

Reconstruction

By Aviva Okrent

Realms form above and below
Modah ani for this magnificent flow
Of energies to reconstruct our world anew
With human helpers to see this through

We need your support
Expect to feel like a new cohort
Actions, thoughts and deeds
These are the seeds
That we ask you to plant
Each day you are out and galavanting

Spread your light from heart vibrations
Rising in elevation
Each time you do
Remember, reconstruction is in you too

Begin small
One day at a time is the call
To action with simple shifts you make
As if you were creating a delicious cake

Each ingredient is mixed with love
So it is from below and above
Grace is all around
Focus on those elements you found

In connection from the energy of reconstruction
With love and peace - we restate our instruction
Be aware
To the change in the air
Smile and play
The energies come your way

Bless the sun, moon and stars
Shine your brightness as you are!

We love you, we do
Reconstruction is in you