

GENE-*X*-CELLENCE



2022 Lady Xcellence Orientation



QUESTION:
**What do you think it
means to be EXCELLENT?**

EXCELLENCE

[ˈɛks(ə)ləns]

NOUN

the quality of being outstanding or extremely good.

"a center of academic excellence" • [more]

synonyms:

distinction • quality • high quality • superiority • brilliance • greatness
• merit • caliber • eminence • preeminence • supremacy • peerlessness
• transcendence • [more]

archaic

an outstanding feature or quality.

LADY XCELLENCE: HOW TO BE EXCELLENT



Financial
Literacy



Networking &
Communication



Goal
Setting



Career



Relationship



EXCELLENCE

OUR GOAL

The Goal

Our Mission:

Providing adolescents and young adults (ages 12-24) the guide to their full potential by overcoming adversity to build economic mobility

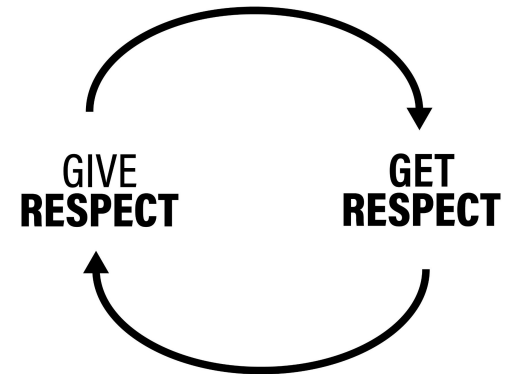
Our Vision:

To be the most influential mentoring and afterschool program in the Upstate

THE EXPECTATIONS

Our Expectations for You: We expect you.....

1. ... not to curse
2. ... to respect us and any adult present
3. ... to respect your peers
4. ... to respect yourself
5. ... to be attentive
6. ... to participate in all activities
7. ... to overall, be your best self



Your Expectations Of Us

1. We are committed to provide you with a positive , fun , and engaging learning environment.
 2. We are committed to provide you with a learning environment that is conducive to all learning styles.
 3. We are here to help you succeed with all your personal and educational goals.
 4. You expect us to be respectful to you as well.
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Guest Expectations

- Guests are **ONLY** allowed for the Mental Health & Personal Finance months
- Guests must sign a “Guest Form” and must sign it within 2 weeks of the class.
- The expectation for you will be the same expectations for our guests.
- You can **ONLY** invite **ONE** guest.
- Any disrespectful guest will be banned from coming to any other Gene Xcellence workshops.



Lady Xcellence Program Setup

What the Program Provides

Lady Xcellence Mentorship Program:

- Everyone will receive a thumb drive and folder
 - Networking
 - Get 1-on-1 sessions for your success
 - Free access to our events
 - Get first access to applications for scholarships and business grants given by the organization
 - Letter of Recommendations for colleges and jobs
 - Plenty of opportunity for volunteer work.
 - A sisterhood
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Scholarship

The scholarship is set at \$500 applications will be given out March 1st, 2023 and winner will be announced April 30th, 2023.

Requirements:

1. Must be a graduating senior
2. Complete Application
3. Provide unofficial transcript
4. Must attend at least 80% of the workshops
5. Must meet all expectations



Community Outreach

Each mentee will be required to volunteer at least one community outreach event.

- **Coat Drive**- November 19th, 2022
- **Toy Drive**- December 17th, 2022 with Upstate Circle of Friends
- **Diaper Drive**- February 18th, 2023 with Cricket Wireless
- **Back to School ReUp**- January 7th, 2023



Gene-xcellence Coat Drive

GREENVILLE COUNTY PRODUCE 9,600 ADULTS AND CHILDREN EXPERIENCE HOMELESSNESS WITHIN ONE YEAR

DONATE YOUR JACKETS FOR OUR
COAT DRIVE

Annually we provide free coats to children and adults in need.

Every winter we ask individuals in our community to donate lightly used coats to be distributed.

Spread excellence
Donate Today

www.gene-xcellence.org

GENE-XCELLENCE

The graphic features a background of gold confetti. It includes a photo of a person lying on a sidewalk, a photo of a person holding a bag of coats, and the Gene-xcellence logo.

How the Program is Set Up

- Must finish the application and pay application fee by September 4th, 2022.
 - We will meet every Sunday (expect holidays)
 - Topics are discussed in month to month basis.
 - The Individual Success Planning is for ladies 16 years old and older.
 - Schedules for each month will be given at the end of each month. For example, you will receive October's schedule by the end of September.
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We Are Invested In You

Life doesn't stop when you turn 18 and neither do we.

We want to serve 18-24 in one on one mentoring.

If they need more help they may come in as volunteers to the 12-17 workshops if needed.



Setting Up Google Classroom

1. Email Address is required (preferably Gmail)
2. Go to Google Classroom
3. Click Join Classroom
4. Enter the code: **wssyor6**
5. Nothing is in our classroom for right now but will be material will be added on as the program moves forward.



MONTHLY TOPICS & DISCUSSION

Sisters Saving Sisters

Sisters Saving Sisters is an evidence-based curriculum is to help young ladies understand safe sex and how to prevent STDs and early pregnancy. At the completion of the curriculum you will learn:

- The prevention of HIV, other STDs and pregnancy
- More positive attitudes/beliefs about condom use and the encouragement to use them
- Increased confidence in their ability to negotiate safer sex; therefore, increasing negotiation skills.
- Stronger intentions to use condoms if they have sex and learn how to use them
- A stronger sense of pride and responsibility in making a difference in their lives

Must have parent and/or legal guardian permission to attend the workshops

September & October: Self Awareness

- These two months are for used for confidence building.
- Being more self-aware can help make better career decisions and understanding your learning skill can help you better perform in school and at work.
- Being self-aware can help produce a more detailed resume for a job that suits you.
- Making SMART Goals
- The different tests you will take:
 - Myer-Briggs Personality Test
 - IQ Test
 - Learning Style Test



I AM GOOD AT _____

**I AM NOT GOOD AT
_____, BUT I WILL
IMPROVE BY _____**

November & December: Mental Health

- Guests are welcome in this month
- How to cope with stress, depression, and anxiety with a licensed therapist.
- Sisters Saving Sisters
- Christmas Party/Secret Santa
- Meditation and Yoga Training



**I ATTRACT PEACE &
HARMONY**

January & February: Personal Finance

- Guests are welcome this month
- Tips and tricks on how to budget and remain financially stable with any income and expenses
- Definition of credit, how it works, and how to use it
- Financial red flags and affirmations
- Investment options to build your net worth and develop generational wealth
- Using worksheets from the FDIC and a budget template from Spero Financial



What is a budget?

What is credit?

What is generational wealth?

What is passive income?

I AM FINANCIALLY STABLE

I AM WEALTHY

I AM RICH

I AM A MONEY MAKER

March & April: Career Development

Choose your future career and learn what steps to take to achieve your dream job !

Based on the information you received during your

I AM GOING TO BE A



Fun Outings



Marble Slab Creamery Downtown- September 11th

The Pixel Selfie Museum- October 9th \$24 per person

Fall For Greenville - October 16th

Spill The Beans - March 12th

Furman University - Showcase Saturdays Tour - April 9th

Skating With Excellence- Skateland USA- April 23rd

Lady Excellence Dinner - April 30th

Contact Us

It you have any questions, concerns, or someone to talk to please contact Young Afro-Excellence:

- Email: info@gene-xcellence.org
 - Website: <https://gene-xcellence.org>
 - Instagram: [gene_xcellence](https://www.instagram.com/gene_xcellence)
 - Facebook: [Gene Xcellence](https://www.facebook.com/GeneXcellence)
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