



SECOND QUARTER 2024

## WHAT'S NEW?

We have some exciting events just around the corner!

See the below flyers and/or visit our website for more information on these awesome events!

**Total WellBeing Inside Out** Sat, May 18th, 2024  
 10am-2pm  
 Venue: West Clermont High School

- Meet Mental Health Providers
- 11:30-12pm Sound Therapy Demonstration and Yoga
- Per Partners of Greater Cincinnati
- Hands-on fun and demonstrations with Nakama Studios
- 12-1230 Community Walk
- Nutrition Station
- On-site Health Screenings

**UNIQUE FEATURES LIKE**  
 Narcan training and Suicide Prevention  
 Hidden in Plain Sight

Fun Run Information Here

**Brought To You By:**

CLERMONT COUNTY Suicide Prevention Coalition  
 An Alliance of Hope  
**CLERMONT COUNTY SUICIDE PREVENTION SUMMIT**  
 2024  
 FIGHTING STIGMA  
 GROWING AWARENESS

Date: May 31st  
 Time: 8:30-3:00pm  
 UC Clermont College, Batavia OH

Register

Some Participating Partners:

**Who Should Attend**

HEALTHCARE	COMMUNITY	EDUCATION
<ul style="list-style-type: none"> <li>• Psychologists</li> <li>• Paramedics</li> <li>• Nurses</li> <li>• Medical assistants</li> <li>• Social workers and counselors</li> </ul>	<ul style="list-style-type: none"> <li>• Law enforcement officials</li> <li>• Clergy and pastoral care</li> <li>• Interested/affected community members</li> </ul>	<ul style="list-style-type: none"> <li>• School counselors</li> <li>• Teachers</li> <li>• Youth leaders</li> <li>• Student service personnel</li> </ul>

For more information:  
[www.ccmhrb.org](http://www.ccmhrb.org) 513-732-5408 mkellth@ccmhrb.org

Clermont County MENTAL HEALTH & RECOVERY BOARD

To register for the Summit, go to <https://www.eventcreate.com/e/clermontsuicideprevention>



## Crisis Intervention Team Training

Associate Director Denny Moell coordinated the 16th Crisis Intervention Team training April 1-5. Law Enforcement Officer Chad Lutson assisted Denny in the coordination of the class. Eighteen Law Enforcement Officers, two Probation Officers, and two Corrections Officers graduated from the five-day training and learned skills on how to handle mental health crisis events.



Need mental health or addiction help or support? Call the Clermont and Brown Crisis Hotline at

(513) 528-SAVE (7283)  
[www.ccmhrb.org](http://www.ccmhrb.org)



**SPREAD THE WORD!** The Harm Reduction Machine at our building at 2337 Clermont Center Drive 45103 is dispensing first aid kits, safer sex kits, hygiene kits, Narcan, and other items. Registration and use of the machine is free and confidential.

**GREAT NEWS!** A second Harm Reduction Machine will soon be available for use at UC Clermont College. CCMHRB staff have been assisting UC Clermont College staff in the coordination of installing the new machine which will be very similar to the one at CCMHRB.

FREE Narcan and other harm reduction items are now available after a brief registration



To register, please scan the QR code. If you are unable to scan, go to [www.ccmhrb.org](http://www.ccmhrb.org)

If you want to talk about treatment options please call 513-528-SAVE (7283)



The Suicide Prevention Coalition will again host its Annual Suicide Prevention and Awareness Candlelight Vigil in September of 2024 at Sycamore Park in Batavia. The vigil welcomed over 50 attendees and 14 vendors last year. **MORE DETAILS TO BE ANNOUNCED SOON!**



Photo from the 2023 Candlelight Vigil

There is no HEALTH without BEHAVIORAL HEALTH  
WE ARE COMMITTED TO YOU, CLERMONT COUNTY



Clermont County MENTAL HEALTH & RECOVERY BOARD  
County Health Day / April 19, 2024



## Have you taken our survey yet?

The behavioral health needs of our community are very important to us! Please take our survey and let us know your thoughts on various behavioral health needs or services in Clermont County. Access survey here:

<https://www.surveymonkey.com/r/2VYSNHB> or here:



### Featured Article:



### “Marijuana Prevention for Teens”

The teen years are a time of growth, exploration, and risk-taking. Some risk-taking may foster identity development and independence. However, some risk behaviors—such as using marijuana—can have adverse effects on a teen’s health and well-being. Click [here](#) to find out more.

CRISIS HOTLINE: 513.528.SAVE (7283)



## May is Mental Health Awareness Month!

**BE SEEN IN GREEN CHALLENGE  
MAY 1–MAY 31<sup>ST</sup>, 2024**



**WEAR GREEN AND SUPPORT MENTAL HEALTH AWARENESS!**

We're all affected by mental health, and with 1 in 4 Ohioans living with a mental illness or substance use disorder, it's more important than ever for us to dismantle the stigmas surrounding mental health and foster awareness. Governor Mike DeWine has declared May to be Mental Health Awareness Month in Ohio and the Commissioners are set to proclaim May 2024 as Mental Health Awareness Month in Clermont County. If you would like to learn what you can do to beat the stigma, click [here](#).

# Prevention Works Treatment is Effective People Recover

### Important Dates May 2024

Mental Health Awareness Month

Women's Health Month

Cinco de Mayo-5/5

Maternal Mental Health Awareness Week-5/6-5/12

National Children's Mental Health Awareness Day-5/7

Mother's Day-5/12

National Prevention Week-5/12-5/18

CCMHRB Total Wellbeing Event-5/18

Mental Health Action Day-5/16

Memorial Day-5/27

CCMHRB Suicide Prevention Summit-5/31

