

COOKING BASICS FOR GIRL'S & SPA PARTIES

RETREAT'S



MARCH - APRIL 2025 EDITION

ART | SEWING | 1ST PERIOD | BABY SITTING CLUB

YOGA & MEDITATION WELLNESS & ETIQUETTE WORKSHOPS

BY DARE TO DREAM YOUNG GIRL'S NETWORK, INC.

A MESSAGE JUST FOR HER.....

Hello Girl's !

*My name is Kimolyn Ferrell, known as "Mrs. Kim." I am the Founder and President of Dare to Dream Young Girl's Network, Inc., and the Wellness Coach at **RETREAT**. I come to you with a love and passion for guiding girl's and women to learn the importance of positive health and wellness through mental, physical, and spiritual practices. I started this organization to make an impact and serve girl's in my community into becoming better stewards of good health & wellness.*

*At **RETREAT**, we will provide a host of powerful, exciting and life changing experiences, that will enhance an individuals wellness habits; mind, body and spiritual growth. **You are invited to join us!***



Girl's 6 - 12

Www.daretodreamyoungirls.com
dream@daretodreamyoungirls.com

850-847-3875

THIS IS US...



RETREAT

Dare to Dream Young Girl's Network, Inc.



WELLNESS JUST FOR...

HER.

At RETREAT, we offer a wide variety of services for girls including, but not limited to hosted private & group spa parties, planned events, workshops, instructional classes, and seasonal camps. RESERVATIONS MAY APPLY

OUR SERVICES

Ages: 6 - 10 (1st - 5th Grades)
Spa Parties
Etiquette Courses
Girl's Day Out Retreats
Cooking Basics
Fashion By Design
Hints of Summer Camp for Girls
SCHEDULE A SITE VISIT & BOOK TODAY!



GET IN TOUCH
850-847-3875

www.daretodreamyounggirls.com

VISIT US: 1839-D S. Monroe Street
Tallahassee, Florida 32301

OUR MISSION

At **RETREAT**, our mission is to support girls and women with wellness outcomes of a positive MENTAL, PHYSICAL, and SPIRITUAL well-being in everyday life.

OUR PURPOSE

RETREAT is a Wellness Center for Girls and Women. It was created by our Founder at Dare to Dream Young Girls Network, Inc., Kimolyn Ferrell. Dare to Dream Young Girls Network, Inc. (DTDYG) is a nonprofit, founded in May 2005. DTDYG is an organization for girls in Tallahassee, Florida, promoting wholesomeness. DTDYG has enriched more than 5,000 girls in the Tallahassee community through various planned events, activities, workshops, educational enhanced tutoring, mentoring, and many other areas of support for growth in becoming successful young women.

OUR PROGRAMS

Our **PROGRAMS** have empowered over 3,000 girls in the past 20 years. Over the years, our primary focus has been on educational enhancement. As we power forward, this years programming will primarily focus on inspiring girls to build self confidence, engage in exciting activities, heal broken spirits, empower girls to meet new people, and learn valuable lessons that they can use throughout their lives.



WELLNESS CENTER FOR GIRL'S AND WOMEN: RETREATS, WORKSHOPS, CLASSES, AND CAMPS

OUR ENRICHMENT...

COOKING



ART



SEWING



2025 ACTIVITIES | WORKSHOPS | CLASSES

Etiquette | Cooking | Art | Fashion Design (Sewing & Crocheting) | Team Building | Yoga & Meditation | Skin Care | Healthy Living | Emotional Support Services | Confidence Building | CPR & 1st Aide | Babysitting | Horseback Riding | Bee Keeping & MORE!

REGISTER TODAY!

SPA'S



HEALTH



YOGA



WELLNESS CENTER FOR GIRL'S AND WOMEN: RETREATS, WORKSHOPS, CLASSES, AND CAMPS

LET'S MEET THE FUTURE...

TALIAH WADDELL

Taliah Waddell, is a 15 year old Sophomore at Lincoln High School. She is taking a full load of advanced level courses in school, and dual enrolled in Florida Virtual. She is diligently pursuing with good grades, and determined to graduate high school early, and attend college. Outside of her daily educational pursuits, she is a member of the Lincoln Trojan girl's flag football team.

Taliah is not only athletically gifted, but she is a skilled *hair stylist*, specializing in beautiful braids. Many of the styles in which she does includes; Knotless, French, Island Twist, Locs (Butterfly, Soft, and Boho), and Ponytails. Her other services include, but not limited to mobile services, hair provisions, hair removal, shampooing, and blow drying.

Taliah has been styling and doing braids since she was 12 years old, in the seventh grade. She has developed a strong foundation with a desire to build her skills into a professional business. Her focus is serving her clients with healthy hair well-care and strategic styling techniques.

Taliah's mother has been her biggest supporter, inspiring her to become a successful business woman and becoming financially independent of her parents. Her regular clientele consist of young girl's up to 8th grade.

Taliah is also an apprentice with **RETREAT**, By **Dare to Dream Young Girl's**, serving as a Youth Camp Counselor and Spa Services Hostess.

BOOK TODAY! (850)766-2491



BOHO BRAIDS



SOFT LOCS

YOU'RE INVITED TO ATTEND RETREAT...

IT'S HER 1ST

GIRL'S TALK & CELEBRATION OF HER FIRST



INCLUDED:

ILLUSTRATIONS, PARTICIPATION, & GIFT FAVORS

SATURDAY, MAY 3RD 10:00AM - 12:00PM

Girl's: 9 - 14yrs

\$45.00 pp

RETREAT

BY: DARE TO DREAM YOUNG GIRL'S NETWORK

www.daretodreamyounggirls.com

1839-D S. MONROE ST * TALLAHASSEE, FL

SAVE HER SPOT TODAY!

BY: FEBRUARY 28TH

AT +850-847-3875



DARE TO DREAM YOUNG GIRL'S PRESENTS

Cooking Basics for Girl's WEEKEND CULINARY CLASSES

Space is limited So Register Today!



COME JOIN CHEF "KENZIE and CHEF "K"

Registration Fee: \$45 Per Session

Culinary Details:

Culinary Schedule

For Ages 7 - 12 Yrs

Location:

1839-D S. Monroe Str.
9AM-12:30PM

April 5th - Cupcake Wars

April 26th - Summer Picnic

June 7th - It's Summer Time

Girl's Explore The Culinary Arts And Enjoy Doing It!

THE EXPERIENCE: Learning Kitchen Staples; Safety, Utensil Use, Cutting, Mixing, Stirring, Folding, Sifting, Basting, Boiling, Frying, Baking, Caske Decorating, Meal Planning, Table Setting, & More.

FOR MORE INFORMATION & DETAILS: VISIT OUR WEBSITE

www.daretodreamyounggirls.com

850-847-3875

WELLNESS

COOKING

TEEN SOCIAL

SPA ESCAPE

It's Girl's Talk Teens Invite HER To...



IT'S STRAWBERRY SUNDAY

The idea of speaking up—whether it has to do with being a whistleblower, standing up for yourself or others, or simply sharing ideas—is a thing now. Your thoughts and feelings matters.



A Safe Gathering Space... Just for HER.

Girl's: 11 - 16 Yrs.

MUST REGISTER TO ATTEND!

www.daretodreamyounggirls.com



4th Sunday
4:00p - 6:00p



RETREAT

BY DARE TO DREAM YOUNG GIRL'S
FACIALS, BOTANICAL MANI & PEDI FOOT THERAPY

INCLUDED: SERVICES, DECORATIONS, CUPCAKES, REFRESHMENTS, FAVORS & MORE



INQUIRE & BOOK TODAY @ (850)847- 3875

www.daretodreamyounggirls.com

1839-D S. MONROE STREET, TALLAHASSEE, FLORIDA - 32301

Made with PosterMyW

WELLNESS CENTER FOR GIRL'S AND WOMEN: RETREATS, WORKSHOPS, CLASSES, AND CAMPS

YOU'RE INVITED TO ATTEND RETREAT...

SUMMER CAMP

TEEN WORKSHOP

DARE TO DREAM YOUNG GIRL'S
HINTS OF SUMMER

GIRL'S SUMMER CAMP

JUNE 9th - August 8th






ACTIVITIES
COOKING | SEWING | ART | CRAFTS | DESIGN | HOME ECONOMICS | SELF CARE & WELLNESS | GARDENING | BEE KEEPING | SPORTS | FIELDTRIPS (LOCAL TRAVEL)

SCHEDULE
MONDAY - FRIDAY
8:00 AM - 5:30 PM,
CLOSED 4TH
NO EARLY/LATE SERVICE

FEES
EARLY REG FEE (3/31 - 4/31) \$95.00
EARLY WEEKLY FEE \$195.00
REGULAR REG FEE (5/1 - 8/1) \$125
REGULAR WEEKLY \$225.00

GIRL'S: 7 - 11 YEARS OLD

Our Summer Camps have empowered over 2,500 girls over the past 20 years. Past years have focused on educational enhancement. Powering forward, our Summer camp focus is to inspire young girls to build confidence, heal broken spirits and have the BEST experience every!

Under the leadership of our adult professionals, teen girls will learn the importance of leadership while empowering and inspiring their younger peers. During the (9) weeks of Summer camp, teen girls will learn how to plan, implement, and serve as a support during the camp experience.
*(A Monetary Stipend Rewarded)

MORE INFO 850-847-3875 **ONLINE INFO** www.daretodreamyounggirls.com
dream@daretodreamyounggirls.com

LOCATION: 1839- D S. MONROE STREET * TALLAHASSEE, FL 32301

COME JOIN THE CLUB...

May 24, 2025
10a - 2p

American Jr. Babysitter's Club

Learn To Become A Babysitter!



Providing teen girls with expert training and the best start to becoming a great babysitter.

Register Online:
www.daretodreamyounggirls.com
dream@daretodreamyounggirls.com

Call Us: + (850)847-3875

TEENS: 11 - 16 YEARS OLD

- 1st Aide & CPR Training (Certificate Included)
- Learn How To Interact with Newborns & Toddlers
- Learn How To Create Stimulating Activities
- Learn How To Respond to Emergencies
- Learn How To Begin Getting Sitter Opportunities

\$145.pp
Reg. Fee
Lunch Included

Location:
RETREAT Wellness Center
1839-D S. Monroe Street
Tallahassee, Florida 32301

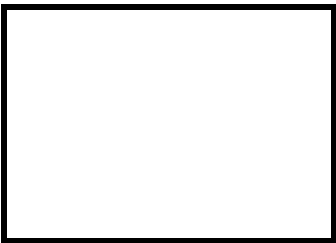
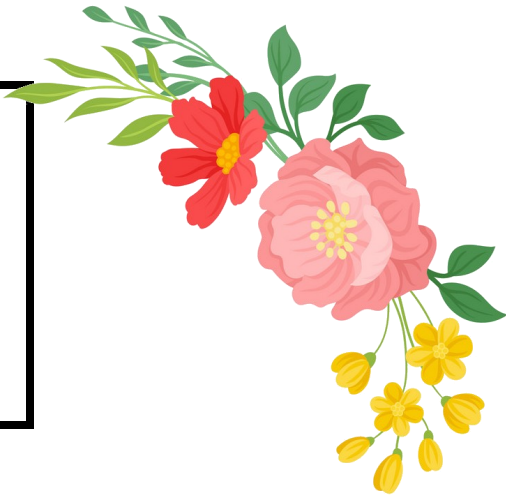
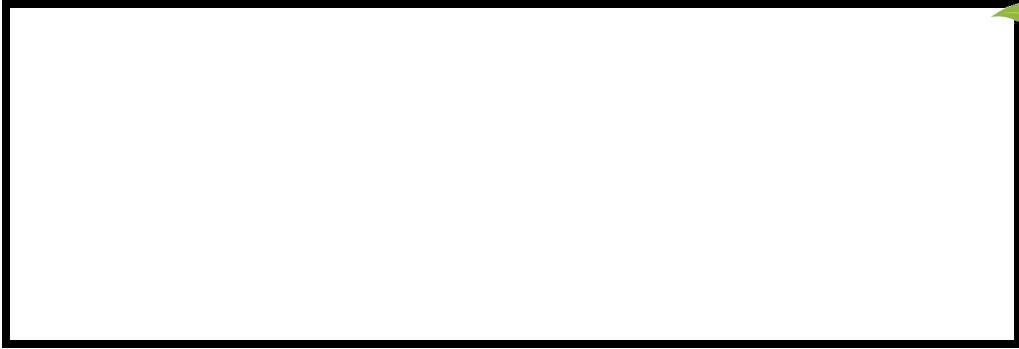
SPONSORED BY:
RETREAT
By Dare to Dream Young Girls



BY DARE TO DREAM YOUNG GIRL'S



WELLNESS CENTER FOR GIRL'S AND WOMEN: RETREATS, WORKSHOPS, CLASSES, AND CAMPS



RETREAT
BY DARE TO DREAM YOUNG GIRLS
1839-D.S. MONROE STREET
TALLAHASSEE, FL 32301

HELLO SPRING!



BOOK HER BIRTHDAY SPA PARTY TODAY!

OUR CONTACT: 850) 847-3875

RETREAT * BY DARE TO DREAM YOUNG GIRL'S NETWORK, INC.