

**Karate Inspires Confident Kids
K.I.C.K. Program**

Exceed Martial Arts and its instructors are committed to the development and growth of your child. Our GOAL is to help instill in your child a sense of Values and Worth. The **K.I.C.K.** Program was designed to help teach each child about Goal Setting, Responsibility, Commitment, and the Value of an Earned Reward!

The **K.I.C.K.** Program requires your child to earn the cost of their Sparring Safety Gear by completing assignments that are agreed upon by both You and Your Child. You and Your Child are encouraged to work together to determine, implement, complete, and commit to the program.

Implementing the **K.I.C.K.** Program.

1. Assignment Goals should be Realistic and Attainable
2. Discuss and agree to the assignments Your Child is capable of completing.
3. **Suggested time period:** 2-3 Weeks.
4. **Their Goal:** Complete Assignments.
5. **Your Goal:** Encourage and Help them Succeed.
6. Post the checklist in a Highly Visible Location. I.E. Refrigerator.
7. Initial each assignment once completed.
8. Save and file the completed checklist.
9. Place Order for Sparring Safety Gear.
10. Allow 2 weeks for delivery once the order has been placed.

Imagine how Good your child will feel as they watch with excitement and anticipation as they complete each assignment. And the **PRIDE** you'll feel as you watch your child take on the responsibility of working to earn their Sparring Safety Gear.

NOTE: When you see that your child is close to completing their assignments, place your Safety Gear order early so they will receive their hard earned Reward as soon as they complete the **K.I.C.K.** program. Remember to allow 2 weeks once your order has been placed.

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MY GOAL

_____ \$ _____

I, _____ will do whatever it takes to earn my required Karate Sparring Safety Gear. I, along with my Parent(s), have agreed to the following list of assignments that I must may not be allowed to participate in any Sparring activities until I have earned and received my Karate Sparring Safety Gear.

I agree that I will only use my Karate Sparring Safety Gear in supervised class activities and approved events.

I agree not to misuse my Karate Sparring Safety Gear to intentionally hit, kick, or harm others.

	Assignments	Initials
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____
9.	_____	_____
10.	_____	_____

_____ has worked very hard to complete all of the above assignments to earn the credit needed for their Karate Sparring Safety Gear. I am very happy and satisfied with the amount of effort and commitment put into completing these assignments.

Parent's Signature _____ Date _____