

HELENA ORTS

MITCHELL ASSOCIATES TALENT
Carissa Mitchell
NM • 505.262.9733
LA • 818.856.0355
carissa@mitchelltalent.com
www.mitchelltalent.com



SAG - AFTRA

Height: 6'1"

Hair: Brown

Eyes: Hazel

Ethnicity: European/Hispanic

FEATURE FILM

Operation Taco Gary's (2024)

Supporting

Rotten Production/ Dir. Michael Kvamme

The Preacher's House (2023)

Supporting

Dir. Sean Heyman

SHORT FILM

Split Open (2024)

Lead

Dir. Vahan Bedelian

Buscando a Julieta (2021)

Supporting

Full Emotions / Dir. Paulina Gálvez

A Driver's Tale

Supporting

Dir. Matt Reaves

THEATER

Red Light Winter (December 2025)

Producer & Lead

Dir. Lacy Fisher

The Spark of My Eyes (2023)

Lead

Brisk festival/ Dir. Luciana Di Laura

23 Turnips (writer)

Writer & Lead

Brisk festival/ Dir. Ian Daryk

TV MOVIE

Olden Times (2021)

Supporting

Dir. Patrick Scott Lewis

DOCUMENTARY

BJ: The Life and Times of Bosco & Jojo (2022)

Self

Dir. Sergio Bonacci LaPalma

Anthony Montes: The Montes Method (2020)

Self

Dir. Ellie Patrikios

COMMERCIALS * More available upon request.

Nike Olympics 2024

Principal

Somesuch Pro. / Kim Gehrig

Deloitte (2023)

Principal

Society, Inc. / Phil Montgomery

Under Armour (2023)

Principal

GLP Creative / Dir. Gary Land

FILA Mexico & Legado Innvictus (2022)

Principal

Eleva / Dir. Ricardo Torres

Ally Bank (2022)

Principal

Division7/ Dir. Dani Girdwood

POWERADE (2021)

Principal

Stink Films / Dir. Traktor

VOICEOVER

Midway

Dubbing into Spanish

Vox Studios

TRAINING

The Imagined Life

Aug 2020 - March 2025

Diana Castle

BFA in Acting

San Francisco, 2018

Academy Of Art University

LANGUAGES

❖ English - Proficiency

❖ Spanish - Native

❖ Catalan - Native

❖ French - Fluent

SPECIALIZED SKILLS

❖ Olympic Medalist Basketball Player

❖ CrossFit & Weightlifting Coach

❖ Lagree/ Pilates