

Jay De La Garza
Exact address removed
Stillwater, OK
Jay.d.delagarza@gmail.com

EDUCATION

2021 **M.S. Psychological Sciences**
With a dual focus in Personality and Developmental psychology
University of Texas at Dallas (UTD)
Overall GPA: 4.0

2019 **B.A. Psychology**
2019 **B.S. Applied Behavior Analysis**
University of North Texas (UNT)
Psychology GPA: 4.0
Behavior Analysis GPA: 4.0

CLINICAL EXPERIENCE

Neuropsychological Tester, Coach, & Onboarding Manager

Live More Simply Inc.

Supervisor: Stuart Robinson, PhD.

Private Practice for Neurodiverse Adults

2018- 2021

Direct Contact (1,120 hours accrued as of 4/30/21)

Neuropsychological Testing

- Administered tests include Wechsler–Bellevue Intelligence Scale (WAIS-IV), Integrated Visual and Auditory (IVA), Awareness of Social Inference Test (TASIT), Scan 3: Test for Auditory Processing Disorders, Grooved Pegboard, Minnesota Multiphasic Personality Inventory (MMPI), Nelson-Denny Reading Test, and the Scholastic Abilities Test for Adults (SATA)
- I developed protocols for test administration and automated scoring by creating excel systems.

Coaching (332.5 hours/sessions held as of 4/30/21)

- Coaching topics included:
 - executive functioning, job hunting/interviewing, vocational success, study skills, communication/relationships, assertiveness, time management and more.
- Methods were empirically based and tailored to each individual. Methods included:
 - Challenging Belief Worksheets, DESC method for communication, Exposure and Response Prevention, ABA (preference assessments, and reinforcement-based interventions, shaping, chaining), and others.

Indirect Contact

- Scheduled and billed the patients I tested and coached.
- Wrote the first draft of 65-page patient reports based on the diagnosis and test scores.
- Led weekly staff meetings and conducted staff performance reviews.
- Searched for, interviewed, and trained new employees. Trained employees included an LP, LPA, and PhD student. Skills taught:
 - How to apply therapeutic knowledge and identify intersectionality among neurodiverse patients.
 - The logistics and expectations of working in a private practice.
 - How to administer our neuropsychological test battery

PUBLICATIONS

Barnett, M. D. & **De La Garza, J. M.** (2019). Clinging to Power, Clinging to Life: Rightwing authoritarianism, social dominance orientation, and attitudes toward life extension. *Death Studies*, 1–7. doi: 10.1080/07481187.2019.1699204.

Barnett, M. D. & **De La Garza, J. D.** (in review). Attitude towards death, not religious commitment, mediates the relationship between political ideology and attitude towards life extension. *Death Studies*.

POSTER PRESENTATIONS

De La Garza, J. D., DeBrabander, K. M., Jones, D., & Sasson, N. (2021, April). *Trait perception and preferences of autistic and non-autistic adults*. Master's poster defense/presentation at the University of Texas at Dallas, Richardson, TX.

De La Garza, J. M., Van Vleet, S. C., Cantu, C., Clark, K. A., Millward, K. A., & Barnett, M. D. (2018, February; 2018, May; 2018, April; 2018, November). *The big five demonstrate different relationships with ageism and aging anxiety*. Poster presentation in the McNair Conference Spring 2018, Denton, TX and the University Scholars Day, Denton, TX. Poster submitted for presentation at the Southwestern Psychological Association, Houston, TX and the Gerontological Society of America Conference, Boston, MA.

De La Garza, J. M., Maciel, I. V., Bridenbaugh, A. J., Zepeda, E. J., Galvez, A. M., Kovacs, A. T., & Barnett, M. D. (2018, April). *Is enjoying sexualized attention good for women's psychosexual health?* Poster presentation at the Southwestern Psychological Association, Houston, TX and University Scholars Day, Denton, TX.

Ryals, A., Cortez, J., **De La Garza, J. M.** (2018, August). *Does cognitive inhibition play a role in the police officers dilemma?* Poster presented at the annual UNT McNair Scholars Convention held in Denton, TX. Also presented at the UNT Psychology Research Fair in Denton, TX.

De La Garza, J. M., Mora, W. E., Morales, S. S., & Barnett, M. D. (2019, April). *Right wing authoritarianism, social dominance orientation, and attitudes toward life extension*. Poster presented at the Southwestern Psychological Association, Albuquerque, NM.

RESEARCH EXPERIENCE

Graduate Research Assistant

Development of Social Cognition Laboratory

Laboratory Director: Noah J. Sasson, PhD.

University of Texas at Dallas, Department of Behavior and Brain Sciences

2019- Present

- Brainstormed new study ideas, posted time slots on SONA, transcribed videos, conducted literature reviews, and ran participants
- Ensured the direction of our research centered and improved the lives of autistic people
- Led meetings discussing the approach and methodology of extant research in autism

Research Projects

Title of Study 1: Personality Preferences of Autistic and Non-Autistic Adults

Title of Study 2: Effects of Prejudice on Perceived Value of Personality Traits

- Wrote a formal proposal for these studies
- Wrote and submitted the IRB with other lab-mates
- Collaborated with another lab to modify a scale

- Moved study online with the onset of the COVID-19 global pandemic
- Drafted an accompanying manuscript

Lab Coordinator, Writing Coach, Data Team Leader and Research Assistant

Neuropsychosocial Laboratory

Laboratory Director: Michael D. Barnett, PhD.

University of North Texas Department of Psychology

2017- 2018

Lab Coordinator (Human Resource)

- Arranged, interviewed, and evaluated candidates
- Integrated new lab members
- Allocated duties across 30 RA's
- Improved team morale and productivity
- Managed lab meetings—kept attendance records, made room reservations, and reminded my PI of discussion topics

Writing Coach (Librarian)

- Coached lab members on manuscript and poster writing
- Conducted literature reviews
- Created and upkept databases of relevant scales and articles

Data Team Leader (*accrued over 85 logged hours of data entry*)

- Managed the 10-member data-entry division
- Created datasets, coded, scored, and entered participant responses
- Trained RA's on data entry and running SPSS analyses
- Created excel systems that reduced errors and increased efficiency for health analytic data

Research Projects

Title of Study: Neuropsychological Correlates of Verbal Narrative Style

- Scheduled, conducted, and assessed 7 lingual participant-interviews
- Administered the WTAR, Oral Trail Making, D-KEFS Verbal Fluency, D-KEFS Color-Word Interference Test, Digit Span, and CPT3.
- Trained RA's on recording software, "Audacity"

Title of Study: Health and Perceptions of Aging

- Conducted 27 interviews at nursing homes and community centers across the metroplex
- Recruited facilities and established rapport with management for this and future studies

Title of Study: The Influence of Olfactory Stimuli on Psychological Processes

- Interviewed participants after exposing them to an olfactory stimulus
- Administered the Trail Making, Oral Trail Making, D-KEFS Color-Word Interference, D-KEFS Verbal Fluency, Digit Span, and CPT3 tests.

Research Assistant

Neurocognitive Laboratory

Laboratory Director: Anthony J. Ryals, Ph.D.

University of North Texas Department of Psychology

2018- 2019

- Administered psychological tests to 10 participants
 - Ishihara's Tests for Color-Deficiency, Stroop Effect computer test, Eriksen Flanker task, Go/No-go task, and the *Police Task* test programmed by the lab
- Coded data in binary and sorted responses by stimulus type
- Reviewed and analyzed 156 eye-tracking stimulus data cases

GRANTS, HONORS & SCHOLARSHIPS

2020	Master's Research Fellowship Program recipient (MRFP)
2018	UNT Scholarship for Continuing Students recipient
2017- 2019	President's List for UNT, College of Psychology
2016- 2018	Pathway scholarship recipient
2016	Dean's List for University of Texas at Dallas

PROFESSIONAL AFFILIATIONS

2018 - 2019	American Psychological Society Undergraduate Student Member
2018 - 2019	Delta Alpha Pi International Honor Society member (President)
2018 - 2020	Texas Psychology Association Student Member
2018 - 2021	Yoga Alliance Certified Yoga Instructor RYT-200
2018 - Present	Psi Chi International Honor Society member

TECHNOLOGICAL SKILLS

Clinical

My Clients+ billing software
Appointment Plus
Telecommunication/Telemedicine (Doxy.me, Zoom, Teams *et al.*)
DocuSign
Pearson Report Writing Software
Simple Practice
Nolo

Research

Empatica (E4)—Health Analytic software
EyeLink 1000—Eye Tracking Software
EEG

Research Participant Interface

E-Prime
Qualtrics
REDCap
SONA system

Analytical Software

SPSS Statistical Program
PROCESS macro for SPSS (Hayes)

COMMUNITY SERVICE

- 2020 **Support Group Leader for Trans Adults**
- Led a weekly support group in-between group therapy sessions
 - This was during the beginning of COVID and served to help attendees through this time of job loss, social isolation, and housing relocation.
- 2018 - 2019 **Yoga Instructor for Neurologically & Physically Diverse Adults**
- Specifically tailored and taught weekly classes to neurodiverse adults
 - Classes acted as a social exposure and also had goals to reduce anxiety, increase confidence, and improve coordination.
 - Organized the first campus-wide yoga event for students with physical disabilities at UNT
 - Classes focused on increasing range of motion to make everyday activities easier and were wheelchair accessible.
- 2016 - 2019 **Student Tutor/Mentor**
- I tutored students in differential calculus, psychology, manuscript-writing, statistics, and experimental methods.
- 2016 - 2017 **Humans of UTD Photographer**
- Photographed and interviewed students/faculty to promote diversity awareness and community connectiveness.

CAMPUS INVOLVEMENT

- 2018 - 2019 **DAPI International Honor Society President**
- Worked with students and the Office of Disability Access at UNT to
 - Celebrate the academic achievements of students who hold disability status
 - Discussed ways to make the UNT campus more inclusive and accessible
 - Brought student concerns and ideas to university management
- 2018-2019 **Psi Chi Historian**
- Made executive decisions with the rest of the leadership team about
 - Who gained entry into the honor society
 - Which service events and organizations to endorse
 - Who to invite to be a guest speaker at organization meetings
 - Led weekly meetings with the other honor-society officers
 - Acted as liaison between this organization and the UNT student body
- 2018-2019 **American Sign Language Club Member**
- Worked to connect the Deaf and hearing worlds by increase knowledge about ASL and Deaf culture
 - Met regularly to sign with Deaf community members
 - Arranged events such as a closed-captioned movie night at a local cinema and signing-only role-play games (based off the board-game CLUE).
- 2016– 2017 **UTD Filipino Student Association Member:**
- Learned about and raised awareness for Filipino culture, history, and accomplishments.