





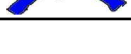


Chapter 9  
**EXAMINATIONS**

## BELT AND UNIFORM REQUIREMENTS





### UNDER BLACK BELT UNIFORM REQUIREMENTS

- 10<sup>th</sup> - 7<sup>th</sup> Gup Ranks shall wear a pure White Uniform with no trim
- 6<sup>th</sup> - 1<sup>st</sup> Gup Ranks may wear a Trimmed Jacket (lapel only) matching belt color
- Cho Dan Bo may wear a Midnight Blue Trimmed Jacket (full trim)

	RANK	BELT	JACKET	PANTS
	10 <sup>th</sup> Gup	White	White	White
	9 <sup>th</sup> Gup	Yellow	White	White
	8 <sup>th</sup> Gup	Orange	White	White
	7 <sup>th</sup> Gup	Purple	White	White
	6 <sup>th</sup> , 5 <sup>th</sup> , 4 <sup>th</sup> Gup	Green	White	White
	3 <sup>rd</sup> , 2 <sup>nd</sup> , 1 <sup>st</sup> Gup	Red	White	White
	Cho Dan Bo	Midnight Blue	Blue Trimmed	White



### DAN AND MASTER RANK UNIFORM REQUIREMENTS

- 1<sup>st</sup> - 3<sup>rd</sup> Dan Ranks shall have name and Gold Rank Stripes on left side and WPTSDA in Korean on right

	RANK	BELT	JACKET	PANTS
	1 <sup>st</sup> Dan	Black	Black Trimmed	Black
	2 <sup>nd</sup> Dan	Black	Black Trimmed	Black
	3 <sup>rd</sup> Dan	Black	Black Trimmed	Black
	4 <sup>th</sup> & 5 <sup>th</sup> Dan Master	Black w/Red Stripe	Black Trimmed	Black

### SENIOR MASTER AND GRAND MASTER RANK UNIFORM REQUIREMENTS

- 6<sup>th</sup> - 9<sup>th</sup> Dan Ranks shall have name and rank on left side and WPTSDA in Korean on right

	RANK	BELT	JACKET	PANTS
	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> Dan Senior Master	Black w/Red Stripe	Black Trimmed	Black
	9 <sup>th</sup> Dan Grand Master	Black w/Gold Trimmed Red Stripe	Black Trimmed	Black

### WORLD DANG SOO DO DRESS UNIFORM

- All Dan Ranks shall wear a white jacket with midnight blue trim and white pants.

## GUP REQUIREMENTS GUIDELINE

The following testing requirements are for all Gup ranks up through and including Cho Dan Bo. This is only meant as a guideline and does not strictly enforce the order in which the requirements are to be presented.

### LEARNING REQUIREMENTS

1. The Meaning of TANG SOO DO
2. Short History
3. WPTSDA Organization
4. Masters, Seniors, and Instructors
5. Meaning of the MOO DUK KWAN Emblem
6. Do Jang Rules and Procedures
7. Meaning of the Korean Flag
8. Rank System
9. Philosophy of the Belt System
10. Do Bahk Standards (folding, carrying, etc.)
11. Vital Points
12. Promotional Requirements

## PHYSICAL REQUIREMENTS

### STANCE

1. Attention
2. Ready (chun bee)
3. Forward Stance
4. Horse Stance
5. Back Stance
6. Cat Stance
7. Semi-Cat Stance
8. Cross Leg Stance
9. Crane Stance
10. Low/Squat Stance
11. Root Stance
12. Half Moon Stance
13. One Knee Stance
14. Sparring Stance

### POSTURE

1. Front
2. Half Front
3. Side

### BODY SHIFTING

1. Stepping Forward
2. Stepping Backward
3. Double Stepping
4. Slide-Stepping
5. Turn Stepping
6. Turning

**BLOCKING** (Deflection)

1. Downward Block
2. Upward Block
3. Outside-in Block
4. Inside-out Block
5. Knife Hand (soo do) Block
6. Forearm Block
7. Backhand Block
8. Sweeping Block
9. Bottom Fist Block
10. X-Block
11. Wedge Block
12. Palm Heel Block
13. Wrist Block
14. Bent Wrist Block

**PUNCHING** (Thrust)

1. Fore Fist
2. Vertical Fist
3. Roundhouse
4. Close/Hook
5. Hook
6. Palm Heel
7. One Knuckle
8. Four Knuckle
9. Spear Hand
10. Double Punch
11. U-Punch

**STRIKING** (Snapping)

1. Back fist (up, side, down)
2. Bottom Fist
3. Open Back Hand
4. Knife Hand (soo do)
5. Elbow
6. Ridge Hand
7. Palm Heel

**KICKING** (Snap / Thrust / Strike)

1. Knee (front, roundhouse)
2. Stomping
3. Front
4. Side
5. Roundhouse
6. Back
7. Crescent (inside, outside)
8. Pivot/Spin/Hook
9. Axe (inside, outside)
10. Jumping

**BASIC DEFENSE COMBINATION TECHNIQUES**

1. Concentration/Focus
2. One Step
3. Three Step
4. Five Step

**SEMI-SPARRING** (Continuous Countering Techniques)

1. Simple and Dynamic
2. Natural Flow
3. Automatic Reflex

**SEMI-SPARRING COMBINATION TECHNIQUES**

1. Concentration/Focus
2. Control Aggressiveness
3. Combination
4. Shifting
5. Distance
6. Response
7. Courage
8. Composure
9. Technique
10. Speed with Power

## GUP PROMOTIONAL REQUIREMENTS

*G*up Promotional Requirements are the minimum standards for belt advancement as set forth by the Western Pacific Tang Soo Do Association. As such, Gup candidates must have the ability and knowledge to demonstrate these minimum requirements as well as any requirements as set forth by the affiliate's Master Instructor.

## 10<sup>th</sup> Gup White Belt

**AGE REQUIREMENT:** None

**MINIMUM TIME IN GRADE:** 3 Months

### GENERAL REQUIREMENTS

This rank is assigned to individuals of good moral character who have completed a minimum of three (3) months training in an officially recognized WPTSDA affiliate.

### GENERAL KNOWLEDGE

1. Tang Soo Do History
2. Purpose of the Moo Duk Kwan
3. General Class Rules
4. Basic Do Jang Hygiene
5. Fundamentals of Basics

### ABILITY TO DEMONSTRATE

1. 360° Circle
2. Kicho Hyung IL Bu (Basic Form #1)

**9<sup>th</sup> Gup Yellow**  
**8<sup>th</sup> Gup Orange**  
**7<sup>th</sup> Gup Purple**

**AGE REQUIREMENT:** None

**MINIMUM TIME IN GRADE** 3 Month in each Grade

**GENERAL REQUIREMENTS**

9<sup>th</sup>, 8<sup>th</sup>, & 7<sup>th</sup> Gup are Beginner level ranks and are earned by individuals of good moral character who have completed a minimum of three (3) months training at each level with an officially recognized WPTSDA affiliate.

1. A Member of Good Standing
2. Sound Moral Character
3. Regular Do Jang Attendance

**GENERAL KNOWLEDGE**

1. Purpose of Warm-ups & Cool-down Exercises
2. Basic Tang Soo Do Terminology
3. Basic Tang Soo Do Etiquette
4. Understanding of Tang Soo Do Spirit
5. Fundamentals of Basics
  - A. Stances
  - B. Blocks
  - C. Punching
  - D. Strikes
  - E. Kicks

**ABILITY TO DEMONSTRATE**

1. 9<sup>th</sup> Gup Kicho Hyung Ee Bu (Basic Form #2)
2. 8<sup>th</sup> Gup Kicho Hyung Sum Bu (Basic Form #3)
3. 7<sup>th</sup> Gup Pyung Ahn Cho Dan (Formal Form #1)

## 6<sup>th</sup>, 5<sup>th</sup>, & 4<sup>th</sup> Gup Green Belt

**AGE REQUIREMENT:** None

**MINIMUM TIME IN GRADE:** 3 Months in each Grade

### GENERAL REQUIREMENTS

6<sup>th</sup>, 5<sup>th</sup>, & 4<sup>th</sup> Gup Green Belt are Intermediate level and are earned by individuals of good moral character who have completed a minimum of three (3) months training at each level with an officially recognized WPTSDA affiliate.

1. A Member of Good Standing
2. Sound Moral Character
3. Regular Do Jang Attendance

### GENERAL KNOWLEDGE

1. Reasonable Ability with All Lower Rank Requirements
2. Knowledge of Basic Principles of Tang Soo Do
3. Tang Soo Do Terminology
4. Tang Soo Do Etiquette
5. Development of Tang Soo Do Spirit
6. Fundamentals of Basics
  - A. Stances
  - B. Blocks
  - C. Punching
  - D. Strikes
  - E. Kicks

### ABILITY TO DEMONSTRATE

1. 6<sup>th</sup> Gup Pyung Ahn Ee Dan (Formal Form #2)
2. 5<sup>th</sup> Gup Pyung Ahn Sum Dan (Formal Forms #3)
3. 4<sup>th</sup> Gup Pyung Ahn Sa Dan (Formal Form #4)
4. One Step Techniques
5. Three Step Techniques
6. Semi & Free Sparring



## 3<sup>rd</sup>, 2<sup>nd</sup>, & 1<sup>st</sup> Gup Red Belt

**AGE REQUIREMENT:** None

**MINIMUM TIME IN GRADE:** 3 Month in each Grade

### GENERAL REQUIREMENTS

3<sup>rd</sup>, 2<sup>nd</sup>, & 1<sup>st</sup> Gup Red Belt are Advanced level and are earned by individuals of good moral character who have completed a minimum of three (3) months training at each level with an officially recognized WPTSDA affiliate.

1. A Member of Good Standing
2. Sound Moral Character
3. Regular Do Jang Attendance

### GENERAL KNOWLEDGE

1. Reasonable Ability with All Lower Rank Requirements
2. Moo Duk Kwan Organization
3. Knowledge of Tang Soo Do Composition, Function & Officials
4. Purpose and Function of Moo Duk Kwan
5. Moo Duk Kwan Founder
6. WPTSDA President & Chairman of the Board of Directors & Examiners
7. Understanding of Do Jang Training Methods
8. Tang Soo Do Terminology
9. Tang Soo Do Etiquette
10. Outstanding Development of Tang Soo Do Spirit
11. Fundamentals of Basics
  - A. Stances
  - B. Blocks
  - C. Punching
  - D. Strikes
  - E. Kicks

### ABILITY TO DEMONSTRATE

1. 3<sup>rd</sup> Gup Pyung Ahn Oh Dan (Formal Form #5)
2. 2<sup>nd</sup> Gup Bassai So (Snake)
3. 1<sup>st</sup> Gup Bassai Dae (Snake)
4. One Step Techniques
5. Three Step Techniques
6. Semi & Free Sparring

## **Cho Dan Bo Midnight Blue Belt**

**AGE REQUIREMENT:** None

**MINIMUM TIME IN GRADE:** 30 Months of training

### **GENERAL REQUIREMENTS**

Cho Dan Bo is the Probationary Black Belt level and is earned assigned by individuals of good moral character who are preparing for the Cho Dan (1<sup>st</sup> Degree) Black Belt Examination. The Cho Dan Bo rank is to provide the student with the necessary training and to evaluate their performance to determine their ability and maturity as a potential WPTSDA Dan member.

### **GENERAL KNOWLEDGE AND ABILITY TO DEMONSTRATE**

Candidates must be able to demonstrate any and all lower rank requirements and any requirements as set by each affiliates designated Master Instructor.

## **DAN (Black Belt) PROMOTIONAL REQUIREMENTS**

*D*an Promotional Requirements are the minimum standards for belt advancement as set forth by the Western Pacific Tang Soo Do Association. As such, Dan candidates must have the ability and knowledge to demonstrate these minimum requirements as well as any requirements as set forth by the WPTSD's Board of Examiners.

These Promotional Requirements and Examinations were approved by Grand Master Mariano J. Estioko, President of the Western Pacific Tang Soo Do Association and Chairman of the Board of Directors. These standard requirements are intended for use as a guide by WPTSDA affiliate organizations. Prior to permitting any student to apply for any Dan Examination, the Head Instructor(s) of each affiliate must ensure that the student is well versed in Tang Soo Do terminology and must also vouch for the student's character, sincerity, effort, etiquette, self-control and loyalty. If the applicant them self is an affiliate Head Instructor, then approval to participate in a Dan Promotional Examination must be obtained from the WPTSDA Board of Directors or from Grand Master Estioko.

## **APPLICATION FOR DAN PROMOTION**

*A*ll persons wishing to participate in an upcoming Dan Promotional Exam MUST complete the Application for Dan Promotion prior to participation in said Dan Promotional Exam.

Test fees are for Western Pacific Tang Soo Do ONLY and additional fees may be applied by your specific Instructor, Dojang, or Affiliate Organization.

To apply to participate in an upcoming Dan Promotional Exam, click the link below.

**[Application for Dan Promotion](#)**

## Cho Dan - 1<sup>st</sup> Degree Black Belt

<b>MINIMUM AGE:</b>	<b>18 Years</b> (13 Years for Junior candidates)
<b>MINIMUM TIME IN GRADE:</b>	<b>42 Months of training, 12 Months as Cho Dan Bo</b>
<b>WPTSDA TESTING FEE:</b>	<b>\$75.00</b>

### GENERAL REQUIREMENTS

Cho Dan, 1<sup>st</sup> Degree Black Belt are Instructor level ranks and are earned by individuals of good moral character who have completed a minimum of twelve (12) months training at Cho Dan Bo with an officially recognized WPTSDA affiliate.

1. WPTSDA Affiliate Member in Good Standing
  2. Sound Moral Character
  3. Record of High Achievement
  4. 300 Word Each Minimum Essay
    - A. *"What Black belt means to Me"*
    - B. *"What Responsibility Goes Along with Wearing a Black Belt?"*
    - C. *"What is Your Goal After Becoming a Black Belt?"*
- *Essays are due a minimum of 30 days prior to date of examination*
  - *Each essay must be a separate document and may be submitted as a package*
  - *Must be typed and submitted via e-mail (preferred) or hard copy*
  - *Spelling and grammar will be considered*

### GENERAL KNOWLEDGE

1. Reasonable Knowledge and Ability of all Lower Rank Requirements
2. Tang Soo Do Organization
3. Knowledge of Tang Soo Do, Composition, Function and Officials
4. Purpose and Function of Traditional TSD
5. WPTSDA Grandmaster and Chairman of the Board of Directors
6. Understanding of Do Jang Training Methods
7. TSD Terminology
8. TSD Etiquette
9. Outstanding Development of TSD Spirit
10. Assistant Teaching Responsibilities
11. Ability to Conduct Formal Classes

**ABILITY TO DEMONSTRATE** (Tempo, Timing, Balance, Grace)

1. **BASIC MOVEMENTS**

- A. Punching
- B. Striking
- C. Blocking
- D. Kicking

2. **HYUNG** (Form)

- A. Kicho Hyung IL, Ee, & Sum
- B. Pyung Ahn Hyung Cho, Ee, Sum, Sa, & Oh
- C. Bassai So & Dae (Snake)
- D. Naihanji Cho Dan (Horse)

3. **DAE RYUN** (Sparring)

- A. One Step Techniques (IL Soo Sik)
- B. Three Step Techniques (Sum Soo Sik)
- C. Semi Sparring
- D. Free Sparring

4. **SELF DEFENSE**

- A. Defense against Holds (collar & wrist)
- B. Defense against Full Nelson, Headlock, and Bear Hug
- C. Defense against Club Attack

5. **BREAKING**

By discretion of the Board of Examiners

**NOTE: Candidates are responsible for supplying their required breaking materials.**

## Ee Dan - 2<sup>nd</sup> Degree Black Belt

<b>MINIMUM AGE:</b>	<b>20 Years</b>
<b>MINIMUM TIME IN GRADE:</b>	<b>2 Years Active as a Cho Dan</b>
<b>WPTSDA TESTING FEE:</b>	<b>\$80.00</b>

### GENERAL PREREQUISITES

1. Minimum 2 Years Teaching and Training as a Cho Dan
2. WPTSDA Affiliate Member in Good Standing
3. Sound Moral Character
4. Record of High Achievement
5. Loyalty to the Senior Instructor
6. Contribution in Service to the WPTSDA
7. 350 Word Each Minimum Essay: "WHY MUST YOU ..."
  - A. "... Be Deadly Serious in Tang Soo Do Training?"
  - B. "... Train with Both heart and Soul without Worrying about Theory"
  - C. "... Avoid Self-Conceit and Dogmatism"
  - Essays are due a minimum of 30 days prior to date of examination
  - Each essay must be a separate document and may be submitted as a package
  - Must be typed and submitted via e-mail (preferred) or hard copy
  - Spelling and grammar will be considered

### GENERAL KNOWLEDGE

1. Good Knowledge and Ability of Lower Rank Requirements
2. Assist Teaching & Class Responsibilities
3. Ability to Conduct Formal Classes
4. Ability to Explain TSD Academically & Scientifically:
  - A. History
  - B. Philosophy
  - C. Techniques

### ABILITY TO DEMONSTRATE (Tempo, Timing, Balance, Grace)

1. **BASIC MOVEMENTS**
  - A. Punching Combinations
  - B. Striking Combinations
  - C. Blocking Combinations
  - D. Kicking Combinations

**ABILITY TO DEMONSTRATE** (continued)

2. **HYUNG** (Form)

- A. Kicho Hyung Il, Ee, & Sum
- B. Pyung Ahn Hyung Cho, Ee, Sum, Sa, & Oh
- C. Bassai So & Dae (Snake)
- D. Naihanji Cho & Ee Dan (Horse)
- E. Jiin
- F. Ship Sum (Sei Shan - Praying Mantis)

3. **DAE RYUN** (Sparring)

- A. Three Step Techniques (Sum Soo Sik)
- B. Five Step Techniques (Oh Soo Sik)
- C. Semi Sparring
- D. Free Sparring
- E. Multiple Sparring (2 Attackers)

4. **SELF DEFENSE**

- A. Defense against Holds (collar & wrist)
- B. Defense against Full Nelson, Headlock, and Bear Hug
- C. Defense against Club and Knife Attack

5. **BREAKING**

By discretion of the Board of Examiners

**NOTE: Candidates are responsible for supplying their required breaking materials.**

## Sum Dan - 3<sup>rd</sup> Degree Black Belt

**MINIMUM AGE:** 23 Years

**MINIMUM TIME IN GRADE:** 3 Years as an Active Ee Dan

**WPTSDA TESTING FEE:** \$85.00

### GENERAL PREREQUISITES

1. Minimum 3 Years Teaching and Training as a Ee Dan
2. WPTSDA Affiliate Member in Good Standing
3. Sound Moral Character
4. Record of High Achievement
5. Loyalty to the Senior Instructor & WPTSDA Grandmaster
6. Contribution in Service to the WPTSDA
7. 400 Word Minimum Essay
  - A. *"The Secret of Victory is to know Both Yourself and Your Enemy"*
    - Essays are due a minimum of 30 days prior to date of examination
    - Each essay must be a separate document and may be submitted as a package
    - Must be typed and submitted via e-mail (preferred) or hard copy
    - Spelling and grammar will be considered

### GENERAL KNOWLEDGE

1. Good Knowledge and Ability of Lower Rank Requirements
2. Assist Teaching & Class Responsibilities
3. Ability to Conduct Formal Classes
4. Ability to Explain TSD Academically & Scientifically.
  - A. History
  - B. Philosophy
  - C. Techniques

### ABILITY TO DEMONSTRATE (Tempo, Timing, Balance, Grace)

1. **BASIC MOVEMENTS**
  - A. Punching Combinations
  - B. Striking Combinations
  - C. Blocking Combinations
  - D. Kicking Combinations



**ABILITY TO DEMONSTRATE** (continued)

2. **HYUNG** (Form)

- A. Kicho Hyung IL, Ee, & Sum
- B. Pyung Ahn Hyung Cho, Ee, Sum, Sa, & Oh
- C. Bassai Cho & Dae (Snake)
- D. Naihanji Cho, Ee, & Sum Dan (Horse)
- E. Jiin
- F. Ship Sum (Sei Shan - Praying Mantis)
- G. Wang Su (Wansu - Flying Swallow)
- H. Jin Te (Ship Soo - Bear/Staff)

3. **DAE RYUN** (Sparring)

- A. One & Three Step Techniques
- B. Basic Sparring (Circle & Flow Attack)
- C. Semi Sparring
- D. Free Sparring
- E. Multiple Sparring (3 Attackers)

4. **SELF DEFENSE**

- A. Defense against Wrist Hold (2 attackers)
- B. Defense against Holds (collar & wrist) and Front Attack
- C. Defense against Bear Hug and Rear Attack
- D. Defense against Club and Knife Attack

5. **BREAKING**

By discretion of the Board of Examiners

**NOTE: Candidates are responsible for supplying their required breaking materials.**

6. **ASSIST WITH EVALUATION AND RESEARCH OF TSD**

- A. History and Philosophy
- B. Dan Promotional Requirements
  - 1. General Requirements
  - 2. General Knowledge
  - 3. Ability To Demonstrate
- C. TSD Hyung and Technique Applications Judging Criteria

## Sa Dan - 4<sup>th</sup> Degree Master

<b>MINIMUM AGE:</b>	<b>27 Years</b>
<b>MINIMUM TIME IN GRADE:</b>	<b>4 Years as an Active Sum Dan</b>
<b>WPTSDA TESTING FEE:</b>	<b>\$90.00</b>

### GENERAL PREREQUISITES

1. Minimum 4 Years Teaching and Training as Sum Dan
2. Assist at Advisory Level
3. WPTSDA Affiliate Member in Good Standing
4. Sound Moral Character
5. Good Record of Teaching Experience
6. Loyalty to the Instructor & WPTSDA Grandmaster
7. Contribution in Service to the WPTSDA
8. 450 Word Minimum Essay
  - A. *"What is the Main Principle of the Martial Arts?"*
  - B. *List and Explain your TSD Hyung and Sparring Technique Judging Criteria*
  - Essays are due a minimum of 30 days prior to date of examination
  - Each essay must be a separate document and may be submitted as a package
  - Must be typed and submitted via e-mail (preferred) or hard copy
  - Spelling and grammar will be considered

### GENERAL KNOWLEDGE

1. Good Knowledge and Ability of Lower Rank Requirements
2. Dan Level Teaching & Class Responsibilities
3. Ability to Conduct Formal Classes
4. Ability to Explain TSD Academically & Scientifically.
  - A. History
  - B. Philosophy
  - C. Techniques

### ABILITY TO DEMONSTRATE (Tempo, Timing, Balance, Grace)

1. **ALL BASIC MOVEMENTS**
  - A. Stances
  - B. Blocks
  - C. Punching
  - D. Strikes
  - E. Kicks

**ABILITY TO DEMONSTRATE** (continued)

With the following points being of primary importance.

- A. Form
  - B. Balance
  - C. Center of Gravity
  - D. Power in the Hips
  - E. Speed with Control
  - F. Concentration of Forms
  - G. Rhythm
  - H. Timing
  - I. Grace
  - J. Force (KI)
2. **HYUNG** (Form)
- A. Jiin
  - B. Ship Sum (Sei Shan - Praying Mantis)
  - C. Wang Su (Wansu - Flying Swallow)
  - D. Jin Te (Ship Soo - Bear/Staff)
  - E. Jin Do (Ginto - Crane)
  - F. Lo Hai (Rohai - Crane)
  - G. Jion (Jion - Mountain Goat)
  - H. Yuk Ro Cho Dan (Great Gate)
3. **DAE RYUN** (Sparring - Control)
- A. Basic Sparring
  - B. Valence Continuously Flowing
  - C. Semi Sparring
  - D. Free Sparring
  - E. Multiple Sparring (4 Attackers)
4. **SELF DEFENSE** (Multiple Attackers)
- A. 360° (Circle) Defense
5. **BREAKING**
- Special Breaking
6. Evaluate and Research the Meaning, History, Application, and Characteristics of Each Advanced Hyung.

## Oh Dan - 5<sup>th</sup> Degree Master

<b>MINIMUM AGE:</b>	<b>32 Years</b>
<b>MINIMUM TIME IN GRADE:</b>	<b>5 Years as an Active Sa Dan</b>
<b>WPTSDA TESTING FEE:</b>	<b>\$95.00</b>

### GENERAL PREREQUISITES

1. Minimum 5 Years Teaching and Training as a Sa Dan
2. Advisory Level
3. WPTSDA Affiliate Member in Good Standing
4. Sound Moral Character
5. Good Record of Teaching Experience
6. Loyalty to the Instructor & WPTSDA Grandmaster
7. Contribution in Service to the WPTSDA
8. 500 Word Minimum Essay
  - A. *"What is the Purpose and Philosophy Behind the Martial Arts?"*
  - B. List and Explain your TSD Hyung and Sparring Technique Judging Criteria
    - Essays are due a minimum of 30 days prior to date of examination
    - Each essay must be a separate document and may be submitted as a package
    - Must be typed and submitted via e-mail (preferred) or hard copy
    - Spelling and grammar will be considered

### GENERAL KNOWLEDGE

1. Good Knowledge and Ability of Lower Rank Requirements
2. Dan Level Teaching & Class Responsibilities
3. Ability to Conduct Formal Classes
4. Ability to Explain TSD Academically & Scientifically,
  - A. History
  - B. Philosophy
  - C. Techniques

### ABILITY TO DEMONSTRATE (Tempo, Timing, Balance, Grace)

1. **ALL BASIC MOVEMENTS**
  - A. Stances
  - B. Blocks
  - C. Punching
  - D. Strikes
  - E. Kicks

**ABILITY TO DEMONSTRATE** (continued)

With the following points being of primary importance.

- A. Form
- B. Balance
- C. Center of Gravity
- D. Power in the Hips
- E. Speed with Control
- F. Concentration of Forms
- G. Rhythm
- H. Timing
- I. Grace
- J. Force (KI)

2. **HYUNG** (Form)

- A. Jiin
- B. Ship Sum (Sei Shan - Praying Mantis)
- C. Wang Su (Wansu - Flying Swallow)
- D. Jin Te (Ship Soo - Bear/Staff)
- E. Jin Do (Ginto - Crane)
- F. Lo Hai (Rohai - Crane)
- G. Jion (Jion - Mountain Goat)
- H. Yuk Ro Cho Dan (Great Gate)

3. **DAE RYUN** (Sparring - Control)

- A. Basic Sparring
- B. Valence Continuously Flowing
- C. Semi Sparring
- D. Free Sparring
- E. Multiple Sparring (4 Attackers)

4. **SELF DEFENSE** (Multiple Attackers)

- A. 360° (Circle) Defense

5. **BREAKING**

Special Breaking

## Yook Dan - 6<sup>th</sup> Degree Master

<b>MINIMUM AGE:</b>	<b>38 Years</b>
<b>MINIMUM TIME IN GRADE:</b>	<b>6 Years as an Active Oh Dan</b>
<b>WPTSDA TESTING FEE:</b>	<b>\$100.00</b>

### GENERAL PREREQUISITES

1. Minimum 6 Years Teaching and Training as an Oh Dan
2. Advisory Level
3. WPTSDA Affiliate Member in Good Standing
4. Sound Moral Character
5. Promote and Regulate Do Jang Attendance
6. Good Record of Teaching Experience
7. Loyalty to the Instructor & WPTSDA Grandmaster
8. Contribution in Service to the WPTSDA
9. Annual Promotional Examination Proposal
10. Propose Criteria for Judging TSD Hyung and Sparring Techniques

### GENERAL KNOWLEDGE

1. Good Knowledge and Ability of Lower Rank Requirements and Standards
2. Dan Level Teaching & Class Responsibilities
3. Ability to Promote and Conduct Formal Classes
4. Ability to Explain Academically & Scientifically, TSD:
  - A. History
  - B. Philosophy
  - C. Techniques
5. Assist and Plan Annual Summer Camp and/or Public Martial Arts Exhibition

### ABILITY TO DEMONSTRATE (Tempo, Timing, Balance, Grace)

1. Perfection Stressed on All Gup and Dan Basics
2. A Continuous Purification of Mental, Physical and Spiritual Dedication of TSD Applications and Techniques

**ABILITY TO DEMONSTRATE** (continued)

3.    **HYUNG** (Form)
  - A.   Jiin
  - B.   Ship Sum (Sei Shan - Praying Mantis)
  - C.   Wang Shu (Wansu - Flying Swallow)
  - D.   Jin Te (Ship Soo - Bear/Staff)
  - E.   Jin Do (Ginto - Crane)
  - F.   Lo Hai (Rohai - Crane)
  - G.   Jion (Jion - Mountain Goat)
  - H.   Yuk Ro Cho Dan (Great Gate)
  - I.   Kong Song Kun So (Kosokun Sho - Eagle)
  - J.   Yuk Ro E Dan (Cutting the Middle)
4.    **DAE RYUN** (Advanced Sparring - Self Control)
  - A.   Perfect Basics
  - B.   Circulatory Rhythm of TSD Valence Stressed
  - C.   Semi Sparring
  - D.   Free Sparring (Dynamic and Flexibility)
5.    Evaluation and Research the Meaning, History, Application, and Characteristics of Each Advanced Hyung.

**Chil Dan - 7<sup>th</sup> Degree Senior Master**  
**Pal Dan - 8<sup>th</sup> Degree Senior Master**  
**Koo Dan - 9<sup>th</sup> Degree WPTSD Grand Master**

**MINIMUM AGE:** 45, 53, & 62 Years respectively

**MINIMUM TIME IN GRADE:** 7, 8, & 9 Years Active respectively

**WPTSDA TESTING FEE:** \$105.00, \$110.00, & \$115.00 respectively

**GENERAL PREREQUISITES**

1. Minimum 7, 8, & 9 Years Teaching and Training as a Yook, Chil, and Pal Dan
2. Advisory Board Level
3. WPTSDA Affiliate Member in Good Standing
4. Sound Moral Character
5. Promotes, Organizes, Coordinates, Controls, Motivates, and Evaluates Organizational Structure Annually
6. Loyalty to the Instructor & WPTSDA Grand Master
7. Cooperative Contribution in Service to the WPTSDA and Community Services
8. Annual Promotional Examination Proposal
9. Evaluate Annual Promotional Examination Requirements and Objectives
  - A. Assess Needs
  - B. Priorities
  - C. TSD Objectives
  - D. TSD Planning
  - E. TSD Budgeting
  - F. TSD Operation
  - G. TSD Analysis
10. Stress TSD Hyungs and Application of Techniques to its Highest Standards
11. Must Coordinate with the following Organizational Systems
  - A. Effective Communication
  - B. Voluntary Cooperation
  - C. Personal Contacts
  - D. Use of Dan Committee Members
  - E. Monthly Seminar Training/Meetings



**GENERAL KNOWLEDGE**

1. History of TSD and Korean National Flag
2. Philosophy and Principles
3. TSD Attitude (Mentally & Spiritually)
4. Standard Operating Procedure
5. TSD Basic Organizational Foundation
6. TSD Terminology
7. TSD Etiquette
8. Do Jang Classes
9. Meditation and Benediction
10. Rules of Conduct

**ABILITY TO DEMONSTRATE** (Tempo, Timing, Balance, Grace)

1. Perfection Stressed on TSD Basics
2. Exemplify the Code of Conduct for Masters and Instructors