

Ee Dan - 2nd Degree Black Belt

MINIMUM AGE:	20 Years
MINIMUM TIME IN GRADE:	2 Years Active as a Cho Dan
WPTSDA TESTING FEE:	\$80.00

GENERAL PREREQUISITES

1. Minimum 2 Years Teaching and Training as a Cho Dan
2. WPTSDA Affiliate Member in Good Standing
3. Sound Moral Character
4. Record of High Achievement
5. Loyalty to the Senior Instructor
6. Contribution in Service to the WPTSDA
7. 350 Word Each Minimum Essay: "WHY MUST YOU ..."
 - A. "... Be Deadly Serious in Tang Soo Do Training?"
 - B. "... Train with Both heart and Soul without Worrying about Theory"
 - C. "... Avoid Self-Conceit and Dogmatism"
 - Essays are due a minimum of 30 days prior to date of examination
 - Each essay must be a separate document and may be submitted as a package
 - Must be typed and submitted via e-mail (preferred) or hard copy
 - Spelling and grammar will be considered

GENERAL KNOWLEDGE

1. Good Knowledge and Ability of Lower Rank Requirements
2. Assist Teaching & Class Responsibilities
3. Ability to Conduct Formal Classes
4. Ability to Explain TSD Academically & Scientifically:
 - A. History
 - B. Philosophy
 - C. Techniques

ABILITY TO DEMONSTRATE (Tempo, Timing, Balance, Grace)

1. **BASIC MOVEMENTS**
 - A. Punching Combinations
 - B. Striking Combinations
 - C. Blocking Combinations
 - D. Kicking Combinations

ABILITY TO DEMONSTRATE (continued)

2. **HYUNG** (Form)

- A. Kicho Hyung Il, Ee, & Sum
- B. Pyung Ahn Hyung Cho, Ee, Sum, Sa, & Oh
- C. Bassai So & Dae (Snake)
- D. Naihanji Cho & Ee Dan (Horse)
- E. Jiin
- F. Ship Sum (Sei Shan - Praying Mantis)

3. **DAE RYUN** (Sparring)

- A. Three Step Techniques (Sum Soo Sik)
- B. Five Step Techniques (Oh Soo Sik)
- C. Semi Sparring
- D. Free Sparring
- E. Multiple Sparring (2 Attackers)

4. **SELF DEFENSE**

- A. Defense against Holds (collar & wrist)
- B. Defense against Full Nelson, Headlock, and Bear Hug
- C. Defense against Club and Knife Attack

5. **BREAKING**

By discretion of the Board of Examiners

NOTE: Candidates are responsible for supplying their required breaking materials.