

Bergen County Office of Food Security



Food Programs Available to Adults 60 and Older in Bergen County

SNAP (Food Stamps): monthly benefits to help purchase food, administered by the Bergen County Board of Social Services: **201-368-4200**. If you have questions about eligibility or how to apply, call the Division of Senior Services Senior Helpline: **201-336-7400**

Senior Farmers Market Nutrition Program: an income-based program for older adults age 60+. E-benefit to be redeemed for NJ-grown fresh produce at Farmers Markets: One offer per person per growing season.

Meals On Wheels: home-delivered, complete, and nutritionally balanced midday meal for eligible homebound older adults and people with disabilities

Congregate Lunch Program: nutritionally balanced midday meal served to older adults at 26 congregate nutrition sites throughout Bergen County

Visit A Food Pantry: for a list of pantries, please visit our website: <https://bergenfightshunger.org/food-pantry-finder>.

To learn more, contact the Bergen County Division of Senior Services



201-336-7400



seniors@bergencountynj.gov



bergencountynj.gov/division-of-senior-services/nutrition-and-wellness



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