

PFP- Comebackers

Skill Set: Pitching- Fielding

Difficulty Level: Medium

Number of Athletes and Coaches: All pitchers, 1-2 shortstops, all first basemen, and 1 coach

Average Time to Complete: 10-15 minutes

Equipment Required: 1 fungo hitter (coach), bucket of baseballs, gloves, field with bases

Goal: Field the ground ball, make a good throw to the shortstop covering 2nd base

Description of the Drill:

- All pitchers in a line to the 3rd base side of the mound, with one pitcher on the mound (each pitcher has a baseball)
- At least 1 player at the shortstop position, covering 2nd base
- All 1st basemen in a line behind 1st base, with one 1st baseman on 1st base
- To start the drill, the pitcher on the mound pitches to the catcher
- Once the catcher catches the pitch, the coach will hit a ground ball (from a ball out of the bucket) to the pitcher
- Pitcher fields ground ball and makes a good throw to the shortstop at 2nd base, who then throws the ball to the 1st baseman (turn a double play)
- 1st baseman tosses the ball back to the pitcher, the pitcher then gets in the back of the line
- Players rotate through the line until each pitcher has fielded 10 ground balls

Layout of Drill:

