

SOLACE Clermont County, suggests that these questions should be asked to help you select the right program:

1. What type of accreditation or licensing does your treatment program have?
2. What credentials and licenses do the program's clinical staff have?
3. If residential, what is the length of stay? 30-60-90 days?
4. Is medical detoxification (detox) offered as part of the residential treatment?
5. Do you provide medically assisted treatment? Do you use Suboxone, Naltrexone, or Vivitrol in the treatment of opiate addiction?
6. How much does your program cost?
 - Do you accept insurance?
 - Do you accept Medicaid?
 - Do you offer sliding scale fees? Are these fees based on family income or just personal income?
7. What kinds of services are included in your fees?
8. Is your rehab an open program or a locked-down program?
9. Does your program assess for “dual diagnoses” and treat as necessary?
10. What is the patient-to-counselor ratio? How much one-on-one time do you offer?
11. Does your program offer an individualized treatment program?
12. Is treatment gender-specific?
13. Does your program address a full range of needs to help the individual, including medical, psychological, spiritual, social, and health wellness issues? If I choose, will there be faith-based counselors available?
14. What therapeutic model or theories form the foundation of your treatment program, such as 12 steps, faith-based, cognitive-behavioral, or motivational enhancement?
15. What activities will I be required to participate in while in your program -- individual counseling, group counseling, or a12-step programs?
16. What type of help is available for families?
17. Do you have an aftercare program? If so, for how long? What does it entail?
18. Do you provide a written discharge plan? If I do not live near the facility, will you help me find resources for continuing care in my own community?
19. What are your disciplinary rules if one slips and uses while in rehab or breaks one of your facility rules? Are you kicked out or are you warned and reprimanded? If asked to leave, do you refund any of the fees paid?
20. What is your success rate? Have there been studies to measure the effectiveness of your program’s treatment methods?

Final thoughts:

These are a sampling of questions to guide you in the selection of a treatment center. You can reprioritize the order of the questions depending on the issues that are important to you. You should first visit the treatment facility and see what the environment is like. Make sure it is clean and hospitable and get a feel for whether it would be a good fit for you.

