97 lbs, 102 lbs, 106 lbs, 110 lbs, 114 lbs, 119 lbs, 125 lbs, 130 lbs, 136 lbs, 149 lbs, 165 lbs, 187 lbs, 250 lbs
<b>16U</b>	Born 2007-2008	Two two-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	88 lbs, 94 lbs, 100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 145 lbs, 152 lbs, 160 lbs, 170 lbs, 182 lbs, 195 lbs, 220 lbs, 285 lbs
<b>USA Junior</b>	* Born 9/1/2003 & after, plus enrolled in grades 9-12	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 145 lbs, 152 lbs, 160 lbs, 170 lbs, 182 lbs, 195 lbs, 220 lbs, 285 lbs
<b>Masters A</b>	* Born 1989-1998	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg
<b>Masters B</b>	* Born 1981-1988	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg
<b>Masters C</b>	* Born 1973-1980	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg
<b>Masters D</b>	* Born 1965-1972	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg
<b>Masters E</b>	* Born 1957-1964	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg
<b>Masters F</b>	* Born 1948-1956	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg

**USA Junior:** Athletes shall be considered eligible to compete in Junior Division competitions if he/she is currently attending high school, or participating in a program considered by the State's Department of Education to be fulfilling the athlete's requirements for graduation from an accredited high school program, or if a summer event, attended high school, or participated in a program considered by the State's Department of Education to be fulfilling the athlete's requirements for graduation from an accredited high school program the Spring semester just prior to the summer event. In addition, the athlete has only four consecutive years to compete in the Junior Division once his/her class begins the ninth grade. Only wrestlers born September 1, 2002 and later who were enrolled in grades 9-12 during the 2022 spring semester are eligible. No wrestler who was enrolled in 8th grade during the 2022 spring semester will be allowed to enter. Any such wrestler who enters or competes will be penalized by forfeiting his/her eligibility in the next year's event in both styles.

**Masters A:** Master 58kg is not a World Team Weight

**Masters B:** Master 58kg is not a World Team Weight

**Masters C:** Master 58kg is not a World Team Weight

**Masters D:** Master 58kg is not a World Team Weight

**Masters E:** Master 58kg is not a World Team Weight

**Masters F:** Master 58kg is not a World Team Weight

## 2023 - USA WOMEN'S AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	FREESTYLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES
<b>8U</b>	Born 2015-2016	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	45 lbs, 50 lbs, 55 lbs, 60 lbs, 70 lbs, 85 lbs
<b>10U</b>	Born 2013-2014	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	50 lbs, 55 lbs, 60 lbs, 65 lbs, 70 lbs, 75 lbs, 80 lbs, 90 lbs, 100 lbs, 110 lbs
<b>12U</b>	Born 2011-2012	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	65 lbs, 70 lbs, 75 lbs, 80 lbs, 85 lbs, 90 lbs, 95 lbs, 100 lbs, 110 lbs, 120 lbs, 130 lbs, 145 lbs
<b>14U</b>	Born 2009-2010	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	72 lbs, 79 lbs, 85 lbs, 92 lbs, 97 lbs, 101 lbs, 105 lbs, 110 lbs, 119 lbs, 127 lbs, 136 lbs, 145 lbs, 185 lbs
<b>16U</b>	Born 2007-2008	Two two-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	94 lbs, 100 lbs, 106 lbs, 112 lbs, 117 lbs, 122 lbs, 127 lbs, 132 lbs, 138 lbs, 144 lbs, 152 lbs, 164 lbs, 180 lbs, 200 lbs
<b>USA Junior</b>	** Born 9/1/2003 & after, plus enrolled in grades 9-12	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	100 lbs, 106 lbs, 112 lbs, 117 lbs, 122 lbs, 127 lbs, 132 lbs, 138 lbs, 144 lbs, 152 lbs, 164 lbs, 180 lbs, 200 lbs, 225 lbs

**USA Junior:** Athletes shall be considered eligible to compete in Junior Division competitions if he/she is currently attending high school, or participating in a program considered by the State's Department of Education to be fulfilling the athlete's requirements for graduation from an accredited high school program, or if a summer event, attended high school, or participated in a program considered by the State's Department of Education to be fulfilling the athlete's requirements for graduation from an accredited high school program the Spring semester just prior to the summer event. In addition, the athlete has only four consecutive years to compete in the Junior Division once his/her class begins the ninth grade. Only wrestlers born September 1, 2002 and later who were enrolled in grades 9-12 during the 2022 spring semester are eligible. No wrestler who was enrolled in 8th grade during the 2022 spring semester will be allowed to enter. Any such wrestler who enters or competes will be penalized by forfeiting his/her eligibility in the next year's event in both styles.

**Weights and Divisions Chart:** Effective from September 01, 2022 to August 31, 2023. Additional "+" weights classes can be added as required for U12 and below.



## 2023 - UWW AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	FREESTYLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES
<b>U15 (Male)</b>	Born 2008-2010	Two two-minute periods with 30 second rest between periods		38 kg, 41 kg, 44 kg, 48 kg, 52 kg, 57 kg, 62 kg, 68 kg, 75 kg, 85 kg
<b>U15 (Female)</b>	Born 2008-2010	Two two-minute periods with 30 second rest between periods		33 kg, 36 kg, 39 kg, 42 kg, 46 kg, 50 kg, 54 kg, 58 kg, 62 kg, 66 kg
<b>U17 (Cadets) (Male)</b>	Born 2006-2008	Two two-minute periods with 30 second rest between periods		45 kg, 48 kg, 51 kg, 55 kg, 60 kg, 65 kg, 71 kg, 80 kg, 92 kg, 110 kg
<b>U17 (Cadets) (Female)</b>	Born 2006-2008	Two two-minute periods with 30 second rest between periods		40 kg, 43 kg, 46 kg, 49 kg, 53 kg, 57 kg, 61 kg, 65 kg, 69 kg, 73 kg

<b>U20 (JR) Freestyle</b> (Male)	Born 2003-2006	Two three-minute periods with 30 second rest between periods		57 kg, 61 kg, 65 kg, 70 kg, 74 kg, 79 kg, 86 kg, 92 kg, 97 kg, 125 kg
<b>U20 (JR) Freestyle</b> (Female)	Born 2003-2006	Two three-minute periods with 30 second rest between periods		50 kg, 53 kg, 55 kg, 57 kg, 59 kg, 62 kg, 65 kg, 68 kg, 72 kg, 76 kg
<b>U20 (JR) Greco-Roman</b> (Male)	Born 2003-2006	Two three-minute periods with 30 second rest between periods		55 kg, 60 kg, 63 kg, 67 kg, 72 kg, 77 kg, 82 kg, 87 kg, 97 kg, 130 kg
<b>U23 Freestyle</b> (Male)	Born 2000-2005	Two three-minute periods with 30 second rest between periods		57 kg, 61 kg, 65 kg, 70 kg, 74 kg, 79 kg, 86 kg, 92 kg, 97 kg, 125 kg
<b>U23 Freestyle</b> (Female)	Born 2000-2005	Two three-minute periods with 30 second rest between periods		50 kg, 53 kg, 55 kg, 57 kg, 59 kg, 62 kg, 65 kg, 68 kg, 72 kg, 76 kg
<b>U23 Greco-Roman</b> (Male)	Born 2000-2005	Two three-minute periods with 30 second rest between periods		55 kg, 60 kg, 63 kg, 67 kg, 72 kg, 77 kg, 82 kg, 87 kg, 97 kg, 130 kg
<b>Senior Men Freestyle</b> (Male)	Born 2005 or Before	Two three-minute periods with 30 second rest between periods		57 kg, 61 kg, 65 kg, 70 kg, 74 kg, 79 kg, 86 kg, 92 kg, 97 kg, 125 kg
<b>Senior Women Freestyle</b> (Female)	Born 2005 or Before	Two three-minute periods with 30 second rest between periods		50 kg, 53 kg, 55 kg, 57 kg, 59 kg, 62 kg, 65 kg, 68 kg, 72 kg, 76 kg
<b>Senior Men Greco-Roman</b> (Male)	Born 2005 or Before	Two three-minute periods with 30 second rest between periods		55 kg, 60 kg, 63 kg, 67 kg, 72 kg, 77 kg, 82 kg, 87 kg, 97 kg, 130 kg