

Discard your mask
& enjoy your education!



Struggle in your mask?

Anyone can be **EXEMPT***

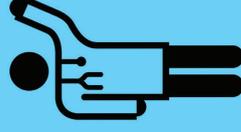
Did you you know?

You have a **CHOICE** as to whether you wear a mask in school or not. You do not have to be medically ill to be **EXEMPT**. This is the **LAW** no matter your age.



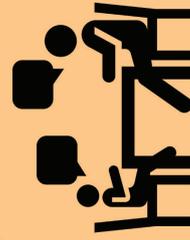
If you are experiencing....

1. Panic, fear, anxiety, discomfort, breathlessness. You are **EXEMPT**.
2. Headaches, dizziness, nausea, lack of concentration. You are **EXEMPT**.
3. Obscured vision, difficulty hearing, skin irritation. You are **EXEMPT**.



That's me! What should I do?

Discuss your struggle with parents or guardians. Don't be afraid or let fear stand in your way. Inform your head of year that your name is now on the **EXEMPT** list.



Info at: ukmedfreedom.org - worlddoctorsalliance.com
***EXEMPT MEANS FREE FROM THE RULE**

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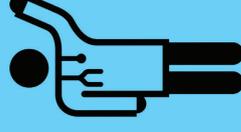
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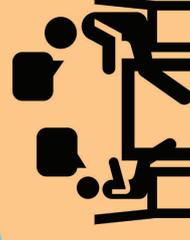
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FACTS ABOUT MASKS

OXYGEN DEPRIVATION & CO² POISONING

Children require more oxygen than adults as their lungs are smaller and weaker. Reducing oxygen intake can cause irreversible damage to the brain, heart, & lungs. After just one minute, CO² levels are 25 times higher than the accepted tolerance levels. Symptoms may include dizziness, anxiety, tiredness and reduced performance.

BACTERIAL INFECTION

In the warm and moist environment of a mask, bacteria, virus & spores thrive exceptionally well. Masks can cause skin issues, make the wearer very sick and spread disease.

PSYCHOLOGICAL DAMAGE

We are social beings. Facial expressions are a crucial part of our learning and understanding, especially during our childhood. Children can suffer psychological damage when unable to communicate adequately with others. Being unable to recognize emotions adds to the psychological suffering. Masks fuel anxiety and stress.



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