

The Fear of Death.

*The hard problem of consciousness and the propping up of a crumbling civilisation.*

The hard problem of consciousness, if I detect the core of the argument correctly, is that it revolves around the source of consciousness. There are those who would conclude that consciousness is a result of the ongoing evolution of the mind.

Then there is the perspective that consciousness is the infinite universal source of all natural phenomena, within the frequency of our human detection, together with all other energy light wave, frequencies or vibrations that exist well beyond the speed of light as we know it. As one enlightened man stated to the Greek philosophers on Mars Hill near the Acropolis, 'It is in Him, (this divine consciousness) in which we live and move and have our being.' Our particular portion of divine consciousness is that part of the whole which temporarily coalesces around a body form and becomes the operating system of our humanity, what we call self-consciousness.

Therefore, both aspects of the hard problem of consciousness are one off the same thing. Self-consciousness, in its mature form, could be described as the mind's conscious ability that lifted the last of the lineage of pre-historic humankind to well beyond the top of the food chain, to become Anatomical Modern Humans. This is the point called hominisation or meta-cognition and happened around 250,000 years ago.

Around this period relatively rapid and dramatic changes were happening on the planets surface such as in temperature, called the ice age. Humankind needed to adapt as quickly to survive. It has been postulated that this now mature form of self-consciousness enabled humans to do so. Such a process of maturing self consciousness happens to every human.

Initially a toddler is living out of the radiant joy and peace of divine consciousness. It is during the period of puberty when such a mature self-consciousness or ego emerges and blossoms, much to the consternation of the teenager. This operating system of the ability to assess the environment around itself, evaluate (think) how the body needed to perform to survive, proved an excellent tool. The complete focus on the environment, the content of its experience, became its only reference and consequently, in doing so, our self-consciousness, I would suggest, wrongly, detects a sense of separation from an indefinable wholesomeness. This sense of lack of being, and haunting unwarranted guilt and fear of death - total disconnection, drives the self-consciousness to perform in ways over and above its survival brief; to seek identity, love, belonging, value and worth from the content of its experience, particularly from other humans. In doing so it applies the same measures that it did in seeking to help the body survive, which were predatory at the core.

Such predatory behaviour demands its performance be recognised and applauded, thus gaining the sense of value it desires, however fragile and temporary.

It would seem that this disposition of our humanity is in the twilight stage of the realisation that predatory behaviour, however materially rich it has made humanity, it has failed to find permanent contentment, peace, rest, love and belonging. Our ego (self-consciousness) has already hit its midlife crisis of the realisation that it has failed in this achievement. However, the prospect of carrying on in this fruitless endeavour, without any alternative source of information, has sent the ego into a frenzy of predatory behaviour to satisfy itself upon more rapid, constant gains of such fleeting credit, that humanity is rapidly coming to a communal climax of such social tension, world wide, that could spill over into cataclysmic consequences. The only relief available is the age old 'scapegoat mechanism.'

This mechanism is that which René Girard poignantly uncovered and explored in conversations and books. René proposed this mechanism was the fundamental element upon which civilisations relied to maintain some sort of social stability. In modern terms, a lynching had to happen to release the enormous tensions. The angry gods had to be placated. Which innocent victim will be picked on in this generation to be lynched to seek to quell the spilling over of social tension into massive violence? The most spectacular scapegoat, who exposed and defined this process was Jesus. The religious and political elite came into agreement, '

'Do you not consider that it is expedient for us that one man should die for the people, and not that the whole nation should perish.'

Latterly, it was determined that the Jews and other misfits throughout Europe who were to blame. Who will the religious and political elite of this generation eye up? How can a person escape the stress and anxiety of such increasing trauma? I suggest only those with genuinely enlightened minds, who discovered this alternative source of information to live by, need not get drawn into this rapidly increasing anxiety of the fear of death.

This article sums up the theme of my book, 'The Modern Enlightened Mind.' Herein, I also suggest 4 steps towards becoming enlightened, describing the direct path to reconnect with Divine consciousness. This is not an achievement but a 'coming home.' It is the ego surrendering and coming back into harmony with the whole being.