

# Bergen County Social Services Directory 2023

*County, state, and local nonprofit agencies providing food, financial aid, childcare, mental health, substance abuse, and many other resources for County residents*



# Bergen County Office of Food Security



officeoffoodsecurity@co.bergen.nj.us

<https://bergenfightshunger.org/>

*The Office of Food Security, formerly the Food Security Task Force, was formed in 2020 due to the skyrocketing need caused by the COVID-19 pandemic. Since then, the office has worked to pursue its mission, which is to create a more resilient network of emergency food providers by supplementing pantry distributions, building relationships between partners, and investing in vital infrastructure.*

## Programs and Services

- **Food Pantry Finder:** to find a food pantry near you, please visit <https://bergenfightshunger.org/food-pantry-finder>
- **Food Pantry Summit:** once a year, the office invites food pantries and service providers to come together to learn about the issues facing local pantries and community partners, and to discuss how to band together to combat the prevailing issue of food insecurity in our communities
- **Lunch & Learns:** each month, the office hosts an online seminar featuring social service agencies that serve Bergen County residents. To view previous seminars, visit <https://bergenfightshunger.org/lunch-and-learn-series>
- **Oasis Insights:** a food pantry database and referral software that is available to Bergen County food pantries. With this software, pantry staff can easily track the assistance they provide to their clients and generate a warm handoff to help their clients receive vital services to help them and their families



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# Bergen County Division of Alternatives to Domestic Violence



One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601

Contact: Marisa Heluk, M.Ed., Director · mheulk@co.bergen.nj.us

[www.co.bergen.nj.us/divisions-of-alternatives-to-domestic-violence/alternatives-to-domestic-violence](http://www.co.bergen.nj.us/divisions-of-alternatives-to-domestic-violence/alternatives-to-domestic-violence)

**24/7 Crisis Hotline: 201-336-7575**

*Alternatives to Domestic Violence is a domestic violence nonresidential intervention program that offers a comprehensive approach by providing services to individuals and families involved in an abusive relationship.*

## Programs and Services

- **Emergency services:** danger/lethality assessments, crisis intervention services, case management, food and clothing necessities, safety planning, and more
- **Temporary Housing Assistance**
- **Legal Services**
- **Counseling Services**
- **Children's Services:** youth counseling, childcare during support groups, and teen activity programs
- **Community Educational Services:** domestic violence workshops

## Eligibility

- Everyone is eligible. All survivor services are free of charge



# Center for Hope and Safety



12 Overlook Ave, Rochelle Park, NJ 07662

Contact: 201-498-9247 • [info@hopeandsafetynj.org](mailto:info@hopeandsafetynj.org)

24-hour Hotline: 201-944-9600

[www.hopeandsafetynj.org](http://www.hopeandsafetynj.org)

***Center for Hope and Safety assists women and children who are victims of domestic violence, including economic, sexual, and physical abuse.***

## Programs and Services

- **Emergency Shelter Program:** safe and confidential housing 24/7
- **Emergency Legal Services for Victims of Domestic Violence:** assists survivors of domestic violence in family law matters
- **Transitional Housing:** low-cost housing for women (and their children) who are ready to move forward from the shelter, but would like to maintain contact with the shelter for support
- **Follow-up Program:** staff continues to offer counseling, case management, legal advocacy, and community referrals to former residents
- **Project CHILD:** strives to build Confidence, Hope, Independence, Love, and Direction for child victims and/or witnesses of domestic violence
- **Job Readiness Education**
- **Outreach, Multicultural Services:** bilingual counselors are available to provide advocacy and community referrals
- **Assistance to the Elderly and Disabled (AED) Program:** services for older adults (60+) and disabled victims



# Women's Rights Information Center



WOMEN'S  
RIGHTS  
INFORMATION  
CENTER

108 West Palisade Ave, Englewood, NJ 07631

Contact: 201-568-1166 · Support.WRIC@womensrights.org

<https://www.womensrights.org/>

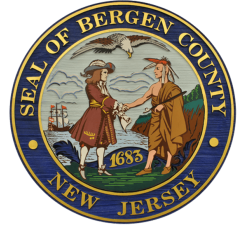
*Women's Rights Information Center believes in helping women help themselves by providing a variety of informational, educational, and practical life-enhancing programs in a positive and supportive environment.*

## Programs and Services

- **Career Services:** Job search counseling, interview coaching, networking, employment assistance, and resume development
- **Career Closet:** Job seekers can receive donated outfits and accessories
- **Microsoft & QuickBooks Training & Certification**
- **ESL & Citizenship Classes**
- **Financial Literacy:** credit counseling, peer support, budgeting, and retirement planning. For more information, contact [Imaurer@womensrights.org](mailto:Imaurer@womensrights.org)
- **Information, Resources, Workshops, and Referrals**
- **Legal Consultations:** appointments with attorneys specializing in family law. For more information, contact [sceballos@womensrights.org](mailto:sceballos@womensrights.org)
- **Shared Housing:** brings homeowners together with home seekers. For more information, contact [kayala@womensrights.org](mailto:kayala@womensrights.org)
- **Victim Services:** support and advocacy for those affected by crime. For more information, contact [vacevedo@womensrights.org](mailto:vacevedo@womensrights.org))



# Bergen County Division of Disability Services



Bergen County Department of Human Services

One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601

Contact: Anika S. Davis, Ed.S., Director • 201-336-6500

[disability@co.bergen.nj.us](mailto:disability@co.bergen.nj.us)

[www.co.bergen.nj.us/divisions-of-disability-services](http://www.co.bergen.nj.us/divisions-of-disability-services)

*The Division of Disability Services assists Bergen County residents with disabilities in achieving their full potential.*

## Programs and Services

- **Information & Assistance Service / Aging & Disability Resource Connection:** Call 201-336-6504
- **Post-Stroke & Disabled Adult Support Group**
- **Americans with Disabilities Act (ADA) Assistance**
- **Caregiver Education and Support Program:** provides in-home professional instruction and support to caregivers. For more information, call 201-336-6504
- **Meals on Wheels:** meals for adults, 59 and younger with severe permanent or temporary disability, who are housebound and incapable of their own meal preparation needs.
- **The Disability Resource Center and Clearinghouse**
- **The Personal Assistance Services Program:** provides up to 40 hours of personal assistance a week to qualifying adults that have a permanent physical disability. For more information, call 201-336-6502 or 6508
- **Respite Care:** provides relief services for individuals who are caring for people with severe/chronic disorders. For more information, call 201-336-6511 ext. 6503/6506



# Heightened Independence & Progress (HIP)



131 Main Street, Suite #120, Hackensack, New Jersey 07601

(Contact: 201-996-9100 • [bergen@hipcil.org](mailto:bergen@hipcil.org))

<https://www.hipcil.org/>

*HIP provides a wide range of services for people with disabilities in the areas of advocacy, information and referral, peer support, and independent living skills training.*

## Programs and Services

- **Information and Referrals:** provides direct information or functions as a clearing house, directing individuals to other appropriate resources
- **Individual and Systems Advocacy:** assists people with disabilities to understand their rights and responsibilities under various laws
- **Independent Living Skills Training:** sharing of information or support to enable individuals to function as independently as possible, in the community
- **Peer Support**
- **Transition:** helps with the transition from a school program to adult services
- **Modification Access Project (MAP):** provides partial funding to improve accessibility in the homes of Bergen County residents with disabilities



# North Jersey Friendship House

North Jersey  
**FRIENDSHIP HOUSE**  
BUILDING SKILLS FOR PRODUCTIVE LIVES

125 Atlantic Street, Hackensack, NJ 07601

Contact: 201-488-2121 • info@njfriendshiphouse.org

<https://njfriendshiphouse.org>

*North Jersey Friendship House builds the skills of individuals with varying abilities and developmental needs by providing comprehensive clinical treatment, vocational training, and work opportunities.*

## Programs and Services

- **Day Treatment**
- **Adults with Autism Day Program**
- **Supported Employment:** job coaches work with members for outside employment, as well as, individuals who are referred directly by the Department of Vocational Rehabilitation Services (DVRS)
- **Training Opportunities:** comprehensive, hands-on training in the following areas: Workshop, Food Services, Maintenance, and Computer Skills
- **ICON:** culinary training and job preparedness for adults with Autism and other special needs
- **Project SEARCH:** gives people living with disabilities the opportunity to learn valuable job skills in a real workplace setting



# The Arc of Bergen & Passaic



223 Moore Street, Hackensack, NJ 07601

Contact: 201-343-0322 · [arc@arcbp.com](mailto:arc@arcbp.com)

<https://www.arcbp.com/>

*The Arc of Bergen and Passaic is an organization of families, self advocates, professionals, and community members dedicated to assisting individuals with developmental disabilities and their families.*

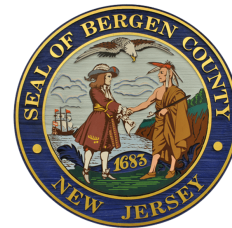
## Programs and Services

- **Adult Day Services:** programming from Monday-Friday
- **Special Needs Programs**
- **Camp Rainbow:** 6-week-long summer camp for children and adults with developmental disabilities
- **The CHILD Center:** provides a variety of services for children from birth to three years of age. For more information, contact 201-644-0304
- **Our Time Classes:** focuses on separation, socialization, and language skills for children ages 20-36 months.
- **Family Support:** Information and Referral, Case Management, and more
- **Companion Program:** Matches trained staff and volunteers with individuals with disabilities
- **Stresspite:** provides families with respite services
- **After-School Program:** for children with Autism under the age of 21
- **Residential Programs:** Group Homes and Supervised Apartments, Supported Living Program, Independent Living Program
- **Vocational and Employment Services**





# Bergen County Division of Family Guidance



One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601

Contact: Nicholas A. Montello, Ph.D., Director · 201-336-7350

fgintake@co.bergen.nj.us

<https://www.co.bergen.nj.us/divisions-of-family-guidance>

**For 24/7 Immediate Help call 201-336-7360**

*The Division of Family Guidance provides clinical, residential, educational, correctional, case management, and monitoring services to at-risk children, adolescents, and families at no cost to Bergen County residents.*

## Programs and Services

- **Juvenile Family Crisis Intervention Unit:** 24/7 program that addresses issues and situations related to family conflict, runaways, and truancy.
- **Adolescent and Family Treatment:** outpatient therapy program for youth and families
- **Children's After-School Treatment Services:** a therapeutic after-school program to help improve the social skills of youth ages 7-12
- **Multi-Systemic Therapy:** an intensive in-home program that addresses the needs of juveniles with behavioral problems
- **Empower House:** a program for young women ages 16-22 who may benefit from extra support from peers and role models.
- **Essex House:** a program for young men ages 16-22 who may benefit from extra support from peers and role models.
- **Connections:** HSE preparation program
- **Youth Resource Center:** drop-in center providing structured after-school socialization for youth ages 13-17
- **Bergen's Place Youth Shelter:** residential crisis and homeless shelter for youth ages 11-17
- **Visions:** a multi-service transitional residential program for youth aged 16-22





# Bergen County Office for Children



One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601

Contact: Julie O' Brien, Director · 201-366-7150

ofc@co.bergen.nj.us

[www.co.bergen.nj.us/division-of-office-for-children/about-office-for-children](http://www.co.bergen.nj.us/division-of-office-for-children/about-office-for-children)

**Childcare Helpline: 1-800-332-9227**

*The Office for Children assists parents in choosing childcare, referrals to childcare providers, and childcare subsidies. The office also trains, registers, and monitors family childcare services.*

## Programs and Services

- **New Jersey Cares for Kids (NJCK):** subsidized childcare costs for low and moderate-income families
- **Work First New Jersey:** participants are eligible for childcare subsidy assistance if they need childcare to work, look for work, or participate in an approved work or school activity. To determine eligibility, contact the Bergen County Board of Social Services at 201-368-4200
- **Family Engagement:** Development Screens, Parent Cafes, and Referrals
- **Shared Services for Providers**

## Eligibility

- For a child to qualify, they must be a US citizen or a qualified non-citizen residing with a parent or an individual acting as a parent.



# Bergen County Special Child Health Services



One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601

Contact: Erin Beischer, LCSW, Program Coordinator · 201-634-2621

ebeischer@co.bergen.nj.us

<https://www.co.bergen.nj.us/special-child-health-services>

***Special Child Health Services' mission is to enhance the capacity of families to meet the developmental and health-related needs of children from birth through age 22 who have delays or disabilities by providing education and support services.***

## Programs and Services

- **Early Intervention Services:** developed to address a problem or delay in development as early as possible by providing services for eligible infants and toddlers up to age three and their families. If you suspect that an infant or toddler may be experiencing developmental delays, contact Early Intervention System at 888-653-4463
- **Case Management Unit:** promotes access to preventative and primary care for Children and Youth with Special Health Care Needs (CYSHCN) ages birth through age 22, by providing comprehensive, coordinated, culturally competent case management services



# Bergen Family Center



Bergen  
Family  
Center

44 Armory Street, Englewood, NJ 07631

Contact: 201-568-0817

[www.bergenfamilycenter.org](http://www.bergenfamilycenter.org)

***Bergen Family Center provides services to individuals, families, and children to help strengthen their independence, manage challenges, and improve the quality of their lives.***

## Programs and Services

- **After School Program:** daily enrichment, homework assistance, snack, and child-care
- **Leonard Johnson Early Learning Center**
- **The ZONE:** Clinical and primary prevention services for ages 13-19
- **Middle School Program:** Mental health counseling, academic support, and enrichment
- **QuaranTEEN Kitchen:** provides teenagers with volunteer opportunities
- **Adult Day Program:** available to adults 60+ living in Bergen County
- **Care Management for the Homebound Elderly:** assists with a variety of senior programs and counseling
- **Caregiver Support:** meetings with other caregivers to learn coping strategies and to receive information to help their loved ones
- **Counseling Services:** specializes in victims of Sexual violence, families in court, HIV/AIDS, and interpersonal development/marital stress
- **Family Success Center:** helps families learn new skills and acquire resources and tools to make positive changes
- **Home Instruction for Parents and Pre-School Youngsters**
- **SESCIL - Southeast Senior Center for Independent Living:** provides physical, emotional, and social therapeutic programs and services. Other services include: reparative health care programs, educational & creative classes, support & discussion groups, and transportation to and from the center



# Bergen HEARTS Family Homeless Services Center



40 Passaic Street, Hackensack, NJ 07601

Contact: 201-634-3060

<https://www.co.bergen.nj.us/hearts-homeless-family-services>

***Bergen HEARTS assists Bergen County families, who are experiencing a homeless emergency, find and transition to a healthy, safe, and secure living environment while they build on their family's strengths and develop the skills to overcome their family's unique challenges.***

## Programs and Services

- **Coordinated Entry for All Homeless Families:** a single stop for any family in Bergen County experiencing homelessness or at risk of facing homelessness within two weeks where they can set up an interview with the HEARTS Coordinated Assessment Intake Specialist to review their needs
- **The Temporary Emergency Shelter:** serves any Bergen County family with children under the age of 18 who are presently street homeless or at risk of facing homelessness within two weeks – given the availability of HEARTS shelter beds
- **BRIDGE Housing for TANF-Only Families:** serves any Bergen County family with children under the age of 18 that are recipients of TANF. Families are provided temporary housing not to exceed one year under the conditions that the participating family agrees to and actively engages in the intensive case management services and Housing Permanency Plan with the HEARTS Case Management Team



# Bergen Volunteers



64 Passaic Street, Hackensack, NJ 07601

Contact: 201-489-9454 · [info@bergenvolunteers.org](mailto:info@bergenvolunteers.org)

<https://www.bergenvolunteers.org/>

***Bergen Volunteers provides human service and training programs to improve lives and strengthen communities.***

## Programs and Services

- **Bergen READS:** trains Read Buddies to work one on one with students in grades K-4
- **CHEER (Chore Homemaker Education Encouragement Rehabilitation):** provides a helping hand to seniors and those with disabilities to enable them to live safely and independently in their homes.
- **CHORE (Community Helpers Offering Repairs and Empathy):** helps Bergen County seniors and those with disabilities remain safe in their homes by offering repair services.
- **Get Connected:** volunteer opportunity board
- **Mentoring:** provides individuals with one-on-one long and short-term support.
- **Redefining Retirement:** volunteer opportunities for retired individuals
- **VITA (Volunteer Income Tax Assistance):** tax preparation services for low-income individuals, seniors, and English language learners.



# Children's Aid and Family Services



CHILDREN'S AID  
AND FAMILY SERVICES

200 Robin Road, Paramus, NJ 07652

Contact: 201-261-2800 · [info@cafsnj.org](mailto:info@cafsnj.org)

<https://cafsnj.org>

*Children's Aid and Family Services provides high-quality, innovative services to children, adults, and their families that advance social, educational, and emotional development and well-being.*

## Programs and Services

- **Intellectual and Developmental Disabilities Services:** Adult Day Program, After School Respite, Community Residence, Intensive In-Home Services
- **Adoption and Foster Care Services:** NJ Adoption Resource Clearing House, Birth Parent Counseling and support group, Search & Reunion
- **Children and Family Services:** Mobility Mentoring, Baby Basics, Strengthening Families Program, EPIC Parents Workshops, Wise Families Program, and more
- **The Center for Drug and Alcohol Resources:** School Programs, Programs for Professionals, Older Adult Programs, Recovery Support Services
- **Children Awaiting Adoption:** provides training, support, and counseling services to adoptive children and their families. To learn more call 201-262-2800 or email [recruitment@cafsnj.org](mailto:recruitment@cafsnj.org)





# Families for Families

250 Braen Avenue, Wyckoff, NJ 07481

Contact: 201-499-5622 · families4families201@gmail.com

<https://www.families4families.com/>

*Families for Families provides clothing, housewares, furniture, food, and necessities to local families in Bergen and Passaic County homeless shelters and those who have recently moved to more permanent housing.*

## Programs and Services

- **Furnishing Great Starts:** supplies furniture to families transitioning from shelters to their new living space including mattresses, bedding, and kitchen & and bathroom essentials
- **Client Coaching:** pairs individuals and families with a client coach to guide them along their journey to self-sufficiency
- **Food Pantry:** offers food, toiletries, and paper products to families at no cost
- **Clothing Closet:** distributes clothing of all sizes and styles
- **Adopt A student:** provides a backpack full of school supplies to students in need at the start of the school year
- **Adopt a Family for the Holidays:** pairs a sponsor with a family or individual to ensure everyone has a wonderful Holiday





# Family Promise of Bergen County



100 Dayton Street, Ridgewood, NJ 07450

Contact: 201-833-8009

[www.bergenfamilypromise.org/](http://www.bergenfamilypromise.org/)

***Family Promise of Bergen County aims to empower homeless working families to become self-sufficient by providing temporary housing and personalized support.***

## Programs and Services

- **Case Management:** Families can work with a Case Manager and receive personalized, emotional support and guidance
- **Financial Education Programming:** meet with a financial coach to discuss monetary goals, develop a savings plan, and repair credit
- **Personal Empowerment Workshops:** teaches life skills, self-care, and more
- **Job Training & Educational Advancement**
- **Transportation:** helps parents gain their driver's permit, provides behind-the-wheel training, and provides bus passes or gift cards for ride-share services
- **Childcare:** assists parents with the cost of childcare
- **Food:** provides families with grocery store gift cards
- **Walk-In Dinner Program:** provides prepared meals every day at the Bergen County Housing, Health, and Human Services Center in Hackensack. Contact [mheller@bergenfamily](mailto:mheller@bergenfamily) · 201-833-8009 for more information

## Shelter Programs

- **The Family Promise Bridge Network:** provides homeless working families with children overnight shelter at local congregations. This includes meals and contact with case managers.
- **The New Leaf/New Life Program:** provides subsidized apartments to families through Family Promise.
- **The Home to Stay Program:** for families who are leaving the sheltering programs. They are given continued case management, volunteer support, and limited financial assistance for a period of one year as needed.





# Family Support Organization of Bergen County



0-108 29th Street Fair Lawn, New Jersey 07410

Contact: 201-796-6209 • aa@fsobergen.org

<https://www.fsobergen.org/>

*Family Support Organization of Bergen County provides support, advocacy, and education to families, caregivers, and providers of children with mental, emotional, and behavioral needs.*

## Programs and Services

- **Warm Line:** telephone support to family members, caregivers, and those who reach out from the Bergen County community who need support with resources. Call 201-796-6209 ext. 102
- **Peer to Peer Support:** employs trained Family Support Partners, themselves caregivers/parents of emotionally or behaviorally challenged children, who assist and support families enrolled in the Care Management Organization.
- **Education & Advocacy:** provides forums, workshops, guest speakers, and other special events that inform and empower families about their role in the parent/professional partnership
- **Support Groups:** Parent2Parent groups at no cost for families and caregivers



# Jewish Family and Children's Services



JFCS

JEWISH FAMILY & CHILDREN'S SERVICES  
OF NORTHERN NEW JERSEY

1485 Teaneck Road, Teaneck, NJ 07666

Contact: 201-837-9090 • info@jfccnnj.org

[www.jfccsnnj.org](http://www.jfccsnnj.org)

***Jewish Family and Children's Services (JFCS) provides professional social services to assist families, children, and seniors of the community.***

## Programs and Services

- **Mental Health Services:** counseling, therapy, tailored services for children and adolescents
- **Information and Referral Services:** provides referrals to JFCS services and other community resources
- **Club Ed-Afterschool Programs:** provided at Cliffside Park, North Bergen, Fairview, and Fort Lee public schools
- **Support Groups:** Bereavement for Widows/Widowers, Second Generation Holocaust Survivors, Coping with Aging Parents, Wolff Caregiver - (for caregivers of people with dementia/Alzheimer's), Israeli Women's group
- **Basic Needs Assistance:** caseworkers assist clients in assessing their situations and creating action plans that meet their immediate critical needs, with long-term stabilization as the goal
- **The Re-Launch Career Services:** assist the unemployed and underemployed in navigating the job market, working on interview skills, and creating an action plan for their job search
- **Field Education:** provides interns with quality supervision by experienced professionals and a comprehensive training curriculum to help develop a social work career
- **Corner Market at JFCS - Food Pantry**
- **Older Adult Services:** Case Management, Friendly Visitors, Telephone Reassurance, and more
- **Kosher Meals on Wheels:** for more information, call 201-837-9090



# Center For Food Action



Contact: 201-569-1804 • [inquiry@cfanj.org](mailto:inquiry@cfanj.org)

<https://www.cfanj.org/>

***Center for Food Action (CFA) is a non-profit organization that provides emergency services to northern New Jersey's poorest and most vulnerable residents, CFA provides food, housing, utility, and heat assistance and offers counseling and advocacy services to low-income individuals and families.***

## Programs and Services

- **Emergency Food Program:** schedule a drive-through food appointment here
  - <https://mailchi.mp/a81ca821e55b/make-a-cfa-appointment>
- **Counseling and Advocacy:** provides information, referrals, counseling, and advocacy to clients by phone and helps them access government and community services
- **Homeless Prevention Program:** helps clients with back rent, first month's rent, and security deposits
- **Weekend Snack Pack Program:** provides healthy, kid-friendly, and easy-to-prepare snacks to children at risk of hunger
- **Community Garden Program:** provides fresh vegetables with each emergency food package
- **Smile Pack Program:** a free package of dental products to encourage proper dental care for young clients



# Food Pantries in Bergen County

## **Bergenfield (07621)**

Borough of Bergenfield  
198 North Washington Avenue  
201-387-4055 EXT. 6

CSBC MOM's Food Pantry  
7 West Main Street  
201-983-1027

St. John the Evangelist  
29 N Washington Avenue  
201-384-0101

## **Cliffside Park (07017)**

El Faro Spanish Seventh-Day  
Adventist Church  
220 Walker Street  
551-358-3220

Epiphany Church Community Food  
Pantry  
247 Knox Avenue  
551-362-0221

## **Closter (07624)**

Closter Food & Assistance Board  
295 Closter Dock Road  
201-784-0600 Ext. 429

## **Cresskill (07071)**

Cresskill Cares a NJ Nonprofit  
85 Union Avenue  
929-430-7626

## **Dumont (07628)**

Dumont Food Pantry - DCCares  
39 Dumont Avenue  
201-387-5062

St. Mary's Church  
280 Washington Avenue  
201-384-0557

The Food Brigade  
185 West Madison Ave  
201-614-4414

## **East Rutherford (07073)**

Meadowlands YMCA  
390 Murray Hill Parkway  
201-955-5300 X 255

## **Edgewater (07020)**

Church of the Holy Rosary  
365 Undercliff Avenue  
201-945-6329

## **Elmwood Park (07407)**

RAP / The People's Pantry  
236 Falmouth Ave  
201-796-1457 EXT. 106

## **Englewood (07631)**

Center for Food Action  
192 West Demarest Avenue  
201-569-1804

Disabled Combat Veterans Youth  
Program  
113 Engle Street  
833-888-8129

Englewood Neighborhood Pantry  
17 Bennett Road  
551-206-8302

Englewood Parks and Rec  
130 West Englewood Ave  
201-568-3472

Mount Calvary Baptist Church  
101 Tenaflly Road  
201-567-0113

Office of Concern at St. Cecilia's  
55 West Demarest Avenue  
201-568-1465

Women's Rights Information Center  
108 West Palisade Ave  
201-568-1166

## **Fair Lawn (07410)**

Fair Lawn Food Pantry  
8-01 Fair Lawn Avenue  
201-777-6156

St. Anne's Food Pantry  
15-05 St Anne Street  
201-791-1616

Van Riper Ellis Broadway Baptist  
Church  
7-01 River Road  
201-791-8844

## **Fairview (07022)**

Franciscan Community Development  
Center of Fairview  
239 Anderson Avenue  
201-941-1000

## **Garfield (07026)**

Calvary Baptist Church  
217-245 Passaic Street  
973-773-2444

Garfield YMCA  
33 Outwater Lane  
973-772-7450

## **Garfield (07026)**

House of Mercy  
111 Midland Ave  
973-219-0975

## **Glen Rock (07452)**

Father's Cupboard Food Pantry at  
Grace Redeemer Church  
21 Harristown Road  
201-301-6260

Gurudwara Sri Guru Singh Sabha  
541 Prospect Street  
201-251-4300

St Catharines Food Pantry  
905 Maple Avenue  
201-661-3651

## **Hackensack (07601)**

Buddies of New Jersey  
149 Hudson Street  
201-489-2900

Center for Food Action  
316 First Street  
201-883-9375

Harvest to Hope  
Emmanuel Christian Fellowship  
34 Van Wettering Place  
201-487-8220

Mount Olive Baptist Church  
260 Central Avenue  
201-489-6888

Varick Memorial  
A.M.E. Zion Church  
120 Atlantic Street  
201-674-7024

## **Hasbrouck Heights (07604)**

Hasbrouck Heights Food Pantry  
320 Boulevard  
201-288-0195

## **Hillsdale (07642)**

Helping Hand Food Pantry  
349 Hillsdale Avenue  
201-664-0600

## **Little Ferry (07643)**

Evangel Christian Church  
165 Main Street  
973-985-1860

## **Lodi (07644)**

Saint Francis de Sales  
125 Union Street  
973-779-4330



# Food Pantries in Bergen County

## **Lyndhurst (07071)**

Lyndhurst Food Pantry  
253 Stuyvesant Avenue  
201-804-2421

## **Sacred Heart Food Pantry**

324 Ridge Road  
201-438-1147

## **Mahwah (07430)**

Center for Food Action  
90 Ridge Road  
201-529-2029

## **New Milford (07646)**

Church of the Ascension Food Pantry  
256 Azalea Drive  
201-836-8961

## **North Arlington (07031)**

Queen of Peace Church  
10 Franklin Place  
201-997-2086

## **Norwood (07648)**

Norwood Food Pantry  
66 Summit Street  
201-394-4089

## **Oakland (07436)**

Ponds Reformed Church  
341 Ramapo Valley Road  
201-337-6744

## **Old Tappan (07675)**

Old Tappan Food Pantry  
227 Old Tappan Road  
201-664-1849 EXT 25

## **Palisades Park (07650)**

St. Michael Church  
19 E Central Blvd  
201-944-1061

## **Paramus (07652)**

Paramus Community Pantry  
105 North Farview Avenue  
201-265-2100 ext. 6102

## **Park Ridge (07656)**

Tri Boro Food Pantry  
65 Pascack Road  
201-573-9083

## **Ridgefield (07657)**

Never Alone Again Resource Center  
941 Slocum Avenue  
201-289-1718

## **The Food Brigade**

555 Prospect Ave  
201-614-4414

## **Ridgefield Park (07660)**

St. Francis of Assisi Parish  
125 Park Street  
201-641-6464

## **Ridgewood (07450)**

Family Promise of Bergen County  
100 Dayton Street  
201-833-8009

## **Ridgewood YMCA**

112 Oak Street  
201-444-5600

## **Social Service Association of**

Ridgewood  
6 Station Plaza  
201-444-2980

## **River Edge (07661)**

St. Peter's Food Pantry  
445 Fifth Avenue  
201-261-3366

## **Rutherford (07070)**

Grace Episcopal Church  
128 West Passaic Avenue  
201-312-2028

## **Rutherford Community Food Pantry**

176 Park Ave  
201-460-3000 x 3168

## **Saddle Brook (07663)**

Center for Food Action  
224 Midland Avenue  
201-703-9857

## **South Hackensack (07606)**

Open Door Community Center; North Jersey Vineyard Church  
310 Phillips Ave  
786-368-5988

## **Teaneck (07666)**

All Access Community Development Corporation  
800 Catalpa Avenue  
917-863-4416

## **Faith Hope & Love Pantry**

480 Warwick Avenue  
201-833-4502

## **Teaneck (07666)**

Helping Hands Food Pantry  
191 The Plaza  
201-357-2545

## **Jewish Family and Children's**

Services of Northern NJ  
1485 Teaneck Road  
201-837-9090

## **Never Alone Again Resource Center**

668 American Legion Drive  
201-289-1718

## **Wallington (07057)**

N.J. Food & Clothing Rescue  
To register, contact Renay  
201-218-1707

## **Westwood (07675)**

Annie Clyde Holt Food Pantry  
100 Palisade Avenue  
201-956-5614

## **CONNEX4NPO**

52 Main Street  
201-497-2100

## **Mt. Zion Baptist Church**

22 A Sand Road  
201-664-1557

## **Parkside Community Church**

545 Fourth Ave  
201-666-8998

## **St. Andrew RC Church**

120 Washington Ave.  
201-666-1100

## **Westwood United Methodist Church**

105 Fairview Ave  
201-406-5409

## **Wood-Ridge (07075)**

Assumption Church  
143 1st Street  
201-438-5555

## **Wyckoff (07481)**

Families for Families  
250 Braen Ave  
201-499-5622



# NJ Supplemental Nutrition Assistance Program (SNAP)



<https://www.mynjhelps.gov/home>  
<https://bcbss.com/snap-food-stamps/>

***NJ SNAP, formerly Food Stamps, issues electronic benefits that can be used like cash to purchase food. SNAP helps low-income working people, senior citizens, the disabled, and others feed their families.***

## To Apply

- **Online Application:**  
<https://www.mynjhelps.gov/instruction/apply>
- **In-Person Application:** visit the Bergen County Board of Social Services at 218 Route 17 N, Rochelle Park 07662 between 8:00 am to 4:30 pm, Monday-Friday
- **Mail-in Application:** download and print the PDF application and mail it to:
  - Bergen County Board of Social Services
  - 218 Route 17 N, Rochelle Park 07662
    - PDF: <https://tinyurl.com/NJSNAPPDF>

## Eligibility

- For more information about eligibility, visit <https://www.nj.gov/humanservices/njsnap/apply/eligibility/>





# Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)



973-754-4575

<https://www.nj.gov/health/fhs/wic/participants/apply-wic/>

***WIC provides federal grants for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, as well as infants and children up to age five who are found to be at nutritional risk.***

## Eligibility

- **Eligible to:** Pregnant women, women who have delivered a child (within the last 6 months), breastfeeding women who have delivered a child within the last year, and infants and children under 5 years old, who are found to be at nutritional risk.
- **Automatic Income Eligibility:** income-eligibility is based on participation in certain programs; includes individuals eligible to receive SNAP benefits, Medicaid, or Temporary Assistance for Needy Families (TANF).
- **Nutritional Risk Requirement:** Applicants must be seen by a health professional to determine whether the individual is at nutritional risk. This is often done in a WIC clinic at no cost.
- **Contact: 973-754-4575 or visit:**  
<https://www.nj.gov/health/fhs/wic/participants/apply-wic/>  
for more information on local agencies and eligibility



# Bergen County Board of Social Services



218 Route 17 North, Rochelle Park, NJ 07662

Contact: 201-386-4200 • [customerservice@bcbss.com](mailto:customerservice@bcbss.com)

[www.bcbss.com](http://www.bcbss.com)

***The Bergen County Board of Social Services provides numerous services and programs to help individuals and families meet their basic needs.***

## Programs and Services

### **BCBSS provides assistance with the following programs and services:**

- Adult Protective Services
- Child Support
- Developmental Disabilities
- Emergency Assistance
- Early Screening & Treatment
- SNAP - Food Stamps
- General Assistance
- Homeless Hotline
- Homemaker Program
- Medicaid- Aged/Blind/Disabled
- Medicaid-FamilyCare
- Medicaid-Institutional
- Motel Placement
- Rooming & Boarding
- Temporary Family Assistance
- Transportation Assistance





# Bergen County Division of Community Transportation



Contact: (201) 368-5955 and press 1 for dispatch  
<https://www.co.bergen.nj.us/public-works-community-transportation>

*The Division of Community Transportation provides a safe, trouble-free, scheduled transportation system for persons with disabilities, seniors, veterans, and frail residents of Bergen County.*

## Services

- Routine Medical Visits
- Meals on Wheels
- Community outreach/activity centers
- Driving people to their places of employment
- Recreational activities
- Shopping
- Education
- Post-stroke support groups
- Physical therapy



# Greater Bergen Community Action



392 Main Street, Hackensack, NJ 07601

Contact: 201-968-0200 · [info@greaterbergen.org](mailto:info@greaterbergen.org)

[www.greaterbergen.org](http://www.greaterbergen.org)

***Greater Bergen Community Action provides programs to the poor, homeless, those in recovery from addictions, infants, preschoolers, at-risk youth, senior citizens, the unemployed and underemployed, the foreign-born, and other disenfranchised groups in order to build more sustainable families, community institutions, and neighborhoods.***

## Programs and Services

- **Early Head Start:** readies children for kindergarten and prepares the entire family for life beyond the program through early childhood education, health and nutrition programs, parent education, family counseling, financial counseling, and more.
- **Education and Training Programs:** Citizenship Prep, English as a Second Language, Out of School Youth High School Equivalency Program
- **Home Lead-Safety & Energy:** Energy Bill Assistance, Weatherization Assistance, Home-Safe Lead Remediation
- **Housing Services:** HUD Housing Counseling, Landlord-Tenant Guidance, Community Housing in Partnership (CHIP), Youth Transitional Housing, Rental Assistance, and more
- **SAFER Construction:** provides construction services to non-profit organizations and the general public.
- **1st Bergen Federal Credit Union**
- **COVID-19 Vaccine Equity:** vaccination assistance and resources



*MyNJHelps.Gov is a website for NJ residents to apply for a variety of programs. These programs include SNAP, TANF, GA, NJ Familycare, Medicaid, and more.*

## Programs and Services

- **Pre-Screening:** to determine what programs you and your family may be eligible for, take the short pre-screening assessment:  
<https://www.njhelps.org/NJHelpsHomePage>
- **Applications for SNAP, TANF, GA, NJ Familycare/Medicaid**
  - Follow the instructions listed here:  
<https://www.mynjhelps.gov/instruction/apply>
- Redirects clients to other social services provided by the state including unemployment, child care, child support, aging services, housing assistance, and career services



# New Jersey 211



Contact: 2-1-1 or 1-877-652-1148 • [info@nj211.org](mailto:info@nj211.org)  
[www.nj211.org](http://www.nj211.org)

***New Jersey 211 is a place to turn when one needs to find state or local health and human resources.***

## Programs and Services

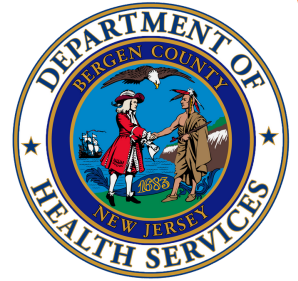
- **Contact 2-1-1:** when you need help finding resources for basic human needs, such as food banks, clothing closets, shelters, rental assistance, and utility assistance.
- **Support for Seniors and Persons with Disabilities:** adult day care, congregate meals, Meals on Wheels, respite care, etc.
- **Support Resources:** children, youth, and family services such as childcare, after-school programs, Kids Care (health insurance programs), family resource centers, etc.
- **Physical and Mental Health Resources:** health insurance programs, maternal health, medical information lines, crisis intervention services, support groups, and more.
- **Employment Support and Job Training**
- **Financial assistance**
- **Transportation assistance**
- **Education programs**

## Eligibility

- Available to anyone, anywhere in the state of New Jersey.
- Dial 2-1-1 or text your zip-code to 898-211
- Chat online by clicking the “Chat Now” icon on the website.



# Bergen County Department of Health Services



One Bergen County Plaza, 4th Floor, Hackensack, NJ 07601

Contact: Dr. Hansel F. Asmar, Director · 201-634-2600

healthdept@co.bergen.nj.us

<https://www.co.bergen.nj.us/about-health-services>

**Health & Safety Hotline: 201-225-7000**

*The Department of Health Services is dedicated to coordinating and ensuring the preservation, protection, and promotion of the health, well-being, and quality of life for all.*

## Programs and Services

- **Tuberculosis (TB) Prevention and Control Program:** identifies, diagnoses, and treats tuberculosis disease and offers transportation to testing facilities
- **COVID-19:** vaccine & booster shot information
- **Childhood Lead Program:** free lead screening for children under 6, education for families, prevention materials
- **Health Promotion:** offers services and information regarding tick & mosquito prevention, flu virus vaccines, and health insurance enrollment assistance
- **Animal Shelter:** temporary pet boarding for individuals experiencing an emergency, for more information, contact 201-229-4600
- **Environmental Health:** for non-emergency environmental health investigations, contact 201-634-2780
- **Intoxicated Driver Resource Center (IDRC):** provides education and evaluation for individuals convicted of Driving Under the Influence (DUI), for more information, contact 201-336-3310
- **Cancer Education & Early Detection:** provides comprehensive outreach, education, and screening services for breast, cervical, colorectal, and prostate cancers, for more information, contact 201-634-2664



# Bergen County Division of Mental Health and Addiction Services



One Bergen County Plaza, 4th Floor, Hackensack, NJ 07601

Contact: Shelby Klein, Director · 201-634-2745

healthdept@co.bergen.nj.us

<https://www.co.bergen.nj.us/mental-health-services/about-mental-health-services>

**24/7 Crisis Hotline 201-262-4357**

**Health & Safety Hotline 201-225-7000**

*The Division of Mental Health and Addiction Services assures that Bergen County residents, of all ages, who need treatment for a mental illness have access to care, regardless of their ability to pay.*

## Programs and Services

- **Mental Health Services**
  - **24/7 Crisis Counselors through the Crisis Hotline: 201-262-4357**
  - Planning and oversight
  - System Coordination
  - Public Education: provides links to resources to increase community awareness of mental illness and suicide prevention
  - Information, Referral, and Advocacy
- **Addiction Services**
  - Assessments
  - Outpatient and Detoxification Services
  - Short-Term Residential Treatment and Halfway House Services
  - Funding and Technical Assistance for Municipal Alliances: organizations can reach out to receive assistance to further help their clients



# Bergen New Bridge Medical Center



230 East Ridgewood Ave., Paramus, NJ 07652

Contact: 201-597-4746

<https://www.newbridgehealth.org/>

***Bergen New Bridge Medical Center is a not-for-profit hospital that enhances community health and well-being by providing high-quality, compassionate care that is accessible to those in need.***

## Programs and Services

- **24/7 Emergency Department**
- **Acute and Ambulatory Care**
- **Mental Health and Substance Use Disorder Treatment**
- **Long-term Care**
- **Physical Rehabilitation**
- **Pharmacy, Imaging, Radiologic, and Laboratory Services**
- **Satellite Offices:** primary and specialized healthcare
- **CareRite Now Centers:** primary care and other health and wellness services located at select Inserra Supermarkets in Bergen County

## Satellite Offices

### **Bergenfield**

136 N Washington Ave  
Suite 102  
201-225-7130

### **Paterson**

680 Broadway  
Suite 506  
201-225-7130

## CareRite Now Centers

### **New Milford**

250 River Road  
201-967-4233

### **Wallington**

375 Paterson Ave.  
551-276-0317





# Bergen Volunteer Medical Initiative



Bergen Volunteer Medical Initiative

75 Essex Street, Suite 100, Hackensack, NJ 07601

Contact: 201-342-2478 · info@bvmi.net

[www.bvmi.org](http://www.bvmi.org)

***Bergen Volunteer Medical Initiative provides free primary and preventive medical care to low-income working people in Bergen County without insurance or the means to pay for care.***

## Programs and Services

- **Primary Care:** provides primary and preventative care to adults, without insurance
- **The Diabetes Care and Education Program:** helps contain the spread of diabetes by controlling it in patients and reducing the incidence of diabetes among those at risk
- **The Women's Health Initiative:** provides specialized healthcare for women and insures access to high-quality, compassionate women's healthcare services
- **Chronic Disease Management:** helps patients with the management of chronic conditions
- **Sick visits for patients only**
- **Immunizations**
- **Nutrition Coaching and Counseling**

## Eligibility

- Available to adults 18+ living in Bergen County
- Someone in the household must be working
- Earning up to 250% of the Federal Poverty Level
- No health insurance





# Buddies of N.J.



149 Hudson Street, Hackensack, NJ 07601

Contact: 201-489-2900 · info@njbuddies.org

<https://www.njbuddies.org/>

**Helpline (Monday-Friday, 9:00 AM-5:00 PM): 800-508-7577**

***Buddies of New Jersey, a non-profit, community-based organization, is a resource center offering a network of support, education, and services for people living with and affected by HIV/AIDS.***

## Programs and Services

- **Medical and Non-Medical Case Management:** a coordinated system of care that facilitates patient access to resources and support services
- **Substance Abuse and Mental Health Programs:** individual counseling and treatment services
- **Oral Care:** refers clients to high-quality dental care and treatment
- **Housing Opportunities for People with AIDS (HOPWA):** long-term and short-term rental assistance, security deposits, food vouchers, utilities, and emergency shelter
- **Peer Support Groups:** a safe place for persons with HIV/AIDS, their families, and loved ones to share their experiences and feelings
- **Medical Transportation:** assists HIV+ clients in reaching medical and clinical appointments
- **Food Pantry**
- **HIV, STIs, and Pregnancy Testing**
- **PrEP:** free counseling, referral, and financial assistance for pre-exposure prophylaxis treatment
- **Youth Safe Space:** a safe environment for youth ages 13-29 to learn how to avoid risky behavior, located at 1919 Kennedy Boulevard, North Bergen, NJ 07047.



# CarePlus New Jersey

Main Headquarters: 610 Valley Health Plaza, Paramus, NJ 07652

Contact: 201-265-8200

[www.careplusnj.org](http://www.careplusnj.org)

**Children up to 21 Immediate Crisis Line- 877-652-7623**

*CarePlus New Jersey provides comprehensive, recovery-focused integrated primary care, mental health care, and substance abuse rehabilitation services.*

## Programs and Services

- **Adult and Adolescent Recovery Programs**
- **Care Coordination:** a person-centered approach to treatment
- **Employee Assistance Program:** addresses mental health and wellness issues that have the potential to negatively affect employees
- **Outpatient Services:** provides a variety of services for children and adults including therapy, behavioral concerns, early intervention, psychotherapy, etc.
- **Primary Care Services:** full-service primary office for adults enrolled in other CarePlus Services
- **Social Support Services:** housing & employment support programs, independent living skills, benefit & financial management/assistance, medication management, physical healthcare linkages, transportation assistance, and more
- **Family Support Services**
- **Group Therapy & Support Groups**

## Eligibility

- Request an appointment at:  
<https://careplusnj.org/request-appointment/>



# North Hudson Community Action



Contact 201-210-0200 for appointments  
Multiple locations throughout Bergen County  
<https://nhcac.org/>

*North Hudson Community Action's goal is to improve the quality of life and eliminate factors leading to poverty for northern New Jersey residents by providing comprehensive health and social services with compassion through collaborations and partnerships in a culturally sensitive environment.*

## Programs and Services

- **Primary Care Medical Home:** a team of health professionals works together to provide all of your health care needs
- **Head Start and Early Head Start Childhood Education:** comprehensive child development programs serving children from birth to age five and their families at no cost to eligible families
- **Discount Prescription Drug Program:** helps uninsured individuals by providing reduced cost on prescription medications
- **Social Services:** Emergency Assistance Department, Emergency Food or Motel Assistance, Rental Assistance Services, Rapid Re-Housing, and Residential Maintenance
- **NJ Get Covered:** online platform to help individuals choose insurance plans and receive financial assistance for certain plans



# Bergen County Housing Authority



One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601

Contact: 201-336-7600 · [info@habcnj.org](mailto:info@habcnj.org)

[www.habcnj.org](http://www.habcnj.org)

*The Bergen County Housing Authority provides housing opportunities for low-income families and other adults.*

## Programs and Services

- **The Housing Choice Voucher:** rental assistance subsidy program that reduces rental costs to eligible low-income households.
- **Homeless Prevention & Rapid Rehousing:** arrears in rental payments, security deposits, short term rental assistance
- **Housing Opportunities for Persons with Aids [HOPWA]:** provides grants to local communities, states, and nonprofit organizations for projects that benefit low-income persons living with HIV/AIDS and their families.
- **Continuum of Care [CoC] Program:** provides funding for efforts by nonprofit providers, state and local governments to quickly rehouse homeless individuals and families.

## Eligibility

- Applications are only accepted when the wait list is open



# Bergen County's United Way



6 Forest Avenue, Suite 220, Paramus, NJ 07652

Contact: 201-291-4050 · [info@bergenunitedway.org](mailto:info@bergenunitedway.org)

<https://bergenunitedway.org>

***Bergen County's United Way builds homes that empower individuals and families to live independently and thrive in the community of their choice.***

## Programs and Services

- **Affordable Homes:** homes built for working families, veterans, older adults, and individuals with developmental disabilities

## Eligibility

- To determine eligibility, dial 2-1-1 and speak with a Community Resource Specialist



# Emergency Rental Assistance Program (ERAP)



855-203-6952

<https://apply.recovernj.org/en-US/>

*The Bergen County Emergency Rental Assistance Program assists renters and landlords directly impacted by the COVID-19 pandemic by providing financial relief.*

## Programs and Services

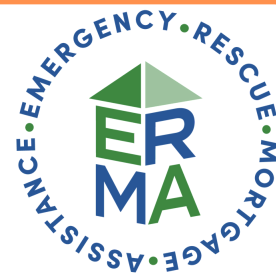
- Provides up to 12 months of arrears, plus an additional three months of prospective or arrears, for rent and/or utilities assistance
- To apply, visit: <https://apply.recovernj.org/en-US/>

## Eligibility

- **Must be a resident of Bergen County:** immigration status does not matter
- 2020 Household Income at or below 80% of the Area Median Income in Bergen County
- Be currently responsible for paying rent at your primary residence
- Be currently responsible for paying utilities for your primary residence (unless utilities are included in your rent)
- Be currently at least one month behind on your rent and/or utilities



# Emergency Rescue Mortgage Assistance (ERMA)



ERMA Team: 855-647-7700 · HAFServicing@njhmfa.gov  
<https://njerma.com/>

*The New Jersey Emergency Rescue Mortgage Assistance (ERMA) Program assists New Jersey homeowners unable to pay their mortgages or other eligible housing expenses due to a COVID-19 related hardship.*

## Programs and Services

- **Financial Assistance:** applicants may receive up to \$75,000
- **Mortgage Reinstatement Program:** provides funds to eliminate or reduce past-due payments
- **Mortgage Payment Assistance Program:** provides funds to pay mortgage arrearages and an approved amount of forward monthly mortgage payments
- **Property Charge Default Resolution Program:** provides funds to resolve certain property charge defaults
- **Home Counseling Program:** shares information regarding assistance programs, eligibility for federal, state, and local programs, and assistance with the ERMA application process.

## Eligibility

- To determine eligibility, complete the prescreening questionnaire at: <https://njerma.com/prescreening>





# Foreclosure Mediation Assistance Program (FMAP)



<https://nj.gov/dca/hmfa/consumers/foreclosure/>

*The Foreclosure Mediation Assistance Program provides counseling to those at risk of foreclosure or homeowners currently served a Foreclosure complaint.*

## Programs and Services

- **Pre-Foreclosure Assistance:** assists individuals struggling to meet their monthly mortgage payments
- **Foreclosure Complaint and Summons:** assists those currently under foreclosure
- **Network of Housing Counseling Agencies:** several locations throughout Bergen County
- **Remote Housing Counseling**

## Eligibility

- The homeowner must be an owner-occupant of a single-family property with a mortgage in default or in danger of default

## Bergen County Locations

**Consumer Credit & Budget Counseling**

609-390-9652

888-738-8233

**Housing Partnership**

973-659-1414

**Tri-City Peoples Corporation**

973-676-5506

**NJ Citizen Action**

800-656-9637

973-643-8800

**Puerto Rican Association for Human Development**

732-638-2854



# Bergen County Job Center

60 State Street, Hackensack, NJ 07601

(201) 329-9600

<https://bergenjobcenter.com/>



Bergen County  
**JOB**  
**CENTER**

NJ One-Stop Career Center System Partners

*The Bergen County Job Center provides the resources and guidance individuals need to be successful in their employment goals.*

## Programs and Services

- **Employment Services:**

- Skills and Interest Assessments
- Occupational Counseling and Exploration
- Employment Plan Development
- Labor Market and Employer Information,
- Resume, Interviewing, Job Search Assistance
- Referrals to Supportive Services
- Job Leads and Hiring Events

- **Training Services:**

- Work Readiness Workshops
- Basic Skills Enhancement
- High School Equivalency
- Classroom & Online Courses
- On-the-Job Training
- Apprenticeships
- Internships



# Easterseals Senior Community Service Employment Program (SCSEP)



855-215-4541

<https://www.easterseals.com/programs-and-services/employment-training/scsep-participant-experience.html>

*Easterseals SCSEP partners qualifying older adults with community-based nonprofit organizations and government agencies to provide participants with training opportunities to update their skills.*

## Programs and Services

- **Individual Employment Plans (IEP):** creates individual plans for participants based on their existing skills, employment barriers, and training needs
- **Community Service Assignments:** hands-on job training with a host agency
- **Career Resources:** assistance developing resumes, practicing interviews, and finding potential job leads

## Eligibility

- Must be 55 years or older
- Have a family income no more than 125% of the federal poverty income
- Currently unemployed



# Bergen County Community Mental Health Law Project



Law Project

One Bergen County Plaza, 4th Floor, Hackensack, NJ 07601

Contact: 201-634-2762

<https://www.co.bergen.nj.us/mental-health-law-project>

*The Community Mental Health Law Project provides civil legal services for low-income people with mental illness.*

## Programs and Services

- **Supplemental Security Income (SSI) and/or Social Security Disability Insurance (SSDI):** Assists with the application, reconsideration, appeal, and reinstatement of benefits
- **Collections:** assists in resolving consumer and creditor issues such as outstanding credit card balances and unpaid student loans.
- **Family Law:** represents clients with divorce, child support/custody, and visitation issues cases
- **Advance Directives:** proxy directive and instruction directive
- **Notary Services:** free notarizations to eligible clients

## Eligibility

- Available to individuals aged 18 years or older that are diagnosed with a mental illness, engaged in treatment, and are living in Bergen County



# Northeast New Jersey Legal Services: Bergen County Division



190 Moore Street, Suite 100, Hackensack NJ 07601

Contact: 201-487-2166 · [njls@lsnj.org](mailto:njls@lsnj.org)

<https://www.lsnj.org/njls/>

***Northeast New Jersey Legal Services's (NJLS) mission is to ensure that access to the civil justice system is not denied to any resident simply because they cannot afford a private attorney.***

## Programs and Services

- **Legal Representation:** assists with civil (non-criminal) legal problems
- **Community Legal Education:** education on issues of concern to the low-income residents of Bergen, Hudson, and Passaic County
- **Experienced Staff Attorneys:** experienced in housing, family, public benefits, and consumer law
- **Special Programs:** survivors of domestic violence, senior citizens, veterans, persons living with HIV/AIDS, the homeless, immigrants, and low-income persons with federal tax issues

## Eligibility

- Reside in Bergen, Hudson, or Passaic County
- Income and assets fall within eligibility guidelines
- **Does not assist with:** criminal matters, auto accidents, personal injury, traffic tickets, business matters, and workers' compensation cases



# Bergen County Division of Senior Services



One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601

Contact: Lorraine Joewono, Director · 201-336-7400

seniors@co.bergen.nj.us

<https://www.co.bergen.nj.us/division-of-senior-services>

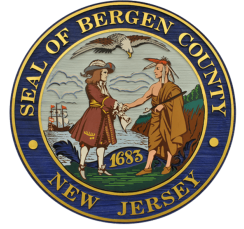
*The Division of Senior Services is the primary planning, coordinating, and funding agency for senior programs and services, promoting the well-being, health, and independence of Bergen County's more than 210,000 older adults.*

## Programs and Services

- **Information & Assistance Senior HelpLine 201-336-7400**
- **Senior Activity Centers**
- **State Health Insurance Assistance Program (SHIP)**  
**Medicare Counseling:** for more information call (201) 336-7413.
- **HealthEASE:** an expansion of the ADRC system designed to improve and sustain the health and wellness of adults ages 60+. For more information call 201-336-7403
- **Reverse Mortgage Counseling Home Equity Conversion Mortgage (HECM):** certified counselors advise seniors aged 62 and over on ways to access their home equity so they can remain at home and age in place. For more information call 201-336-7569.
- **Affordable and Subsidized Housing Information:** maintains and distributes information on senior housing open wait lists, and provides guidance to seniors on navigating the affordable housing landscape



# Bergen County Division of Senior Services, Senior Nutrition Program



One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601  
Contact: Nancy Turnier, Program Coordinator • 201-336-7420  
<https://www.co.bergen.nj.us/division-of-senior-services/meals-on-wheels>

*The Senior Nutrition Program provides well-balanced meals, social interaction, and access to other services available in Bergen County.*

## Meals on Wheels

- **Delivers nutritious meals directly to the homes of individuals who are unable to prepare their own meals and/or cannot shop for food**
- **Eligibility:**
  - Age 60 years or older, or the spouse and caregiver of an eligible individual
  - Unable to leave your home without the assistance of another person
  - Live in Bergen County
- **To Apply:**
  - Complete an online application: <https://tinyurl.com/BCMOWAPPLY>  
Or download the application and email it to: [seniors@co.bergen.nj.us](mailto:seniors@co.bergen.nj.us) or mail it to Bergen County Division of Senior Services One Bergen County Plaza • 2nd Floor • Hackensack, NJ 07601
    - Application: <https://tinyurl.com/BCApplicationDownload>

## Bergen County Senior Lunch

- Free Monday-Friday lunch program available at various locations throughout Bergen County
- Available for anyone that is age 60 or older, or the spouse of a participant regardless of residency in the county





# Bergen County Senior Lunch Locations



## **Bergenfield**

Bergenfield Senior  
Activity Center  
293 Murray Hill  
Terrace  
201-387-7212

## **Cliffside Park**

Senior Activity  
Center  
Gerald A.  
Calabrese  
Complex  
500 Gorge Road  
201-943-3768

## **East Rutherford**

Southwest Senior  
Activity Center  
147 Hackensack St.  
201-935-8920

## **Elmwood Park**

Senior Activity  
Center  
500 Boulevard  
201-796-3342

## **Englewood**

Bergen Family &  
Social Service  
Federation  
44 Armory Street  
201-568-0817

## **Fair Lawn**

Fair Lawn Senior  
Center  
11-05 Gardiner Rd  
201-796-1191

## **Fort Lee**

Richard & Catherine  
Nest Adult Activity  
Center  
319 Main Street  
201-592-3500 x 130

## **Garfield**

Senior Activity  
Center 480 Midland  
Avenue  
973-478-0502

## **Garfield**

Garfield Nutrition  
Golden Towers  
225 Midland Avenue  
973-340-4179

## **Garfield**

Garfield Nutrition  
Belmont Gardens  
377 Midland Avenue  
973-340-4177

## **Hackensack**

Americas  
Unidas  
Multicultural  
Senior Activity  
Center  
101 Hudson St  
201-336-3320

## **Hackensack**

MLK, Jr. Center  
375 First St.  
201-342-2654

## **Lyndhurst**

Lyndhurst  
Senior Activity  
Center  
281 Stuyvesant  
Ave  
201-896-1622

## **Midland Park**

Northwest  
Senior Activity  
Center  
46-50 Center St

## **North**

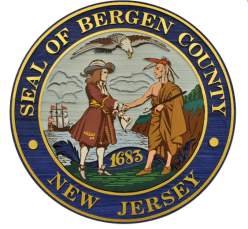
### **Arlington**

North Arlington  
Senior Activity  
Center  
11 York Road  
201-998-5636

## **Palisades Park**

Palisades Park  
Senior Activity  
Center  
300 Highlands  
Ave  
201-944-5616

# Bergen County Senior Lunch Locations



## **Ridgefield Park**

Ridgefield Park  
Senior Activity Center 159 Park  
Street  
201-641-1220

## **River Edge**

Jewish Community Center of  
Northern NJ (Kosher)  
385 Howland Ave  
201-666-6610 x 2

## **Teaneck**

AWCA Asian Women's  
Christian Association  
9 Genesee Ave  
201-862-1665

## **Teaneck**

Richard Rodda Community  
Center  
250 Colonial Court  
201-837-7130

## **Tenafly**

Korean Community Center  
100 Grove St  
201- 541-1200 x. 111 or 112

## **Tenafly**

JCC on the Palisades  
(Kosher)  
411 East Clinton Ave  
201-408-1450

## **Wallington**

Senior Activity Center  
24 Union Boulevard  
973-777-5815



# The Bright Side Family



THE BRIGHT SIDE FAMILY  
SENIOR HOUSING & SUPPORTIVE CARE

300 Teaneck Rd, Teaneck, NJ 07666

Contact: 201-692-1000

<https://www.thebrightsidefamily.org/>

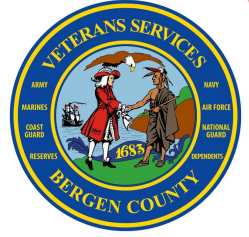
*The Bright Side Family provides affordable housing, affordable assisted living, and support services that respond to the changing needs and preferences of low- and moderate-income older adults.*

## Programs and Services

- **Bright Side Manor:** affordable assisted living facility
- **Brookdale Independent Senior Apartment Building**
- **Portable Assisted Living Services (PALS):** provides seniors living in subsidized housing to age-in-place and receive customized care, allowing them to maintain independence and safely remain at home
- **Senior Checks:** one-on-one support for older adults to make informed financial decisions
- **Secure Futures for Senior Women:** financial literacy workshop series for older women to foster financial independence, enhance economic security, and expand their overall understanding of finance



# Bergen County Division of Veterans Services



One Bergen County Plaza, 2nd Floor, Hackensack, NJ 07601

Contact: Shaun Hutchinson, Director · 201-366-6325

veterans@co.bergen.nj.us

<https://www.co.bergen.nj.us/division-of-veterans-services>

*The Division of Veterans Services provides resident veterans and their dependents with information and assistance in obtaining earned entitlements from federal, state, and local governments.*

## Programs and Services

- **Hire a Vet Program:** the division has a list of available employment opportunities for veterans
- **Transportation to Veterans Affairs Medical Centers:** available Monday-Friday, contact 201-368-5955 for more information
- **VA Affairs Entitlement:** assists veterans with VA claims as well as pensions
- **Alfred J. Thomas Home for Veterans:** transitional housing and provides support services for veterans
- **Tracers:** locates current and at-risk homeless veterans and connects them with community-based and VA-sponsored programs and benefits in order to find them shelters, jobs, and other needed services.
- **The Veterans' Discount Card:** many businesses and organizations in Bergen County offer discounts to veterans with this card. Issued to veterans who present a copy of their military service records to the County Clerk's Office
- **The Bergen County Military Service Medal**



# Community Hope: Hope for Veterans



959 Route 46 East, Suite 402, Parsippany, NJ 07054

24/7 Referral Hotline: 855-483-8466 · [ssvf@communityhope-nj.org](mailto:ssvf@communityhope-nj.org).

<https://www.communityhope-nj.org/what-we-do/hope-for-veterans/>

*Community Hope's Hope for Veterans Program provides transitional housing, permanent supportive housing, re-housing, and homelessness prevention. The services provided are essential to veterans and include mental health counseling, transportation, and employment counseling.*

## Programs and Services

- **Suicide Prevention Program:** provides resources toward community-based suicide prevention efforts to meet the needs of veterans
- **Supportive Services for Veteran Families:** a proactive approach to helping veterans and their families with immediate support when facing homelessness
- **Transitional Housing:** operates the Alfred J. Thomas Home for Veterans and encourages residents to achieve sustained independence and financial self-sufficiency
- **Permanent Supportive Housing:** houses over 100 formerly homeless veterans and provides on-site support and employment services to help them return to work, access healthcare, and the opportunity to continue their recovery and succeed in living independently



# Operation Chillout

**OPERATION  
CHILLOUT**  
HOMELESS VETERANS  
OUTREACH



**24/7 Rapid Response Team: 908-509-1462**

info@operationchillout.org

<https://operationchillout.org/>

***OPERATION CHILLOUT is NJ's oldest all-volunteer mobile outreach for homeless veterans that provides emergency supplies and survival gear to individuals in need.***

## Programs and Services

- **Homeless Veterans Hotline:** call 908-509-1462 if you are a homeless veteran or know of one in need. The hotline is available 24/7/365
- **Summer Supplies:** collects and delivers cases of bottled water, T-shirts, and baseball caps to homeless veterans in the summer
- **Winter Supplies:** prepares and delivers backpacks with warm clothing, delivered to homeless people free of charge
- **Resource Information:** provides a list of resources to address issues such as housing, health, food, and other needs



# Soldier On



info@wesoldieron.org

<https://wesoldieron.org/>

*Soldier On provides door-to-door outreach, assisting veterans and their families who are homeless or at risk of becoming homeless.*

## Programs and Services

- **Veterans Programs and Housing:** emergency and transitional housing that offers case management, medical and mental health services, and peer support groups
- **Supportive Services for Veteran Families Program:** assists veterans and their families before they become homeless with in-home case management, referral services, and temporary financial assistance for housing cost to veterans facing homelessness
- **Women's Program:** a safe, homelike environment for women veterans in a period of transition







COUNTY OF BERGEN  
One Bergen County Plaza  
Hackensack, NJ 07601-7076

JAMES J. TEDESCO, III  
*County Executive*

Thomas J. Sullivan  
*Chairman*

Germaine M. Ortiz  
*Vice Chairwoman*

Dr. Joan M. Voss  
*Chair Pro Tempore*

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