

Oh Dan - 5th Degree Master

MINIMUM AGE:	32 Years
MINIMUM TIME IN GRADE:	5 Years as an Active Sa Dan
WPTSDA TESTING FEE:	\$95.00

GENERAL PREREQUISITES

1. Minimum 5 Years Teaching and Training as a Sa Dan
2. Advisory Level
3. WPTSDA Affiliate Member in Good Standing
4. Sound Moral Character
5. Good Record of Teaching Experience
6. Loyalty to the Instructor & WPTSDA Grandmaster
7. Contribution in Service to the WPTSDA
8. 500 Word Minimum Essay
 - A. *"What is the Purpose and Philosophy Behind the Martial Arts?"*
 - B. List and Explain your TSD Hyung and Sparring Technique Judging Criteria
 - Essays are due a minimum of 30 days prior to date of examination
 - Each essay must be a separate document and may be submitted as a package
 - Must be typed and submitted via e-mail (preferred) or hard copy
 - Spelling and grammar will be considered

GENERAL KNOWLEDGE

1. Good Knowledge and Ability of Lower Rank Requirements
2. Dan Level Teaching & Class Responsibilities
3. Ability to Conduct Formal Classes
4. Ability to Explain TSD Academically & Scientifically,
 - A. History
 - B. Philosophy
 - C. Techniques

ABILITY TO DEMONSTRATE (Tempo, Timing, Balance, Grace)

1. **ALL BASIC MOVEMENTS**
 - A. Stances
 - B. Blocks
 - C. Punching
 - D. Strikes
 - E. Kicks

ABILITY TO DEMONSTRATE (continued)

With the following points being of primary importance.

- A. Form
- B. Balance
- C. Center of Gravity
- D. Power in the Hips
- E. Speed with Control
- F. Concentration of Forms
- G. Rhythm
- H. Timing
- I. Grace
- J. Force (KI)

2. **HYUNG** (Form)

- A. Jiin
- B. Ship Sum (Sei Shan - Praying Mantis)
- C. Wang Su (Wansu - Flying Swallow)
- D. Jin Te (Ship Soo - Bear/Staff)
- E. Jin Do (Ginto - Crane)
- F. Lo Hai (Rohai - Crane)
- G. Jion (Jion - Mountain Goat)
- H. Yuk Ro Cho Dan (Great Gate)

3. **DAE RYUN** (Sparring - Control)

- A. Basic Sparring
- B. Valence Continuously Flowing
- C. Semi Sparring
- D. Free Sparring
- E. Multiple Sparring (4 Attackers)

4. **SELF DEFENSE** (Multiple Attackers)

- A. 360° (Circle) Defense

5. **BREAKING**

Special Breaking