# Sum Dan - 3rd Degree Black Belt

MINIMUM AGE: 23 Years

MINIMUM TIME IN GRADE: 3 Years as an Active Ee Dan

WPTSDA TESTING FEE: \$85.00

#### **GENERAL PREREQUISITES**

- 1. Minimum 3 Years Teaching and Training as a Ee Dan
- 2. WPTSDA Affiliate Member in Good Standing
- 3. Sound Moral Character
- 4. Record of High Achievement
- Loyalty to the Senior Instructor & WPTSDA Grandmaster
- 6. Contribution in Service to the WPTSDA
- 7. 400 Word Minimum Essay
  - A. "The Secret of Victory is to know Both Yourself and Your Enemy"
  - Essays are due a minimum of 30 days prior to date of examination
  - Each essay must be a separate document and may be submitted as a package
  - Must be typed and submitted via e-mail (preferred) or hard copy
  - Spelling and grammar will be considered

# **GENERAL KNOWLEDGE**

- 1. Good Knowledge and Ability of Lower Rank Requirements
- 2. Assist Teaching & Class Responsibilities
- 3. Ability to Conduct Formal Classes
- 4. Ability to Explain TSD Academically & Scientifically.
  - A. History
  - B. Philosophy
  - C. Techniques

# **ABILITY TO DEMONSTRATE** (Tempo, Timing, Balance, Grace)

#### 1. BASIC MOVEMENTS

- A. Punching Combinations
- B. Striking Combinations
- C. Blocking Combinations
- D. Kicking Combinations

## **ABILITY TO DEMONSTRATE** (continued)

# 2. **HYUNG** (Form)

- A. Kicho Hyung IL, Ee, & Sum
- B. Pyung Ahn Hyung Cho, Ee, Sum, Sa, & Oh
- C. Bassai Cho & Dae (Snake)
- D. Naihanji Cho, Ee, & Sum Dan (Horse)
- E. Jiin
- F. Ship Sum (Sei Shan Praying Mantis)
- G. Wang Su (Wansu Flying Swallow)
- H. Jin Te (Ship Soo Bear/Staff)

# 3. **DAE RYUN** (Sparring)

- A. One & Three Step Techniques
- B. Basic Sparring (Circle & Flow Attack)
- C. Semi Sparring
- D. Free Sparring
- E. Multiple Sparring (3 Attackers)

## 4. **SELF DEFENSE**

- A. Defense against Wrist Hold (2 attackers)
- B. Defense against Holds (collar & wrist) and Front Attack
- C. Defense against Bear Hug and Rear Attack
- D. Defense against Club and Knife Attack

#### BREAKING

By discretion of the Board of Examiners

NOTE: Candidates are responsible for supplying their required breaking materials.

#### 6. ASSIST WITH EVALUATION AND RESEARCH OF TSD

- A. History and Philosophy
- B. Dan Promotional Requirements
  - 1. General Requirements
  - 2. General Knowledge
  - 3. Ability To Demonstrate
- C. TSD Hyung and Technique Applications Judging Criteria