

1273 **The Unfinished Business of Our Childhoods:
 Healing the Helper's Childhood Wounds-
 Part 2**

Course Type: Home-study video

Completion Date: 03/30/26

Score: **100%**

Presenter: Adam McCormick, MSW, PhD

Course Description: The initial imprints of our earliest attachment and trauma wounds can manifest in our work and relationships as we help to heal the trauma wounds of others. This webinar is the second in a two-part series. This webinar presents a model for healing that seeks to help participants identify the trauma and attachment adaptations they developed in childhood and why they were necessary.

CE Offered: ASWB ACE/1.25(60 minutes) Advanced, General; CE Broker/1.0(60 minutes) Counseling Theories, Knowledge Of Human Growth And Development, CE Broker #20-1099716; CE Hours/1.0(60 minutes); IACET/0.1(60 minutes); NAADAC/1.0(60 minutes) Counseling Services; NBCC CE Hours/1.0(60 minutes); OK (LPC/LMFT)/1.0(60 minutes); OK (OBLADC)/1.0(60 minutes)

2135 Depression and the Self: Integrating Cognitive Therapy with Self-Concept Theories

Course Type: Home-study video

Completion Date: 03/28/26

Score: **93%**

Presenter: Benjamin Ampel, MA, PhD candidate

Course Description: This course explores the assessment, diagnosis, and treatment of Major Depressive Disorder (MDD) through the lens of self-related theories and Aaron Beck's Cognitive Behavioral Therapy (CBT). Clinicians will examine how self-complexity, self-esteem spillover, and self-verification theory contribute to MDD, and how these concepts can be integrated with CBT for more effective treatment strategies. By blending research on the self with Beck's foundational work in CBT, participants will gain deeper insights into how the self shapes depressive symptoms and recovery.

CE Offered: ASWB ACE/2.0(120 minutes) Intermediate, General; CE Broker/2.0(120 minutes) Counseling Theories, Counseling Techniques, Knowledge Of Psychiatric Factors, Counseling, Diagnosis And Treatment Of Mental Health Disorders, CE Broker #20-1319254; CE Hours/2.0(120 minutes); IACET/0.2(120 minutes); NAADAC/2.0(120 minutes) Clinical Intake And Screening, Clinical Assessment, Treatment Plan, Counseling Services; NBCC CE Hours/2.0(120 minutes); OK (LPC/LMFT)/2.0(120 minutes); OK (OBLADC)/2.0(120 minutes) Drug And Alcohol-specific Hours

1441 Intermediate Body-Based Interventions: Deepening Connection and Promoting Regulation

Course Type: Home-study video

Completion Date: 02/10/26

Score: **100%**

Presenter: Kara Cross, MSW, LMSW, RYT

Course Description: Using body-based interventions helps to move therapy beyond talking. This webinar explores the mind-body connection and the integration of mind-body techniques in a therapeutic setting.

CE Offered: ASWB ACE/1.25(60 minutes) Intermediate, General; CE Broker/1.0(60 minutes) Counseling Techniques, Counseling, CE Broker #20-962282; CE Hours/1.0(60 minutes); IACET/0.1(60 minutes); NAADAC/1.0(60 minutes) Counseling Services; NBCC CE Hours/1.0(60 minutes); OK (LPC/LMFT)/1.0(60 minutes); OK (OBLADC)/1.0(60 minutes)

**1463 Advanced Body-Based Interventions:
 Embodiment Practices in Psychotherapy**

Presenter: Kara Cross, MSW, LMSW, RYT

Course Description: Embodiment in psychotherapy is a valuable intervention for helping clients to make the connection between the mind and body. This webinar explores the theoretical foundations of embodiment, its benefits, and how best to incorporate embodiment practices into therapy.

CE Offered: ASWB ACE/1.25(60 minutes) Advanced, General; CE Broker/1.0(60 minutes) Counseling Techniques, Counseling, CE Broker #20-967216; CE Hours/1.0(60 minutes); IACET/0.1(60 minutes); NAADAC/1.0(60 minutes) Counseling Services; NBCC CE Hours/1.0(60 minutes); OK (LPC/LMFT)/1.0(60 minutes); OK (OBLADC)/1.0(60 minutes)

Course Type: Home-study video

Completion Date: 02/10/26

Score: **100%**

**1632 Intimate Relationships: Four Theoretical
 Perspectives**

Presenter: Wind Goodfriend, PhD, MS, BA

Course Description: For the last century, research on intimate relationships has grown from a relatively obscure topic in the field of psychology to one of the most popular and thriving areas of study. Four major theoretical perspectives generally guide research: Sternberg's Triarchic Theory, the Evolutionary Perspective, Interdependence Theory, and Attachment Theory. Each theory's history and basic principles are discussed and participants are encouraged to apply ideas to a fictitious couple. Finally, each theory's strengths and potential weaknesses are analyzed.

CE Offered: CE Broker/2.0(120 minutes) Counseling Theories, Counseling, CE Broker #20-1316055; CE Hours/2.0(120 minutes); IACET/0.2(120 minutes); NAADAC/2.0(120 minutes) Counseling Services; NBCC CE Hours/2.0(120 minutes); OK (LPC/LMFT)/2.0(120 minutes); OK (OBLADC)/2.0(120 minutes)

Course Type: Home-study video

Completion Date: 02/10/26

Score: **100%**

1797 Guidelines for Clinical Practice With Consensually Non-Monogamous Clients

Presenter: Giselle Levin, PsyD

Course Description: This introductory course describes the fundamentals of inclusive clinical practice with consensual non-monogamous couples and individuals. The course describes current research on consensual non-monogamy, including relationship practices, prevalence, and mental health and psychosocial outcomes. Experiences of marginalization and stigma are discussed and guidelines for affirming practice are presented.

CE Offered: CE Broker/2.0(120 minutes) Social And Cultural Foundations, Counseling Theories, Knowledge Of Sociological Factors, Counseling, CE Broker #20-1209100; CE Hours/2.0(120 minutes); IACET/0.2(120 minutes); NAADAC/2.0(120 minutes) Clinical Intake And Screening, Counseling Services; NBCC CE Hours/2.0(120 minutes); OK (LPC/LMFT)/2.0(120 minutes); OK (OBLADC)/2.0(120 minutes)

Course Type: Home-study video

Completion Date: 02/04/26

Score: **93%**

2166 The Ethics of Wokeness in Mental Health Practice

Presenter: Allan Barsky, JD, MSW, PhD

Course Description: The term "woke" has evolved to hold different meanings and connotations for individuals and groups from various social, political, and professional contexts. This course uses the lens of professional values and ethics to delve into the meaning of wokeness, including how it aligns or contrasts with principles of social justice, cultural competence and humility, integrity, beneficence, nonmaleficence, and respect for the dignity and worth of all people. This course offers participants practical strategies for engaging professional colleagues, clients, and others in constructive conversations about their ethical responsibilities in light of the differing interpretations of wokeness.

CE Offered: ASWB ACE/1.0(60 minutes) Intermediate, Ethics; CE Broker/1.0(60 minutes) Ethics, CE Broker #20-1321672; CE Hours/1.0(60 minutes); IACET/0.1(60 minutes); NAADAC/1.0(60 minutes) Legal Ethical And Professional Development; NBCC CE Hours/1.0(60 minutes); OK (LPC/LMFT)/1.0(60 minutes); OK (OBLADC)/1.0(60 minutes) Ethics

Course Type: Interactive live webinar

Completion Date: 12/01/25

Score: **100%**

2158 **How Childhood Abuse Impacts Adult Relationships**

Presenter: Kaytlyn Gillis, MSW, LCSW-BACS

Course Description: This course explores the effects of childhood abuse on adult relationships, examining how early trauma in one's family of origin shapes interpersonal dynamics and attachment styles. Participants will learn about the psychological and emotional challenges faced by survivors, as well as strategies for fostering healthy relationships. Through case studies and group discussions, attendees will develop insights into promoting healing and resilience in individuals navigating the impact of past abuse. Mandated reporting and abuse/neglect will be explored.

CE Offered: ASWB ACE/1.0(60 minutes) Beginner, General; CE Broker/1.0(60 minutes) Human Growth And Development, Counseling Theories, Knowledge Of Human Growth And Development, Counseling, CE Broker #20-1323987; CE Hours/1.0(60 minutes); IACET/0.1(60 minutes); NAADAC/1.0(60 minutes) Clinical Intake And Screening, Counseling Services, Legal Ethical And Professional Development; NBCC CE Hours/1.0(60 minutes); OK (LPC/LMFT)/1.0(60 minutes); OK (OBLADC)/1.0(60 minutes) Drug And Alcohol-specific Hours

Course Type: Home-study video

Completion Date: 11/13/25

Score: **90%**

2189 **Treating Depression and Anxiety in Emotionally Parentified Adults: Addressing Relational Difficulties and Reducing Shame**

Presenter: Lauren Dennelly, PhD, MSW, LCSW

Course Description: This course highlights the specific clinical presentation of emotionally parentified adults who experience symptoms of MDD and/or GAD. In addition, this course explores strategies to address the associated relational difficulties this population faces.

CE Offered: ASWB ACE/1.0(60 minutes) Intermediate, Clinical; CE Broker/1.0(60 minutes) Counseling Theories, Counseling Techniques, Knowledge Of Psychiatric Factors, Counseling, Diagnosis And Treatment Of Mental Health Disorders, CE Broker #20-1339880; CE Hours/1.0(60 minutes); IACET/0.1(60 minutes); NAADAC/1.0(60 minutes) Clinical Intake And Screening, Clinical Assessment, Treatment Plan, Counseling Services; NBCC CE Hours/1.0(60 minutes); OK (LPC/LMFT)/1.0(60 minutes); OK (OBLADC)/1.0(60 minutes) Drug And Alcohol-specific Hours

Course Type: Home-study video

Completion Date: 11/12/25

Score: **90%**

2090 **Ethical Practices in Polyvagal Theory and Expressive Arts Therapy**

Course Type: Home-study video

Completion Date: 11/11/25

Score: **90%**

Presenter: Gabrielle Juliano-Villani, MSW, LCSW

Course Description: This course explores the integration of polyvagal theory with expressive arts techniques in mental health therapy. Participants will learn how to use drawing, journaling, and other creative modalities to support nervous system regulation and promote healing. The course offers a blend of theoretical understanding, ethical considerations, and practical, hands-on strategies for immediate application in clinical practice.

CE Offered: ASWB ACE/1.0(60 minutes) Intermediate, Ethics; CE Broker/1.0(60 minutes) Ethics, CE Broker #20-1286547; CE Hours/1.0(60 minutes); IACET/0.1(60 minutes); NAADAC/1.0(60 minutes) Counseling Services, Legal Ethical And Professional Development; NBCC CE Hours/1.0(60 minutes); OK (LPC/LMFT)/1.0(60 minutes); OK (OBLADC)/1.0(60 minutes) Ethics

2167 **The State of Caregiving: Thinking Beyond the Surface to Better Address Complex and Compound Caregivers**

Course Type: Home-study video

Completion Date: 11/11/25

Score: **100%**

Presenter: Christina Marsack-Topolewski, PhD, MSW, LMSW

Course Description: The recent pandemic has only exacerbated the challenges for care recipients and their family caregivers when considering the need for services, lack of providers, and service navigation challenges. Family caregivers often face many challenges that may be compounding by their own aging, caring for multiple loved ones, and balancing their caregiving responsibilities with other roles (e.g., employment, family life). This webinar provides a current look at the state of family caregiving in the United States and will equip attendees with the knowledge of trends and pragmatic strategies to support caregivers and care recipients in today's evolving world. Telehealth standards will be addressed.

CE Offered: ASWB ACE/1.0(60 minutes) Beginner, General; CE Broker/1.0(60 minutes) Telehealth, Counseling Theories, Counseling, CE Broker #20-1324074; CE Hours/1.0(60 minutes); NAADAC/1.0(60 minutes) Counseling Services; NBCC CE Hours/1.0(60 minutes); OK (LPC/LMFT)/1.0(60 minutes); OK (OBLADC)/1.0(60 minutes) Drug And Alcohol-specific Hours

2119 ADHD and Women: Ethical and Practice Implications for Clinical Providers

Course Type: Home-study video

Completion Date: 11/11/25

Score: **90%**

Presenter: Christina Marsack-Topolewski, PhD, MSW, LMSW

Course Description: The number of women diagnosed with attention-deficit/hyperactivity disorder ADHD continues to increase. Women juggle many life responsibilities and demands, often posing multiple daily challenges for them. Living with ADHD can impact all facets of life, including employment, finances, education, motherhood, and other relationships. In addition, for women navigating life with ADHD this can be further challenged by the presence of other co-occurring conditions. This webinar training will discuss a framework to understand the unique complexities and journeys that women with ADHD often encounter. Interventions, strategies, and resources to support women with ADHD and their loved ones will be discussed.

CE Offered: ASWB ACE/1.0(60 minutes) Beginner, Ethics; CE Broker/1.0(60 minutes) Ethics, CE Broker #20-1336573; CE Hours/1.0(60 minutes); IACET/0.1(60 minutes); NAADAC/1.0(60 minutes) Legal Ethical And Professional Development; NBCC CE Hours/1.0(60 minutes); OK (LPC/LMFT)/1.0(60 minutes); OK (OBLADC)/1.0(60 minutes) Ethics

2149 The Ethics of Principle of Respect in Mental Health Practice: Aspirations and Limits of Person-Centered Practice

Course Type: Home-study video

Completion Date: 11/08/25

Score: **100%**

Presenter: Allan Barsky, JD, MSW, PhD

Course Description: This webinar explores the ethical principle of respect for the dignity and worth of all people as a cornerstone of behavioral health practice, including various notions of respect based on the philosophies of Aristotle, Kant, Gilligan, and Hume. Participants will gain insights into fostering the aspirations of honoring client autonomy, dignity, and individuality while navigating practice-based challenges posed by systemic, legal, and clinical factors.

CE Offered: ASWB ACE/1.0(60 minutes) Intermediate, Ethics; CE Broker/1.0(60 minutes) Ethics, CE Broker #20-1312042; CE Hours/1.0(60 minutes); IACET/0.1(60 minutes); NAADAC/1.0(60 minutes) Legal Ethical And Professional Development; NBCC CE Hours/1.0(60 minutes); OK (LPC/LMFT)/1.0(60 minutes); OK (OBLADC)/1.0(60 minutes) Ethics

**2000 The Role of the Self in Marriage and Family:
 Exploring Self-Verification Theory**

Course Type: Home-study video

Completion Date: 11/08/25

Score: **100%**

Presenter: Benjamin Ampel, MA, PhD candidate

Course Description: This course will delve into the role of the self in marriage and family therapy, with a focus on self-verification theory and its implications for working with married couples and families in a clinical setting. Participants will explore evidence-based strategies for understanding the self within the context of family dynamics. The course will also address how self-verification processes influence relationship dynamics and familial interactions, shedding light on effective therapeutic interventions.

CE Offered: CE Broker/2.0(120 minutes) Counseling Theories, Counseling Techniques, Knowledge Of Sociological Factors, Counseling, CE Broker #20-1314929; CE Hours/2.0(120 minutes); IACET/0.2(120 minutes); NAADAC/2.0(120 minutes) Counseling Services; NBCC CE Hours/2.0(120 minutes); OK (LPC/LMFT)/2.0(120 minutes); OK (OBLADC)/2.0(120 minutes)

**2026 The Power of Poetry to Enhance Therapeutic
 Efficacy: Creating and Conveying Meaning
 Through the Magic of Rhyming Words**

Course Type: Home-study video

Completion Date: 11/04/25

Score: **100%**

Presenter: Phillip Tietbohl, PhD, MEd, BS, LP

Course Description: Words have the power to improve the quality of life of those we work with and rhyming lines are particularly impactful. Discover the history and mystery of rhyme as a therapeutic tool and how sharing and creating poetry builds the therapeutic alliance and conveys understanding in long-lasting ways. This course will culminate with audience input to create a group poem for a sample of how rhymes produce meaningful messages and build cohesion and collaboration in the doing.

CE Offered: ASWB ACE/2.0(120 minutes) Intermediate, General; CE Broker/2.0(120 minutes) Counseling Theories, Counseling, CE Broker #20-1270215; CE Hours/2.0(120 minutes); IACET/0.2(120 minutes); NAADAC/2.0(120 minutes) Counseling Services; NBCC CE Hours/2.0(120 minutes); OK (LPC/LMFT)/2.0(120 minutes); OK (OBLADC)/2.0(120 minutes)



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Refer to each activity for specific information about credits offered.



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