

Adrienne D. Vaughn MD

Dr. Vaughn attended Incarnate Word High School in San Antonio Texas and graduated as the Salutatorian of the Class of 1982. She received a full academic scholarship to study as an undergraduate student at St. Mary's University, also in San Antonio, and after graduation, received her Medical-degree from the University of Texas Health Science Center in San Antonio (UTHSC-SA) in 1991. She completed 3 years of Medical Residency training in Miami Florida but returned in 1994 for Medical Fellowship training in the Medical Specialty field of Allergy, Asthma, and Immunology at UTHSC-SA. She began her own Allergy Practice, **Alamo Asthma and Allergy Associates** in North-Central San Antonio in 1999. While working as an Allergist, she became familiar with the benefits of integrating genetic testing into her medical practice. In 2021, she was selected as a "Top Doctor" in Allergy & Immunology (*the Scene in S.A. - Best Doctors list*). In 2023, she and Dr. Mike Vaughn developed the Genetics-Based Weight Loss Program as a Concierge Medical Service; designed specifically to allow them to spend more of their time with patients struggling to find help with weight loss and seeking to optimize their chances for long-term wellness.