

# Bergen County Office of Food Security



## Food Programs Available to Adults 60 and Older in Bergen County

**SNAP:** monthly benefits to help purchase food. Contact the Bergen County Board of Social Services at 201-368-4200 or visit [MyNJHelps.gov](https://MyNJHelps.gov) for more information.

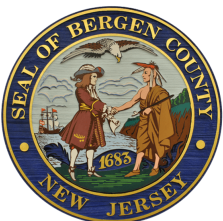
**Senior Farmers Market Nutrition Program:** an income-based program for older adults age 60+. E-benefit to be redeemed for NJ-grown fresh produce at Farmers Markets: One offer per person per growing season.

**Meals On Wheels:** home-delivered, complete, and nutritionally balanced midday meal for eligible homebound older adults and people with disabilities

**Congregate Lunch Program:** nutritionally balanced midday meal served to older adults at 26 congregate nutrition sites throughout Bergen County

**Visit A Food Pantry:** for a list of pantries, please visit our website: <https://bergenfightshunger.org/food-pantry-finder>.

To learn more about these programs, contact the Bergen County Division of Senior Services at 201-336-7400 or email [seniors@co.bergen.nj.us](mailto:seniors@co.bergen.nj.us) or visit <https://www.co.bergen.nj.us/division-of-senior-services/nutrition>.



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