A Clear and Complete Guide to Lively, Creative, Studio Painting

Instructor: Tom Nachreiner

This workshop is open to oil, water-soluble oils, acrylic, and pastel painters. Oil painters will see specific recommendations below. Pastel Artists of course will use their own materials they are used to.

• Minimum Colors - Oil Paint & Acrylic:
  Titanium White, Warm White, Cadmium Yellow Light, Cadmium Red Pale, Cadmium Red, Ultra Marine Blue, Cerulean Blue or Turquoise Blue.

• Here are colors and brands that I use and recommend for oil paint:
  Lucas or Richeson Titanium White, Gamblin Warm White, Richeson Cadmium Yellow Light, Richeson Cadmium Red Pale, Richeson Cadmium Red, Lucas 1862 Ultra Marine Blue, Richeson Turquoise Blue. With these colors you can mix all colors. and it makes for a better painting!

• You can buy all supplies on this sheet at Jerry’s Artorama - on line.

• Please no Student Grade oil paints.

• Brushes and palette knife. I recommend:
  • Richeson - Synthetic Blend Brights #8, #12
  • Richeson Gray Matters 1” Synthetic watercolor brush,
  • a Richeson script liner brush
  • rubber tipped shaper tool
- a small or medium size cheap Hardware brush. (around $2.00 ea.)
- Richeson Palette knife 3 7/8” x 1 3/8” - no tiny palette knifes.

- Canvas Panels in the following sizes. I recommend 2 primed Canvas Panels with a toned warm tan wash. \( \frac{11}{2} \text{ - } 12 \times 16” \) (I will sell some at the workshop too.)
- Richeson Grey Matters 12”x16” paper palette – w disposable gray sheets.
- Walnut oil to thin paint. No spirits. This can be found at the grocery store.
- Small container to hold just a little walnut oil at a time
- Ruler or tape measure
- Phone Camera
- Medical gloves
- Tape
- Plastic bags for trash (Supplied in studio)
- Richeson’s Jack’s Studio Soap (Supplied in studio)
- Easel: Furnished at NSAL
- Paper toweling
- Pen, Pencil, Note Paper
- Lots of questions