

Annie Heartfield, MS, LPC is the owner of Heartfield Counseling, a private practice specializing in whole-person healing through talk therapy, mindful behavioral and cognitive growth, and including the physical body through mindfulness, breathing exercises, EMDR, working within nature, and other somatic experiences.

Annie's background includes her first career, Rolfing (R) Structural Integration, which underlies her orientation of bringing the body into the counseling process. In addition to a full time bodywork practice, Annie served on the Board of Directors of The Rolf Institute of Structural Integration, the clearing house and educational center for Rolfers around the world. She maintains her membership in the organization and a strong passion for the work of Ida Rolf.

After her ten-year Rolfing career, Annie returned to graduate school at Oklahoma State University, completed a Master's in Community Counseling and helped create the OSU-Tulsa Counseling Center and Training Clinic, where counseling for free is available to members of the community. During internship she worked at Tulsa's residential and outpatient drug and alcohol rehabilitation center, 12&12, in the dual diagnosis program for folks with both mental health and addiction challenges, provided group and individual counseling, educational classes, meditation/mindfulness training, and served on the Integrative Services Initiative Committee of the Oklahoma Department of Mental Health and Substance Abuse Services. It was there she began to develop her unique brand of judgment-free counseling for clients with self-reported substance abuse.

Late, Annie transferred to Domestic Violence Intervention Services/Call Rape, where she spent the next two years counseling and working with victims of domestic violence and sexual assault. Her team at DVIS/CR collaborated with Department of Human Services, police, criminal and civil court, shelter services, animal rescue, and more, on behalf of victims and their families.

Community organizing along political, spiritual and esoteric lines has been a strong thread throughout Annie's history. In 2008 she was a lead organizer for an event in Tulsa called Sacred Activism and the Power of Inclusion, a multi-day, grassroots-funded event which garnered over 750 attendees; a broad rainbow coalition of cultural, political and religious stripes. The event offered speakers, workshops, community conversations, therapeutic practice sessions, and had representation and collaboration from over 80 local social-justice and related nonprofits.

Annie was a founding board member of Sally's List, an organization in Oklahoma City whose charge was to recruit, develop and support progressive women across the state of Oklahoma to run for the Oklahoma State Legislature. Annie and her colleagues at Sally's List are directly responsible for several of Oklahoma's current state legislators, something she is particularly proud of. During her tenure on the board, Annie organized and hosted a sold-out luncheon at a downtown Tulsa conference center, Sally's List's first official public fundraiser. At the time of this writing, keynote speaker Marianne Williamson is currently engaged in her second bid for the United States Presidency.

Annie has served on the Board of Directors of the Tulsa Interfaith Alliance and is a professional member of various organizations including the American Counseling Association, Citizen Therapists for Democracy, Oklahoma Association for Multicultural Counseling and Development, and Association for Contextual Behavior Science.

For the past two decades, Annie has specialized in private counseling with individuals, couples, family, and other groups. She maintains a niche working with creatives and music industry professionals around the country via her relationship with the nonprofit Backline, which provides mental health and wellness resources for the music industry, in collaboration with other organizations such as Sweet Relief and Tulsa's Red Dirt Relief Fund, where she currently serves on the Advisory Council.