

Bergen County Office of Food Security



Food insecurity can happen to anyone, quickly or over time, and for a variety of reasons. In Bergen County, we have numerous pantries, organizations, and resources that can help if you, a loved one, or a friend are in need of assistance.

Resources to Fight Food Insecurity

- **Connect with a Local Food Pantry:** In Bergen County, there are over seventy food pantries providing assistance to individuals and families at no cost. Visit our website to find a food pantry near you!
 - <https://bergenfightshunger.org/food-pantry-finder>
- **Apply for SNAP:** formerly food stamps, SNAP provides cash-like benefits to purchase nutritious food and groceries.
 - To apply, visit: <https://www.mynjhelps.gov/home>
 - Or call the Bergen County Board of Social Services: 201-386-4200
- **Meals On Wheels:** if you are age 60 or older and homebound, Meals On Wheels can routinely deliver meals to your place of residence.
 - Contact 201-336-7420 for more information
- **Social Service Directory:** there are many services available to you, at no cost, that can help address the root cause of your battle against food insecurity
 - Explore our directory to find contact information for a wide range of social service organizations in the county:
 - <https://bergenfightshunger.org/flyers-and-directory>

**Visit our website for more information: bergenfightshunger.org
or contact officeoffoodsecurity@co.bergen.nj.us**



**County Executive James Tedesco III
Bergen County Board of Commissioners**

