

CCMHRB Quarterly

WHAT'S NEW?



WHAT WE DO MENTAL HEALTH AND RECOVERY BOARD: COMMUNITY RESPONSIBILITY

Click [here](#) to learn more about our goals and mission.

MISSION STATEMENT **THE MENTAL HEALTH AND RECOVERY BOARD**

under local leadership, shall plan and make provision for comprehensive mental health and recovery services that are accessible to all residents of Clermont County and shall evaluate the delivery and effectiveness of these services.

CLIENT SERVICES CCMHRB'S PROVIDERS

By law, the Board itself cannot provide services to clients directly. The Board must contract with service providers, primarily private non-profit agencies, to assure that needed services are provided to residents of the County.

Click [here](#) for more information.



CLERMONT MRSS PROGRAM IN FULL SWING

MRSS stands for Mobile Response and Stabilization Services. Families with youth and young adults up to age 22 who are experiencing difficulties or distress can receive assistance within 60 minutes after contacting MRSS. Clients may also receive up to 45 days of intensive, in-home services and linkage to on-going supports. Click [here](#) to learn more.

10 Year Anniversary! Crisis Intervention Team Training Coming Soon

Lee Ann Watson, CCMHRB's Associate Director, leads an annual Crisis Intervention Team training for Law Enforcement Officers. The class provides training for criminal justice personnel responding to people in a mental health crisis. Crisis Intervention Team (CIT) training involves working as a team with mental health practitioners, law enforcement, and other First Responders. The focus is to provide the best services possible to the individual in a mental health crisis.

This year is CIT's 10-year anniversary! Lee Ann Watson has led the training for all 10 years in Clermont. In addition to her efforts in CIT training, Lee Ann was recently asked by the Criminal Justice/Mental Health Center for Excellence to become a State Peer Reviewer for CIT. Let's just say Lee Ann knows her CIT stuff! Click [here](#) for more information.



CLERMONT'S QUICK RESPONSE TEAM

FUNDED BY THE CLERMONT COUNTY MENTAL HEALTH AND RECOVERY BOARD

Quick Response Teams (QRTs) work with people and/or their families who have survived an opioid overdose. The QRT assists with getting the person and his or her family connected with services and engaged in treatment. The teams include law enforcement, fire/EMS, and Peer Recovery Coaches. And Clermont has several! The Clermont County Sheriff's Office, Miami Township, Milford, Pierce Township, and Union Township have all implemented QRT's through funding from CCMHRB. QRTs are available countywide. To refer an individual for an outreach by QRT, call (513)732-5503.

CCMHRB provides funding for QRTs in Clermont County

SUICIDE PREVENTION COALITION

FUNDED BY THE CLERMONT COUNTY MENTAL HEALTH AND RECOVERY BOARD



VISION

The vision of the Clermont County Suicide Prevention Coalition is threefold:

- 1) Increase community awareness of the prevalence of suicide, prevention strategies, and available resources.
- 2) Improve access to intervention and treatment services.
- 3) Remove the stigma attached to suicide and mental health disorders.

WHO ARE MEMBERS OF THE COALITION?

The Coalition is made up of individuals representing a variety of community interests, including county schools, law enforcement, general healthcare, local government officials, businesses, social service agencies, faith-based entities, survivors of suicide, prevention specialists and mental health and substance use disorder treatment specialists.

A CALL TO ACTION

Suicide is a serious public health issue.

Suicide is the tenth leading cause of death in the United States; the second leading cause among 10- to 34-year-olds; and the number one cause of death for Ohioans aged 10-14. Every year, more than 1,800 Ohioans die by suicide. **Clermont County has the second highest suicide rate in Southwest Ohio.**

Suicide is preventable. Suicide impacts many; including not only the individuals but their family, friends, and the community. Anyone can become suicidal given the right conditions and circumstances. The Coalition's task is to help others understand and recognize suicidal behavior and take action to prevent suicides. Most suicidal people desperately want to live – they are just unable to see alternative solutions to their problems.

IF YOU OR SOMEONE YOU KNOW IS HURTING:

Please call the Crisis Hotline for yourself or a loved one at **513-528-SAVE (7283)**. A calm, non-judgmental counselor will listen, care, and help. Remember you do not have to face this alone!

WANT TO JOIN THE COALITION?

Contact Lee Ann Watson at (513)732-5400 or email lwatson@ccmhrb.org

Where does our levy funding go?

Thank you, Clermont County voters, for passing the Mental Health and Recovery Board renewal levy in November 2020! Why is the levy so vital to our county?

THE LEVY HELPS CLERMONT COUNTY BY FUNDING TREATMENT AND PREVENTION SERVICES INCLUDING:

KEY MESSAGES

- Funding for the Clermont County Mental Health and Recovery Board and its system of services has been significantly cut by the State of Ohio in recent years and passage of the Mental health Levy is essential to assure there are no further reductions in local behavioral health services.
- The levy funding provides a safety net for individuals and families needing mental health and/or alcohol/drug services that do not have Medicaid or insurance. Levy funding also supports the provision of services for which Medicaid and insurance do not pay.
- The cost of treating mental health concerns is significantly lower than the costs to the community when people do not receive needed help. For every \$1 invested in treatment, there is a \$7 savings in costs to other systems (such as Jail, Courts, Children’s Protective Services, Schools and Employers).
- Every dollar lost through lack of funding curtails services to Clermont County residents with a mental illness or a drug/alcohol problem.

Recovery is Beautiful ... WE ARE helping Others Achieve It!

Clermont County Crisis Hotline and Mobile Crisis

Clermont County Crisis Response Team

School-based mental health in all districts

Drug and alcohol prevention and treatment services for youth

Suicide prevention programming and education

QPR and Mental Health First Aid

Treatment for persons with substance misuse disorders, including Medication Assisted Treatment (MAT)

Treatment for persons with severe mental illness