



CHARLOTTE DESTINATION GROUP

**SPEAKERS,
INSTRUCTORS &
ENTERTAINERS
TO ENERGIZE YOUR
VIRTUAL MEETING!**

**Inspirational, Motivational, Comedic,
Health & Wellness**

ENTERTAINER - MAGICIAN, MENTALIST & MOTIVATIONAL SPEAKER

HAYDEN CHILDRESS



Hayden Childress is a producer, magician, and mentalist based here in Charlotte. However, he performs and produces an original show all across the country for colleges, theaters and organizations such as Amazon and Lamborghini. Hayden also completed a [TED talk on interactive performance](#) which emphasizes the importance of audience engagement.

Hayden's presentations and performances encourage the audience to think differently and look at the world from a new point of view tying in themes from magic, behavioral psychology and business.

VIRTUAL MEETING OFFERINGS

OPTION A – 15-minute session

A 10-minute thought-provoking magic performance followed by a 5-minute synopsis of how the performance lends itself to exploring the world from a new point of view. Attendees will be left in awe with a fresh outlook on how to approach a “new normal.”

OPTION B - 30-minute session including magic performance, presentation and Q&A

A 10-minute magic performance followed by a presentation discussing how the themes of the performance relate to the current economic climate and a Q&A.

This content is relevant now because some industries could be changed forever. Our minds are naturally inclined to see the world and the future as predictable, fixed and constant. However, the one and only true constant over time is change. This is why as a business, it is important to truly understand your *core function* rather than the secondary characteristics you use to define your industry.

OPTION C – 60-minute interactive session

Elements from Option B plus a modified version of Hayden's [TED Talk](#). During this performance, Hayden will do a combination of asking everyone in the webinar to do something together with Hayden, as well as bring on individual volunteers to assist with different mentalism demonstrations. The session highlights:

- Interactivity and how to engage a room. Also ties in the benefits of actual engagement vs. observation.
- Showing how our brains work when processing a magic trick, and how thinking like a magician can get you ahead at work.
- Logical fallacies that our minds go through when making decisions and how we are influenced to behave irrationally.

ENTERTAINERS - COMEDY

LAUREN ANSLEY (comedy, skill sharpening)



Based in Charlotte, NC, Stand-Up Comedian and Founder of Beerly Funny, Lauren Ansley has been a feature performer in several Carolina comedy festivals and was named one of the comedians to know in Charlotte by Charlotte Five. Lauren's passion to make others laugh her slight southern accent are only overshadowed by her infectious smile and abnormal height of 5'13". Now in the world of social distancing and quarantine, Beerly Funny has gone virtual, offering stand-up comedy shows and happy hours online.

Meeting Offerings:

OPTION A – 15 MINUTE MEETING KICKOFF OR CLOSING

Stand-Up Comedy Routine - A light-hearted and entertaining comedy performance including stories like a recent trip to the grocery store where she panic-bought 23 frozen burritos. Lauren's unique and funny perspective in these challenging times will help elicit a few chuckles and promote a positive headspace for all participants. Custom material for your industry or organization possible!

OPTION B – 30 MINUTE HAPPY HOUR or MEETING FACILITATION

Virtual Happy Hour with a Comedian - Drinks optional! Same as the "Stand-Up Comedy Routine" Option plus engaging conversation with the attendees. Includes meeting hosting and/or facilitation.

How much time speaking: 15 minutes.

How much time in Q&A: 15 minutes. This time will be spent in general conversation, answering questions, providing general entertainment.

OPTION C - How to Use a "Yes, And" Approach in Responding to Customer Needs – 30 MINUTE SESSION

Using proven improv methods and an interactive discussion, attendees will learn how to reframe and identify new opportunities from customer feedback. Perfect for groups and organizations with customizable and/or large product offerings. Breakout are utilized to facilitate further, in-depth discussion.

How much time speaking: 10-15 minutes. Majority of time will be spent in general discussion.

How much time in Q&A: 10-15 minutes. Includes breakout sessions and final review as a group.

TARA BROWN (comedy)

VIRTUAL MEETING OFFERING: 30-minute standup comedy set



Tara Brown performs clean and family-friendly comedy across the country. The nationally touring headlining comedians she has shared stages with have included Ilana Glazer, Cristela Alonzo, Ryan Hamilton, Jimmie “JJ” Walker, and the late John Witherspoon. She has been featured on WBTV-TV, WJZY-TV, WBT Radio, Carolina Gateway, and The Charlotte Post. CharlotteFive.com named her as one of “The Standup Comedians You Need to Know in Charlotte;” while Queen City

Nerve named her as “Best Comedian” for 2019 in their “Best of the Nest Readers’ Picks.” In addition, Tara is the most recent winner of the “Jeanne Robertson’s Comedy with Class Humor Competition.”

Tara has performed at corporate, industry and ministry events, and was a featured performer at the Laughlin Laugh Festival, the Oak City Comedy Festival, the North Carolina Comedy Festival, the Queen City Comedy Experience, and for the Blumenthal Performing Arts Center’s “Best of the Best Open Mic Celebration.” Tara is also the producer and host of a Clean Comedy Brunch series at The Comedy Zone in Charlotte.

A native of Brooklyn, New York, Tara Brown now resides in Charlotte, North Carolina.

As a standup comedian in my fifties, my style of family-friendly humor resonates with Gen X’ers and Baby Boomers alike, and my plain spoken and down-to-earth style has earned me a rapport with younger audiences as well. In addition, I am 51 years old, and started performing standup comedy at the “ripe old age” of 45 years old, which reminds people that it is never too late to start something new.

Tara has performed virtually during the pandemic and includes comedic material as it relates to stay-at-home orders that all audiences can relate to.

DON GARRETT (comedy, motivational)



Don Garrett lives in Charlotte, NC. The Virginia native is the self-proclaimed "Chuff Daddy" of Comedy. His clean and witty comedic style is suitable for people of all ages. Named one of Charlotte's Up-And-Coming Comedians to watch in 2017, Don captivates audiences all over the East Coast and beyond. Don's motto is "Laughter is an instant vacation." He loves every opportunity to provide a laughter filled journey. Don has performed in various festivals and produced the Unfiltered Comedy Show in the 2019 Queen City Comedy Experience. Don has opened for Sean Patton and Last Comic Standing winner Jon Reep. Don has performed as a stand-up comedian for almost 3 years.

VIRTUAL MEETING OFFERING:

OPTION A - "Laughter is an Instant Vacation" – 15-Minute Session

- 10-minute HR-friendly, PG comedy set
- 5-minute interactive motivational exercise/speech

Motivational exercises include attendees stating the first word they think of to describe themselves followed by the first word their friends would use to describe them. This is relevant because it builds character and starts or ends the day on a positive note. It encourages positive personal morale which, in turn, boosts professional morale.

OPTION B - "Laughter is an Instant Vacation" – 30-Minute Session

An expanded version of the 15-minute session plus Q & A

- 15-minute HR-friendly, PG comedy set
- 10-minute interactive motivational exercise/speech
- 5-minute interactive Q&A giving attendees a chance to learn more about Don's career path and comedic journey.

MOTIVATIONAL/INSPIRATIONAL SPEAKERS

Mike Mooney (motivational with sports background)

VIRTUAL MEETING OFFERING – 30 Minutes with Q&A



It would be easy to say that Mike's career has been going in circles for the last 25 years in the high-speed world of motorsports. Mike built a reputation for creating award-winning campaigns having represented many highly regarded brands such as Mercedes-Benz, 3M, Tylenol, Walmart, Eli Lilly, and Fifth Third Bank. With a passion for personal empowerment, self-development, and results, Mike left racing to share the lessons and experiences from a high-pressure, high-

visibility and high-performing career. His breakthrough book, *Reputation Shift – Lessons from Pit Road to the Boardroom*, is a roadmap with ready-to-use personal branding and reputation-building strategies for people who want to create greater personal and professional opportunities.

An April 21, 2020 study by Kaiser Family Foundation (KFF) found that nearly (45%) half of adults in the U.S. reported their mental health has been negatively impacted by the COVID-19 virus. One of the greatest challenges for leaders right now is keeping teams connected in meaningful ways as they are feeling isolated while trying to keep their attitudes/emotions in a positive space and we are finding that words of encouragement just aren't enough!

Mike developed his *Mind Shift* session from his first-hand experiences in the career in the highly uncertain world of professional racing. What is certain, though, is that our ability to survive (and thrive) is dependent upon our mindsets! Mike's session focuses on three specific elements of mindset - *Control, Emotion, and Perspective* - to guide your team towards a more positive mindset for greater health and performance!

Mike will energize your team by delivering the key messages with high-energy, using real-world examples, asking questions and encouraging conversation during the allotted time.

RENEE MACHEL (motivational, health & wellness)



Renee Machel is a nationally recognized wellbeing speaker, certified life coach and business consultant. She is a registered yoga instructor, mindfulness, and meditation guide. As the founder of Mind of Bliss, and co-founder of Get MotiVETed she aims to provide a positive impact on people's wellbeing. She has spent over 15 years in the veterinary industry as a hospital leader and technician. She now shares her personal story of overcoming wellbeing struggles and key teachings in managing personal and professional wellbeing and development. Through her work with Mind of Bliss, she addresses the needs across many industries to enhance individuals' sense of well-

being and the culture within organizations. Renee speaks and trains on many topics of well-being. ● Mindfulness ● Leadership ● Anxiety ● Gratitude ● Inclusion ● Self-Care ● Balanced Living ● Stress Management ● Holistic Personal/Professional Development

VIRTUAL MEETING OFFERINGS:

OPTION A - 15-minute motivational session

Renee will start with a brief introduction of who she is and why she is here today. She will highlight 3 R's: **Realign** awareness into the moment with active breathwork; **Reengage** through intentions; **Rejuvenate** energy moving forward and empower individuals. Stale energy and stress can deplete and fog people's way of being. Between summertime knocking on the door, and COVID keeping the doors closed, now is the perfect time to go inward to maximize the way you lead your day.

OPTION B - 30-minute motivational sessional (20 minutes speaking, 10 mins Q &A)

In addition to the above, Renee will address the key stressors people are facing today. She will customize depending on your audience but can 1) provide basic tips for implementing mindful practices to reduce stress or 2) provide basic tips for next-level professional development or leadership habits.

OPTION C – 60-minute interactive motivational session

Choose from the following sessions:

- 1) Cultivate mindfulness-based practices to reduce stress and process challenging experiences. Facilitate Mindfulness Exercises.
- 2) Recognize, establish, and implement effective and healthy boundaries, including navigating broken boundaries. Facilitate Boundaries Game.
- 3) Design a 360-degree Work/Life Balance Plan of action guided and supported by your unique core values and principles. Will have attendees design their own Work/Life Balance Roadmap.

SCOTT PACITTI, PLANET IMPROV (motivational, teambuilding)



As the president and founder of the 13-year-old nonprofit, Planet Improv, Inc. and the for-profit Planet Improv Educational Services LLC, Scott Pacitti has become a great influencer in Charlotte and vicinity for nearly 25 years. He wears many hats including educator, entertainer, actor, director, facilitator, leader, motivational speaker, collaborator and multiple business owner. Mr. Pacitti's mission and the mission of his businesses is empowering people of all ages to grow socially and emotionally through applied improvisation, play, creativity and imagination, with an emphasis on children of all ages & grade levels in underserved and economically-challenged educational communities.

VIRTUAL MEETING OFFERINGS:

OPTION A - The Improv Mindset in the COVID-19 Era – 15 Minute Session

Our facilitator presents the three main building blocks of improvisational theatre and the improvisational mindset and follows up each building block with a short high-energy audience interaction to connect the building block concept with its successful execution using “real world professional skills and talents.” The interaction is designed to be fun and funny – a great way to kick off any virtual meeting!

OPTION B -The Improv Mindset in the COVID-19 Era – 30 Minute Session

It contains the same concepts as the 15-minute session but adds three more building blocks (for a total of six) and three more high-energy interactions.

OPTION C- Team-Bonding Improv Experience – 60 Minute Interactive Session

Stress relief at its best, this session incorporates discussions that are included in the 30-minute session followed by improv-themed activities that will directly engage participants. The facilitator gets the audience warmed up, then engages them directly by acting and reacting to their responses. By the very nature of Improv, all interaction is unscripted, or “off the cuff,” so as the interaction builds, so does the energy. The facilitator's imagination and experience in quick-witted improv play - which is influenced by the audience's response – results in a good-humored, high-impact team-bonding experience!

WELLNESS INSTRUCTOR

[GRACE MILLSAP](#) (health & wellness)



Grace Millsap (500 ERYT, Ayurveda Wellness Counselor) is a lover of life, science geek, and passionate advocate for all forms of health - for all forms of people. While physical well-being may have gotten Grace onto a mat for the first time, she kept coming back for the peace, clarity and overall joy she gained from the practice. Grace spent 5 years in the fast-paced, high-pressure, scientist world where she conducted research for UNC-Chapel Hill in the intersecting fields of nutrition, genetics, and neuroscience.

In 2013, she completed her first yoga teacher training and immediately began to draw connections between modern science, ancient yogic science and philosophy. Since then, Grace's heart has been set on fire, and she has taught over 2000 hours in Charlotte, local and international retreat and yoga festivals, and her classes can be found online. Grace's classes include the weaving of ancient tantric technology with a focus on breath and presence, and an added splash of humor and sparkle.

VIRTUAL MEETING OFFERINGS:

Option A - 15-Minute Virtual Meeting Opening, Closing or Break

Instruction

Grace is able to provide personalized meditations, chair yoga or energizing breathwork to complement any online meeting. These short sessions will help the meeting attendees settle into their seats, engage their attention neural networks, provide moments for pause and integration, for long days of learning.

Option B - 30-Minute Virtual Meeting Instruction

Same as above, but these longer sessions allow for complementing practices and the combining of breath, meditation and body movements. Grace is also able to present information on the connections of mindfulness and stress reduction with a depth of experience in presenting workshops for continuing education for current yoga teachers.

Grace's Availability:

Monday - Wednesday 7am - 11am, 2pm - 4pm

Thursday - Friday 11:30am - 4pm

[TO VIEW THE FULL PACKAGE, MORE INFORMATION AND STANDARD PRICING, PLEASE DOWNLOAD THE PDF NOW.](#)



“ONE PRICE” SPEAKER PACKAGES

- 1) **Meeting Opening or Closing Session - \$150**
A 15-minute motivational meeting kickoff, closing or break
- 2) **Guest Speaker - \$250**
A 30-minute interaction. Formats may include 30-minute speech or 15-20- minute speech with a 10-15-minute Q&A.
- 3) **Interactive Keynote – \$400**
A 60-minute interactive session. Format may include standard speech plus audience participation or short teambuilding activity and time for Q&A.

SUPER SIMPLE BOOKING

- Choose from speakers/entertainers/instructors listed above
- Contact CDG with any questions or to book
- CDG will confirm availability, schedule the speaker and put you in direct contact with the speaker to discuss specifics
- Payment may be made to CDG by credit card, ACH/wire transfer or business check.

For more information or to book a speaker/entertainer, please contact:

Kymerly Brantigan

704-375-1815

kbrantigan@charlottedestination.com

Most of our speakers and entertainers will customize content to specifically address your company or industry.

Please let us know what special requests you may have.

We will be adding to our speaker lineup so please revisit us at

www.enhancemv.com.

Thank you so much for **SUPPORTING LOCAL**, and your attendees will thank you for providing much needed relief from virtual meeting fatigue!