

Sound of the Elements

Earth Na

"With the earth sound we are listening to the sound of all of life growing out of the earth"

"It is the sound of the growing of the spirit within a person"

"Becoming in tune with the cycle of our spirit – coming into our spring time, summer time, autumn time and winter time and then entering into the place of timelessness"

"The sound of the self and the sound of earth are the same"

"To understand the self is to understand our connection to the earth and its placement with all of the other galaxies and constellations and all of timelessness"

Water p'ah- un

"The sound of purification"

"Water is pure because it is light"

"Light is water and water is light"

"When one is drinking water, one is drinking light"

Fire Pi ah

"Fire is the sound of the heart"

"It is the energy that comes from the center of the circle"

"Fire cleanses into purity all that it touches"

"In order to grasp fire, is to understand the sacred fire that burns within"

"Beyond the light, there is an even greater, finer sense of light. As this light illuminates it becomes the great form that creates new forms"

Air Wa ah

"The air is the sound of the breathe of life"

"The physical air is one dimension which, once we have opened ourselves to, we can go into the next understanding and grasp the Spiritual Breathe of Life"

"The spiritual breathe can take us into deeper and deeper houses of understanding, into deeper meanings of itself"

Ether C'oh

"The void can be imagined as a place full of hundreds of millions of tiny creations not yet ready to take form"

"A place of endless potentiality for truth to manifest"

"Total darkness, just before the dawn, whence all things come from"

"Every single moment is a house where a new form explodes itself into a new idea, into a new understanding, into light"

The void is a place where nothing exists, it is as if to say that all forms that could have been found in the void are gone and the new creations that are being considered do not have a definition of as yet, therefore are levels of unknown."

"The no-thing place is the void."