
The Butterfly Spot™
A Girls' Magazine for Fun, Friendship & Growing into YOU!
Fall–Winter Holiday Edition
Nov – Dec
A Season to Create, Cook & Give!
Holiday Baking & Beyond!
Fun Recipes, Sweet Treats & Chef Tips!
Grateful Hearts, Giving Hands
Holiday Glam!
Gifts for Every Girl!
Cooking Basics for Girls
Cooking Basics for Girls
20 Pages of Holiday Inspiration, Activities, DIY's & More!
2nd Edition

The Butterfly Spot™
Fall–Winter Holiday Edition 2026
A Magazine Just for Girls ♡



From the Editor's Desk ♡

A Season of Gratitude, Giving & Beautiful New Beginnings!

Hey Girl! ♡

The holidays are here, and there's something truly magical about this time of year! The sparkling lights, the laughter, the sweet treats, and the joy of being surrounded by people we love remind us that life's greatest gifts aren't always wrapped in pretty paper and tied with beautiful bows.

Sometimes, the greatest gifts are kindness, friendship, love, and simply being YOU!

As we welcome our second edition of The Butterfly Spot, I want you to remember something very special: **YOU** are a gift to this world! Your smile, your dreams, your creativity, and your beautiful heart make a difference in ways you may not even realize.

This holiday season, I challenge you to do three things:

- **Be Grateful!** Appreciate the little things, celebrate your blessings, and remember that even the smallest moments can bring the greatest joy.
- **Be a Giver!** Share a smile, lend a helping hand, encourage a friend,or do something thoughtful for someone who needs a little sunshine.
- **Keep Dreaming!** As we prepare to welcome 2027, don't be afraid to dream BIG! Set new goals, believe in your abilities, and remember that every beautiful beginning starts with believing in yourself.

Inside this holiday edition, we've sprinkled a little magic on every page! From holiday glam and delicious treats to creative gifts, friendship, fun, and inspiration, there's something special waiting just for **YOU**!

You don't have to be perfect to be amazing. You just have to be YOU!

May your holidays be filled with love, your heart everflow with gratitude, and your new year bring endless possibilities.

Keep Smiling. Keep Growing. Keep Giving. And Most Importantly...

KEEP SPREADING YOUR BEAUTIFUL WINGS! ♡

With love, holiday hugs & butterfly wishes,

Jena Mann ♡

Editor-in-Chief
The Butterfly Spot™
Dare to Dream Young Girls Network, Inc.

The Butterfly Spot™

Fall–Winter Holiday Edition 2026

A Holiday Note to Our Girls ♡



Hey Girl! ♡

The holidays are a special time to slow down, look around, and be thankful for the people, the moments, and the blessings in our lives.

It's not about having the most presents or the fanciest things. It's about love, kindness, friendship, giving, and celebrating the amazing girl ***YOU*** are!

This season, remember... You are enough. You are gifted. You are loved. You are capable. And you have a bright future full of ***BIG*** possibilities!

So, be grateful, be kind, give with a happy heart, and keep dreaming BIG! ♡

My Holiday Sparkle List ♡

Let's make this season meaningful, joyful, and full of purpose!

- ☐ I am grateful for... _____
- ☐ A kind thing I will do for someone... _____
- ☐ A dream I am carrying into 2027... _____

The Butterfly Spot

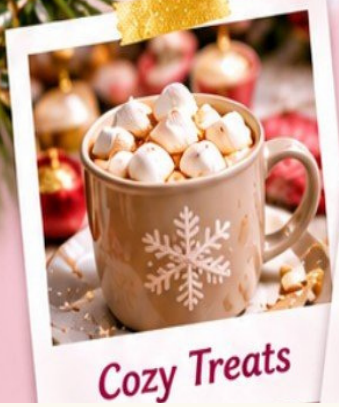
Holiday Vibes

Fun Ideas, Cozy Moments & Girl Power for November & December!

In This Issue

- Holiday Style & Glam
- Gifts for Every Girl
- DIY: Cute Holiday Crafts
- Cozy Self-Care Ideas
- Confidence Corner
- Girls Who Inspire
- & So Much More!

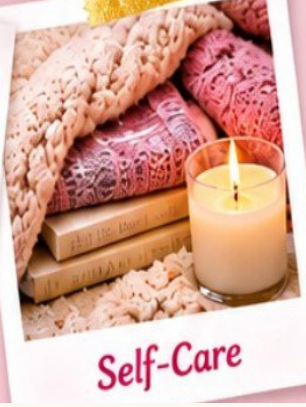
Let's Celebrate the Season!


Cozy Treats


Gift Ideas


DIY Crafts


Winter Fun


Self-Care


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Holiday Glam
Style • Dress • Accessorize • Shine!
Holiday Style Tips
Find something fun and comfortable.
Pull attire that's fun and represents your witty personality.
Choose accessories that compliment.
Mix and match pieces that stand out.
Be the girl who stands out!

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Gifts for Every Girl

Holiday Gift Ideas She'll Love!





Stanley Water Bottle



Glam Spa Set



Boots



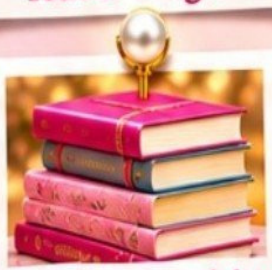
Tech & Gadgets



Beauty & Self-Care



Cozy & Comfy



Books & Creativity



DIY & Crafts



School & Style

Something for Every Personality!

- The Creator
- The Dreamer
- The Athlete
- The Fashionista
- The Book Lover
- The Future Chef

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DIY Cute Holiday Crafts!

Make It, Create It, Gift It!

Easy • Fun • Creative • Personalized

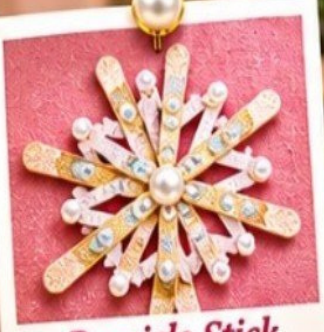




Holiday Glow Jars



Sock Snowmen



Popsicle Stick Snowflakes



Painted Ornaments



Personalized Gift Tags



Hot Cocoa Mug Creations



Mini Wreaths



Treat Jars



Felt Ornaments

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DIY Holiday Craft

Holiday Glow Jar

A Fun & Easy Craft That Adds Sparkle to Any Space!



Supplies You'll Need:

- ☑ Mason Jar (any size)
- ☑ Battery Fairy Lights (LED string lights)
- ☑ Epsom Salt or Fake Snow
- ☑ Twine or Ribbon
- ☑ Small Evergreen Sprig (artificial or real)
- ☑ Mini Berries or Ornaments
- ☑ Snowflake Decal or Sticker

How to Make It!

1. 
Add a layer of Epsom salt (or fake snow) to the bottom of your mason jar.

2. 
Place battery fairy lights inside the jar.

3. 
Add a snowflake decal (or sticker) to the front of the jar.

4. 
Wrap twine (or ribbon) around the top and tie a bow.

5. 
Tuck in an evergreen sprig and mini berries (or a small ornament) into the bow.

6. 
Turn on the lights and enjoy your Holiday Glow Jar!

Creative Tip: Use colored lights, glitter, or themed decals to match your holiday style!

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Winter Self-Care for Girls

Stay Balanced, Rested, and Refreshed All Winter Long!



Winter is the perfect time to slow down, reset, and take extra care of **YOU**! With shorter days and cooler weather, it's important to keep your mind, body, and spirit feeling good. Here are simple and fun self-care ideas to help you stay happy, healthy, and energized all season long.

Why Self-Care Matters

- Reduces stress
- Boosts your mood
- Gives you more energy
- Helps you stay focused
- Builds confidence
- Keeps you healthy during the season

Winter Self-Care Ideas to Try!



Move & Breathe

Stay active with yoga, stretching, or a short workout. It helps your body feel strong, flexible, and stress-free.



Pamper Your Skin

Keep your skin soft and healthy with a gentle face mask, cleanser, and moisturizer. A mini spa day at home can make you feel refreshed and renewed!



Hydrate & Nourish

Cold weather can dry out your skin. Use a rich body lotion, hand cream, and lip balm to keep your skin soft, smooth, and glowing all winter.



Sip Something Cozy

Warm up with a cup of hot chocolate, herbal tea, or a favorite warm drink. It's a simple way to relax, feel cozy, and enjoy the season.

My Winter Self-Care Challenge!

Pick 3 self-care ideas from this page and try them each week! Notice how you feel more relaxed, focused, and ready to shine!

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Our Girls Shine!

A Special Recognition for Our NEW Jr. Chef

"Imma"

Cooking Basics for Girls™ is proud to welcome Imma as our newest Jr. Chef!



Mini Bio:

- 5th Grader at Kate Sullivan Elementary School.
- Imma aspires to one day become a professional Chef and Restaurant Owner.
- She loves to cook and excitedly has accepted the role as Dare to Dream Young Girls Network, Inc. "Resident Jr. Chef" for the 2026 Fall-Winter and 2027 Spring Seasons.
- She does not shy away from trying new foods and learning her way around a professional kitchen.

Please Join Us in Congratulating Imma!

Cooking Basics for Girls™

Est. 2005

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Confidence Corner

For Girls

Believe Be Bold Be You!



Holiday Edition: Confidence for the Season!

The holidays can be exciting, busy, and sometimes a little stressful. This season, remember—you are enough, you are capable, and you have so much to be proud of!

5 Ways to Boost Your Confidence This Winter

- ***Be You*** – Celebrate what makes you unique!
- ***Set a Goal*** – Pick one positive goal for the holiday season.
- ***Speak Kindness*** – Use encouraging words with yourself and others.
- ***Try Something New*** – Step out of your comfort zone and grow!
- ***Be Grateful*** – Focus on the good things in your life, big and small.

This Season, Remember...

- *You are strong.*
- *You are smart.*
- *You are creative.*
- *You are important.*
- *You are enough—always!*

Confident Girls Create Brighter Futures!

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Girls Who Inspire

Through Community Service and Leadership

with Teen Politics and Justice



Meet Jayla Austin

10th Grade High Schooler

Meet Jayla Austin, a 10th grader who is discovering the power of her voice through community service, leadership, and her growing interest in teen politics and justice!

Jayla represents a generation of young girls who are learning that leadership begins with courage, kindness, and a willingness to make a difference.

Through civic engagement and community involvement, she is exploring what it means to stand up for what is right, serve others, and become a positive voice for change.

- ☑ Serve
- ☑ Lead
- ☑ Advocate
- ☑ Engage
- ☑ Create Change in Our Community

Jayla reminds us that you don't have to wait until you're grown to lead, inspire, and make a difference!

Empowered Girls...

Civically Engaged • Community Minded • Justice Focused


The Butterfly Spot
The Gift of Giving
Serve
Support
Give
Volunteer
Make a Difference
A Season of Kindness, Service and Community
Our Girls Are Leading with Heart...
Through Community Service, They're Learning the Power of Giving, the Value of Service, and the Joy of

The Butterfly Spot

Holiday Traditions

The Heart of the Holidays!



Traditions are the special customs and activities we do year after year that bring family and friends together, create lasting memories, and remind us of what truly matters—love, togetherness, and giving.

Holiday traditions connect us to our families, our culture, and our values. They give us a sense of belonging, create joy and laughter, and teach us the importance of family, gratitude, and celebration.

Seasonal Traditions We Love!



Cutting Down a Tree



Family Dinners



Family Baking



Decorating the Tree

- Roasting Marshmallows
- Cutting a Tree
- Family Dinners
- Baking Together
- Decorating the Tree
- Holiday Shopping
- Wrapping Gifts
- Stringing Popcorn



Holiday Shopping



Wrapping Gifts



Stringing Popcorn for the Tree

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Holiday Sweet Treats with Chef K

Baking, Creating and Making Sweet Holiday Memories!

Cooking Basics for Girls
Est. 2005

Holiday Traditions in the Kitchen!

Baking together is more than just making delicious treats — it's a holiday tradition that brings family and friends together.

It creates time to laugh, learn, share stories, and make memories that last a lifetime!

Chef K's Holiday Butterfly Cookies

Ingredients:

- 3 cups all-purpose flour
- 1 cup unsalted butter (softened)
- 1 cup granulated sugar
- 1 large egg
- 2 tsp vanilla extract
- ½ tsp baking powder
- ¼ tsp salt

Directions:

1. Preheat oven to 350°F.
2. In a bowl, cream butter and sugar until fluffy.
3. Add egg and vanilla, mix well.
4. In another bowl, whisk flour, baking powder, and salt.
5. Combine and mix until a dough forms.
6. Roll out, cut into fun shapes, and bake 8–10 minutes.
7. Cool and decorate with your favorite icing and sprinkles!

More Holiday Treat Ideas!


Festive Cupcakes


Gingerbread Cookies


Holiday Bark


Cake Pops

- ✓ Build Confidence
- ✓ Learn New Skills
- ✓ Be Creative
- ✓ Make Delicious Treats
- ✓ Create Lasting Memories!


The Butterfly Spot
Winter Wonderland Adventure
at Snowcat Ridge™ FLORIDA
A Fun-Filled Day of Winter Magic for Girls!
Snow Tubing on Florida's Real Snow Hills
The Arctic Igloo & Snow Play
Holiday Lights & Photo Spots
Music, Treats & More!
Girls Adventure Trip
Snowcat Ridge™
Dade City, FL
Snowcat Ridge™ FLORIDA
Join Us for a Winter Wonderland Adventure!
Saturday, December 12, 2026
Depart: 8:00 a.m.
Return: 6:00 p.m.
Snowcat Ridge
27839 St. Joe Road
Dade City, FL 33525
A Day of Friendship, Adventure and Holiday Fun!
REGISTER ONLINE:
www.daretodreamyoungirls.com

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Dear 2027...

My Dreams Are BIG!

Dream ✓
Plan ✓
Goal ✓
Achieve ✓
Repeat!

A New Year
A Fresh Start
Bigger Dreams
Brighter Goals
A More
Confident Me!

My Vision Board 2027

My 2027 Dream Journal

Dream Plan Grow Achieve

My 2027 Goals

- [ ] Be a better me
- [ ] Do my best in school
- [ ] Try something new
- [ ] Be healthy and active
- [ ] Read more books
- [ ] Serve my community
- [ ] Build my skills
- [ ] Travel and explore
- [ ] Save money
- [ ] Make my dreams happen!

My 2027 Dream Plan

My Big Dreams:

- _____
- _____
- _____

My Goals:

- _____
- _____
- _____

New Skills I Want to Learn:

- _____
- _____
- _____

Places I Want to Go:

- _____
- _____
- _____

I Promise Myself To:

- [ ] Be confident
- [ ] Stay positive
- [ ] Work hard
- [ ] Be kind
- [ ] Keep going
- [ ] Never give up
- [ ] Believe in me!

Celebrate My Wins!

Before 2027 Arrives... I'm Proud of Myself For:

_____
_____
_____
_____

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The Butterfly Spot™ 12 Days of Kindness

Holiday Friendship Challenge!



Day 1
- [ ] Give a Sincere Compliment to a Friend.

Day 2
- [ ] Do a Kind Act at Home *(without being asked).*

Day 3
- [ ] Invite Someone New to Play, Eat or Spend Time Together.

Day 4
- [ ] Help a Friend with a School Assignment or Task.

Day 5
- [ ] Write a Thank-You Note to Someone Who Helps You.

Day 6
- [ ] Donate a Book or Toy to a Child in Need.

Day 7
- [ ] Create a Card, Drawing or Craft to Brighten Someone's Day.

Day 8
- [ ] Show Appreciation to a Teacher, Coach or Mentor.

Day 9
- [ ] Share a Treat or Hot Cocoa with a Friend.

Day 10
- [ ] Do Something Good for the Environment (recycle, reuse or clean up).

Day 11
- [ ] Encourage Someone Who May Be Feeling Sad or Left Out.

Day 12
- [ ] *Give Back!* Do a Kindness Act in Your Community (visit, volunteer or give).

Small Acts of Kindness Make a BIG Difference!

♥ Be Kind ♥ ♥ Make a Difference!


The Butterfly Spot®
Cocoa and Calm
HOLIDAY SPA
PAJAMA PARTY'S
Warm Express Facials,
Marshmellow Foot Soaks,
and Mini Mani's
$65pp
With Hot Cocoa n' Cookies
Party Favor Included!
1839-D S Monroe Street * Tallahassee, FL *

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That's a Wrap! 2026

A Year of Friendship, Fun & Fabulous Memories!



Cooking Basics



Spa Party Fun!



Friendship & Celebration



Sisterhood Moments



Relax • Refresh • Recharge



Health & Wellness



Mentorship & Connection



Girls Night Out Bowling



Reading, Learning & Growing

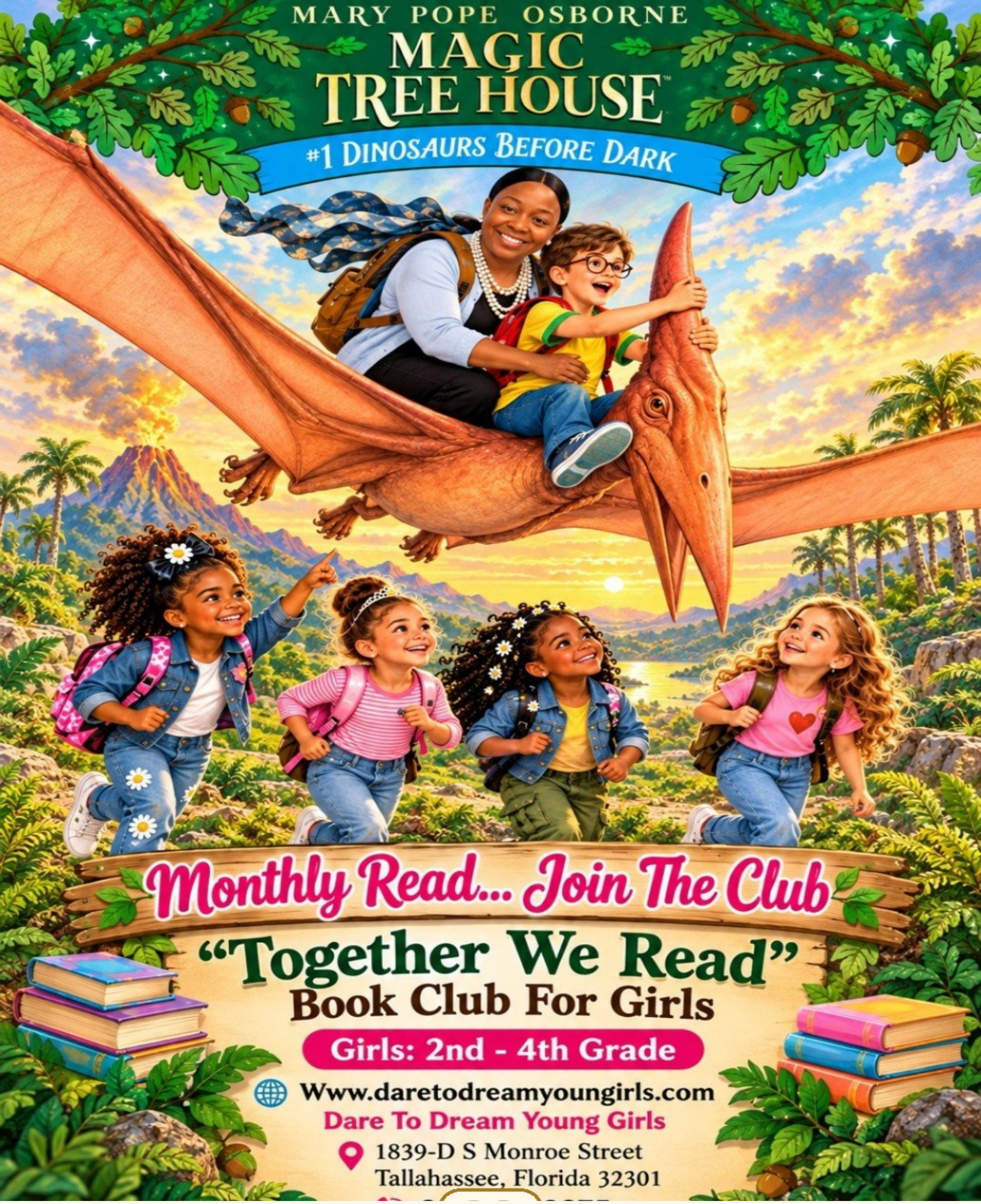


Creative Expressions Pottery

Every picture tells a story. Every adventure creates a memory. Every girl has a dream worth celebrating. As we say goodbye to 2026, we celebrate the friendships we've made, the confidence we've gained, and the amazing experiences we've shared.

Here's to Even Bigger Dreams in 2027!


Together We Read
Book Club for Teen Girls
Read
Reflect
Grow
Sisterhood
Confidence
Purpose
Leadership
Future Goals
KNOWLEDGE
CONFIDENCE
KINDNESS
LEADERSHIP
PURPOSE
A GIRL WITH A BOOK CAN CHANGE THE WORLD
GIRLS READ LEAD DREAM BECOME
Dare to Dream Young Girls
DAUGHTER BY DESIGN
Girlhood TO GRACE
IRISH "LIV" GUYTON
GIRL POWER
SISTERHOOD
CONFIDENCE
PURPOSE
LEADERSHIP
FUTURE GOALS
BE KIND
BE BRAVE
BE YOU
Join The Club...
Come Write Your Own Story!
Book Club For Teen Girls ♥ 5th - 8th Grades
REGISTER ONLINE:
Www.daretodreamyoungirls.com


MARY POPE OSBORNE
MAGIC TREE HOUSE
#1 DINOSAURS BEFORE DARK
Monthly Read... Join The Club
"Together We Read"
Book Club For Girls
Girls: 2nd - 4th Grade
Www.daretodreamyoungirls.com
Dare To Dream Young Girls
1839-D S Monroe Street
Tallahassee, Florida 32301

The Butterfly Spot™

DEAR GIRL...

This Is Only the Beginning.

- Keep dreaming. ♡
- Keep learning. ♡
- Keep asking questions. ♡
- Keep using your voice. ♡
- Keep choosing yourself. ♡
- Keep becoming. ♡

Never shrink your wings to fit into places you've outgrown.



You have the power to shape your story. Your future is yours—make it amazing! ♡

Until Next Time... Keep Flying!

THE BUTTERFLY SPOT™

Empowered Girls. Bright Futures.

Www.daretodreamyoungirls.com

♡ You are enough. You are worthy. You are capable. You are amazing! ♡

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