



# 2026 January Consecration Guide

**DISTURBING THE PEACE!**  
**Acts 17:6-9**



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Dr. Kyle J. Boyer, Senior Pastor



**Consecration Website**

[www.mountcarmelcogic.org/consecration](http://www.mountcarmelcogic.org/consecration)



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# It's time to Cause a Disturbance!



As we move into a new year, we're once again entering a season of consecration—a time we set aside to rekindle our prayer life, fast with intentionality, and renew our devotion to God's call on our lives. Our theme for January 2026 is “Disturbing the Peace!” and our focus scripture is Acts 17:6–9, where the early believers were described as those who “turned the world upside down.” They were bold witnesses with loud faith, and their loyalty to Christ disrupted the culture.

This is your personal invitation to step boldly into this season of consecration and lean in as we commit ourselves to living out our witness without apology!

As we do every January, we will engage in focused prayer and fasting, and will reflect as we participate in a ‘Book Revival’. This year, our aim is to make holy noise, to stand out for Christ in a culture of compromise, and to let the Gospel be seen, heard, and felt.

My prayer is that this January we get everything we need to rise to the call of being Christ's witnesses in the world. I hope, like me, you are expecting God to embolden us and to use us in a mighty way as we “disturb the peace” for His glory in 2026.

**Dr. Kyle J. Boyer**  
Senior Pastor





# Consecration Commitment

As we enter our January consecration, reflect on the areas in your life where God may be calling you to live out your witness boldly. Use this page to commit to your goals and identify the top 3 areas where you want to “Disturb the Peace”—where you are ready to stand for Christ, challenge the culture, and make holy noise through your faith. Throughout the month, let this page be a reminder of your dedication to this time of spiritual growth.

My Goals for This Consecration:

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3 Areas In Which I Can “Disturb the Peace” for Christ:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

*I affirm my commitment to participate in the 2026 January Consecration as fully as possible, including maintaining my fast, keeping daily devotion, attending regular worship, reading all of the Book Revival text, and participating in the Book Revival Discussion Sessions. I enter this time of consecration expecting God to embolden my witness, strengthen my faith, and use my life to “turn the world upside down” for His glory!*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# Defining Our Focus Terms

To help us fully engage during this season, here are brief definitions of key terms that support our theme for 2026:

## **1. Witness**

Living in such a way that Christ is clearly seen through our words, actions, and lifestyle—publicly identifying with Jesus even when it challenges expectations.

*Scripture Reference: Acts 1:8 — “You will receive power when the Holy Spirit has come upon you; and you will be my witnesses...”*

## **2. Boldness**

The Spirit-empowered courage to speak, act, and live for Christ without fear or hesitation, even when it disrupts the culture.

*Scripture Reference: Acts 4:31 — “...they were all filled with the Holy Spirit and spoke the word of God with boldness.”*

## **3. Disturbance**

A holy disruption—when our obedience to Christ challenges norms, unsettles complacency, and turns the world “upside down” for God’s glory. Disturbance is not chaos; it is Spirit-driven impact.

*Scripture Reference: Acts 17:6 — “These people... have been turning the world upside down...”*

## **4. Culture**

The patterns, values, expectations, and norms that shape how people think and live in the world. It is the collective mindset that often opposes or competes with God’s kingdom.

*Scripture Reference: Romans 12:2 — “Do not be conformed to this world, but be transformed...”*

## **5. Courage**

The inner strength God gives believers to stand firm, endure pressure, and remain faithful even when obedience is costly.

*Scripture Reference: Joshua 1:9 — “Be strong and courageous... for the LORD your God is with you.”*



# 2026 Theme

Our 2026 theme is “Disturbing the Peace!”, drawn from Acts 17:6, where early believers were described as people who “turned the world upside down” by boldly proclaiming Jesus. This January, we’re taking that call to heart, embracing the call to live out our faith clearly and courageously in a world that often pushes back against truth. This is not about causing chaos but about bringing holy disruption—shining light where things feel dark, speaking up where there is silence, and standing firm when it would be easier to blend in. This year, our aim is to take action, to walk in courage, to face the culture with conviction, and to make holy noise for Jesus.

# Fasting Guidance



Even moderate fasting depletes the body of water, making proper hydration crucial, especially on Full Fasting days. Drink plenty of water to sustain your energy and focus throughout the fast.

During fasting, your body enters ketosis, a process that burns stored fat and releases ketones, which can affect your breath. Avoid breath mints or chewing gum, as these can interfere with the fasting process. Instead, address bad breath by staying hydrated and maintaining good tongue hygiene through regular brushing.

## How to Properly Fast



Drink plenty of water throughout your fast to maintain focus and energy.



Reduce or eliminate activities that could pull you away from prayer and reflection, such as excessive screen time or unnecessary commitments.



If needed, adjust your fast to accommodate your physical needs. Consult a medical professional if you have underlying conditions or are on medication.



Replace meal times with prayer, worship, or Bible study to strengthen your relationship with God.



For added accountability, partner with someone who can support and encourage you throughout your fasting journey.



Expect moments of weakness or temptation. Turn to prayer and rely on God's sustaining power for strength.



When breaking your fast, start with light, nourishing foods to avoid overwhelming your body.

# Consecration Fast Plan

## All Month We Are Abstaining From



- Sweets
- Sugary Drinks
- Social Media (Facebook, Instagram, TikTok, Twitter/X)

## Full Fasting



- Tuesdays & Fridays until 6pm
- You MUST drink water to stay hydrated during the fast.
- Follow the guidance of healthcare professionals and accommodate as necessary.

## Daily Prayer and Devotion



- Daily 15-minute prayer and devotion at 8PM (Do not eat anything after this prayer)
- Pray in alignment with the weekly Prayer Focus and meditate on the Focus Passage for the week.
- Read Acts 17:1-9 Daily

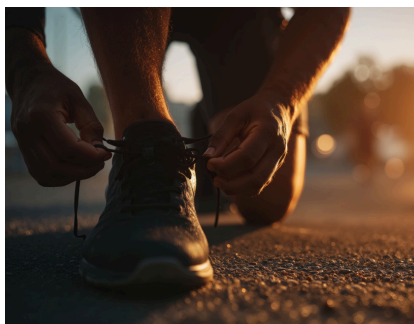
## Special Weekly Prayer Meeting



- Each Friday we will have an additional corporate prayer via conference call at 8pm
- Dial 605-313-6354, Access Code: 324552#

\*Please note, this time is IN ADDITION TO regular weekly prayer calls.

# Before the Consecration



## Preparing to Be A Disturbance!

**Prayer Emphasis:** Readiness to step fully into the season of consecration with clarity, and a heart.

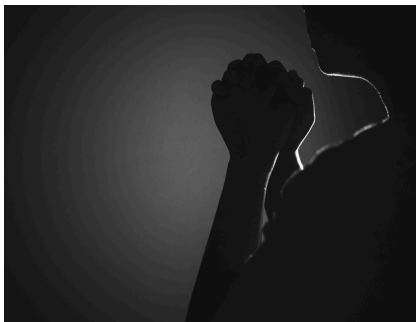
**Focus Passage:** Acts 17:6

**Guidance for Preparation:**

- **Seek God's Direction:** Spend time in prayer asking God to reveal areas of your life that need transformation during the consecration. Invite Him to prepare your heart and mind for the journey ahead.
- **Reflect on Your Goals:** Review the goals you wrote on the Consecration Commitment page. Pray over them, asking God for clarity and focus as you prepare to pursue growth in these areas.
- **Plan for Success:** Determine how you will structure your daily prayer, scripture reading, and fasting schedule. Make any necessary adjustments to your routine to be ready when the consecration begins.
- **Prepare Spiritually and Practically:** Ask God for the strength to stay committed and disciplined. Stock your home with things you need for your fast (e.g., appropriate foods or resources for your spiritual study).
- **Establish an Accountability System:** Share your commitment with a trusted friend, family member, or church leader who can pray with you and encourage you throughout the consecration.

# Week 1

## January 2-4



## Repentance & Cleansing

**Prayer Emphasis:** Returning to God through repentance, cleansing, and renewed purity so that a bold witness can flow from a purified heart.

**Focus Passage:** Psalm 51:10

**Consecration Guidance:**

- Ask God to search your heart and reveal anything that needs repentance, healing, or release.
- Confess sins and habits, and trust God's mercy to cleanse and restore you.
- Remove any barriers that hinder your walk with Christ.

# Week 2

## January 5-11



## Standing Apart

**Prayer Emphasis:** Strength to reject conformity to the world and to live distinctly for Christ in every area of life.

**Focus Passage:** Romans 12:2

**Consecration Guidance:**

- Ask God to reveal areas where your life reflects culture more than Christ.
- Commit to renewing your mind daily through scripture, prayer, and reflection.
- Make conscious choices that reflect kingdom values, even when they differ from the world's expectations.



# Week 3

## January 12-18



## Bold Obedience

**Prayer Emphasis:** Courage to boldly follow God's leading, even when obedience challenges norms or disrupts comfort.

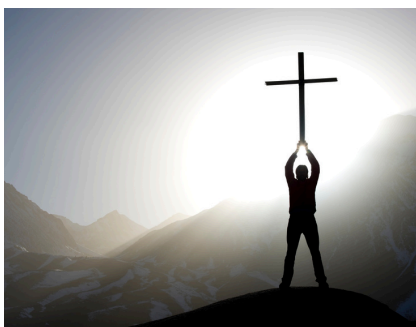
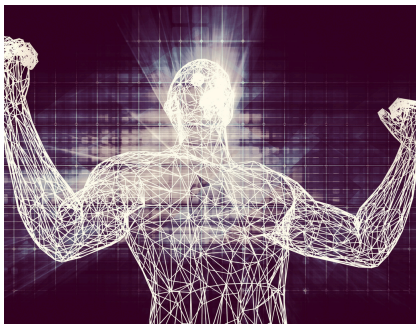
**Focus Passage:** Joshua 1:9

**Consecration Guidance:**

- Ask God to clarify the assignments and steps He is calling you to take.
- Choose to act promptly on God's direction rather than delaying out of fear or uncertainty.
- Embrace opportunities that stretch your faith and demand trust in God.

# Week 4

## January 19-25



## Being a Witness

**Prayer Emphasis:** A desire to make meaningful, Spirit-empowered impact through a bold, visible, and uncompromising Christian witness.

**Focus Passage:** Matthew 5:16

**Consecration Guidance:**

- Pray for God to open doors for you to influence others through word, action, and example.
- Look for opportunities to share Christ in your daily interactions.
- Serve and speak in ways that reveal Christ clearly, even in environments where faith might not be welcomed.

# After the Consecration



## Continuing to Disturb the Peace

**Prayer Emphasis:** Sustaining bold witness, courageous obedience, and counter-cultural living beyond the consecration.

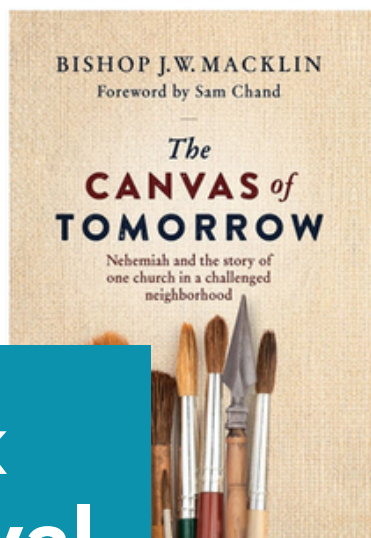
### Guidance for Moving Forward:

- **Stay Committed to Prayer and Devotion:** Keep daily time for prayer and Scripture to stay spiritually rooted and reflect on what you've gained during consecration.
- **Maintain a Spirit of Courage:** Identify where God is calling you to stand firm or live differently, and meet those moments with confidence.
- **Set New Spiritual Goals:** Build on your progress by setting clear goals for witness, service, and discipline, and revisit them regularly.
- **Engage with the Community:** Stay connected to your church family through worship, fellowship, and service, and seek accountability for encouragement.
- **Walk in Impact and Influence:** Trust God to guide you as you shine His light, confront darkness, and help “turn the world upside down” for Christ.

### Reflection Question:

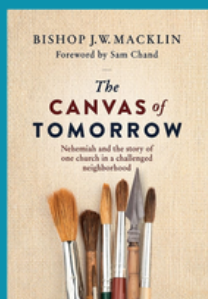
- How will you continue to “disturb the peace” for Christ now that the consecration has ended?

# Book Revival



“The Canvas of Tomorrow” by Bishop Jerry Macklin will be a powerful support to our 2026 theme, “Disturbing the Peace!” Through the story of Nehemiah, Bishop Macklin highlights how courage, compassion, and bold faith can rebuild what’s broken and confront the forces that resist God’s plan. Nehemiah stepped up in a time of ridicule and poverty to lead God’s people in restoring Jerusalem’s walls, and Bishop Macklin parallels this with his own leadership—trusting God, revitalizing a community, and inspiring renewed hope. This book combines lessons from Scripture with real stories of transformative ministry, challenging us to rise above comfort and embrace a courageous, visible witness. As we prepare for 2026, “The Canvas of Tomorrow” will equip us to pick up our own brush—to join God in reshaping our homes, neighborhoods, and church with holy boldness, fully convinced that “there is another King, named Jesus.”

# Book Revival Reading Guide



- 01 Make sure to do the Pre-Reading *before* January 1.
- 02 Each week, read the assigned chapters *before* the Wednesday night discussion session.
- 03 Join the discussion sessions each week ready to participate in the conversation.



*Zoom Link for Discussion Sessions*

## Reading and Discussion Schedule



**Before Jan 1**

- Foreword
- Introduction

**1**

**January 7**

- Chapter 1
- Chapter 2
- Chapter 3

**2**

**January 14**

- Chapter 4
- Chapter 5

**3**

**January 21**

- Chapter 6
- Chapter 7

**4**

**January 28**

- Chapter 8
- Chapter 9
- Chapter 10





# Seed Offering

Every year, during our January Consecration, we honor God through prayer, fasting, and giving. On January 25, 2026, Consecration Sunday, we will conclude this season by bringing a Consecration Seed Offering as an act of faith. This annual offering reflects our trust in God's plans and the growth He is working in our lives.

We invite everyone to prayerfully consider giving one of the suggested amounts, \$27, \$135, \$270, or some other amount God may be leading you to give, as a demonstration of faith and commitment. However, it's important to note that this special seed is not intended to replace regular tithes and offerings. Honesty and integrity are key in giving; **if giving a seed would take away from your tithes and offerings, it is better to refrain from giving the seed and remain faithful to your regular giving.**



# Consecration Reflection

Take a moment to reflect on your journey. Use this page to record your experiences, the lessons God has taught you, and the areas in which you have seen growth in boldness, courage, and your witness.

**My Reflections From The Consecration:**

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**Lessons God Taught Me:**

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_

**How I Will ‘Disturb the Peace’ For the Rest of 2026:**

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Contact Us

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