

BERGEN COUNTY **SENIOR LUNCH**

The goal of the nutrition program for active senior adults, Senior Lunch, is to provide well-balanced meals, foster social interaction, and provide access to other supportive services available to Bergen County seniors.

To be eligible, an individual must be aged 60 or older, or the spouse of a participant.

A nutritious mid-day meal is served Monday through Friday (unless otherwise noted) at the 25 nutrition sites listed.

A reservation must be made at least one day in advance.

Transportation may be available.

SUGGESTED DONATION: **\$1.25 PER MEAL**

All donations are voluntary and confidential. Service will not be denied if you are unable to donate.

Please call the location of your choice for information and reservations.

COUNTY OF BERGEN



James J. Tedesco, III
Bergen County Executive

Bergen County
Board of Commissioners

Department of Human Services

Division of Senior Services



BERGEN COUNTY **SENIOR LUNCH** **PROGRAM**



Funding provided by:

County of Bergen
Department of Human Services
Division of Senior Services/ADRC
One Bergen County Plaza, 2nd Floor
Hackensack, NJ 07601

Telephone: 201-336-7420

Toll Free: 877-222-3737

Fax: 201-336-7424

TTY: 800-852-7897

www.bergencountynj.gov

SENIOR LUNCH LOCATIONS

Bergenfield Senior Activity Center
293 Murray Hill Terrace 201-387-7212

Cliffside Park Senior Activity Center
500 Gorge Road 201-943-3768

East Rutherford
Southwest Senior Activity Center
147 Hackensack Street 201-935-8920

Elmwood Park Senior Activity Center
500 Mola Boulevard 201-796-3342

Englewood
Bergen Family Center Adult Day Program
44 Armory Street 201-568-0817

Fair Lawn Senior Center
11-05 Gardiner Road 201-796-1191

Fort Lee
The Nest Senior Center
319 Main Street 201-592-3754

Garfield Senior Activity Center
480 Midland Avenue 973-478-0502

Garfield - Golden Towers Senior Center
225 Midland Avenue 973-340-4179

Garfield - Belmont Gardens Senior Center
377 Midland Avenue 973-340-4177

Hackensack Americas Unidas Multicultural Senior
Activity Center
101 Hudson Street 201-336-3320

Hackensack
Martin Luther King Jr. Senior Center
375 First Street 201-342-2654

Lyndhurst Nutrition Program
281 Stuyvesant Avenue 201-896-1629

Midland Park
Northwest Senior Activity Center
46-50 Center Street 201-445-5690

North Arlington Senior Activity Center
St. Paul’s Episcopal Church
11 York Road 201-998-5636

Palisades Park Senior Activity Center
300 Highland Avenue 201-944-5616

Ridgefield Park Senior Activity Center
159 Park Street 201-641-1220

River Edge (Kosher)
JCC of Northern NJ, Kol Dorot
385 Howland Avenue 201-666-6610 ext. 2
Tuesday & Thursday only

Rutherford 55 Kip Center
55 Kip Avenue 201-460-1600
Lunch served on Tuesday, Thursday, Friday, Saturday

Saddle Brook Senior Center
8 Caldwell Avenue 201-845-4594

Teaneck Richard Rodda Community Center
250 Colonial Court 201-837-7130

Teaneck
Asian Women’s Christian Association (AWCA)
9 Genesee Avenue 201-862-1665

Tenaflly (Kosher)
JCC on the Palisades
411 E. Clinton Avenue 201-569-7900

Tenaflly Korean Community Center
100 Grove Street 201- 541-1200

Wallington Senior Activity Center
24 Union Boulevard 973-777-5815

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All locations are wheelchair accessible.