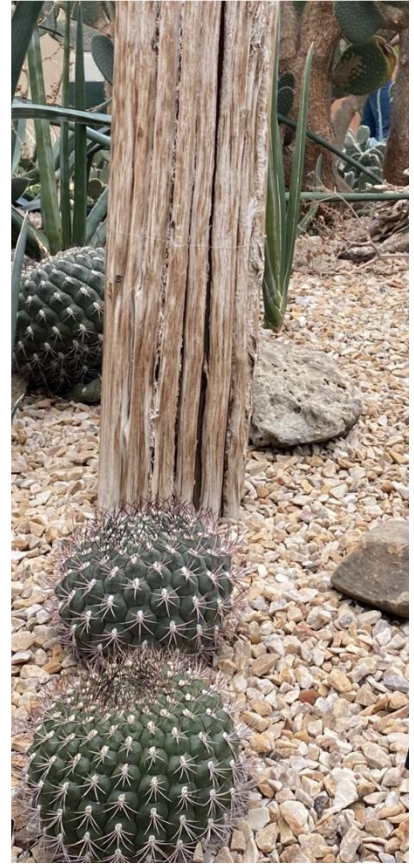


Dear All,

Greetings in the name of our Lord and Savior Jesus Christ!

This coming Sunday, March 9, is the first Sunday of Lent! Lent is a particularly important time for us Christians, as we reflect upon Jesus's fateful journey to the cross, with its many complexities of love and grief. The forty days of Lent are meant to be a re-embodiment of Jesus's forty days and forty nights in the desert wilderness being tempted by the satan. That will be our primary scripture passage this coming Sunday. In our exploration of it, we will take a look at how Jesus, led by the Spirit, spent that time in the wilderness and resisted the satan. In preparation for Sunday, I invite you reflect upon which spiritual practices might be helpful for you in this season of wilderness. What types of practices draw you closer to God? Do you have the ability to engage those practices right now?

We will continue our practice of hybrid worship. This means that you are welcome to join us in person and that you are welcome to join us from home, whatever works best for you. If you are able to access technology for online worship, we will be live streaming the service via Youtube and Facebook.



For Youtube Live, please go to our channel: https://www.youtube.com/channel/UCPh2zjtSFxk2uo9_YWEusCQ/, subscribe to it, and enable notifications. The live video should be up and running just before the service starts. If you watch later, click on our channel and then select "Live" videos. You can also watch afterward on our website at: <https://fpchighland.org/worship>.

For Facebook Live, please go to our page here: <https://www.facebook.com/firstpchighland/> around the start of worship. A recording of the service will remain on our Facebook page if you want to watch later.

As always, I have included worship materials, including the bulletin, readings, hymns, a sermon, and creative activities for disciples of all ages.

I leave you with these words from *Luke*:

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tested by the devil. He ate nothing at all during those days, and when they were over he was famished.

In Christ and with Love,

Rev. Tyler Orem