

North Shore Art League – **DEEP Dive: Color and Structure Workshop**, May 9<sup>th</sup> & 10<sup>th</sup>, 2026

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## WORKSHOP SUPPLY LIST & SUGGESTED READING LIST

(2- Day workshop, updated 3-6-26)

I will be painting in oils. If you choose to work in acrylic or watercolor, you'll need to already know how to use your materials. **\*\*Sorry, NO PASTELS\*\***

**NOTE:** please, for your own sake, **do not use student-grade paints and brushes**. You will only be frustrated. It's worth buying quality paint so it will behave properly. Cheap paint will hinder you.

**Oil Paint:** RECOMMENDED colors I have used Utrecht brand for over 30 years. [utrechthart.com](http://utrechthart.com)

- Titanium White
- Cadmium Lemon
- Cadmium Yellow light
- Cadmium Red light
- Alizarin Crimson
- Ultramarine Blue
- Prussian Blue
- Ivory Black

Using this limited palette will help you master color—it's a warm and cool of each primary color.

### **Brushes (suggestions- and only suggestions!)**

- Palette knife – I like a trowel shape, 2-3" (use what's comfortable for you)
- Genuine Hog bristle: I use filberts & brights (4, 6, 8, 10)
- Sables, brights in various sizes (2, 4)

**Palette** for mixing colors

**DISPOSABLE PAPER PALETTE or Reynolds FREEZER PAPER (taped to a table or Masonite board)** works well for those of us who are traveling. Easy to clean up.

You can use MASONITE hardboard spray-painted with a medium gray, gloss enamel auto paint.

A medium gray palette is great for judging colors.

### **For Clean up: (Oil Painters): NO SOLVENTS / TURPS / MINERAL SPIRITS / "ODORLESS" PAINT THINNER**

- Vegetable Oil
- Murphy's Oil Soap or Dawn dish liquid
- Foam or coated paper plates