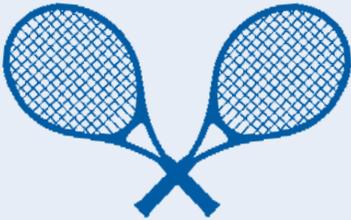




# Ventura Tennis Club

P.O. Box 3005  
Ventura, CA 93006  
www.VenturaTennisClub.com

at Camino Real Park  
Established 1981



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# NEWS & NOTES

## SUMMER 2018

### June 15 Retro Mixer: Good Numbers, Great Fun

The VTC held this year's Dave Dike Retro Tennis Celebration on Friday, June 15th. This was the first time we had the event in the evening, and it was a smashing success. As usual, we opened with a couple heart-warming stories from Juliet, Dave's wife, who continues to teach tennis on the Santa Paula High School courts named after her and Dave. Then we cracked open the white tennis balls and had at it!

With early rock blasting in the background, twenty-four players played men's and mixed doubles for almost three hours. One highlight of the event was the "5.0 match" between Gary Victor (CSUN's tennis coach) and Mike Burke versus Danny Valdez (Dave's old doubles partner) and Martin Lotz. Players on nearby courts stopped repeatedly to watch some of their amazing points. Some people can really play with those old rackets!

We adopted Dave's motto of "Whoever has the most fun wins," and about two hours into the event, Rich Brandon declared himself the winner. No one argued. Congrats to Rich, who has played almost all of these Retro events, and to everyone who came out to play some old school tennis with the VTC. It was a terrific way to kick off the summer!

— Andy Hoerer



## All Club Summer Sizzler Mixer – August 11

On August 11, the Ventura Tennis Club held their August Summer Sizzler Mixer. It was a pretty warm afternoon, but tolerable, considering how hot it had been in the preceding weeks. We had 24 sign ups, with a few no-shows. A few folks from the early morning USTA meet hung out and gave us our 5th court. Their matches ran over a bit and so we got a later start than planned. Fortunately, most folks were patient and pleased when we got to start hitting the courts. There were several new members, which we were happy to welcome to the group. The snacks were plentiful, but too many were left over. There were even brownies and cookies left over, which rarely happens.

Thanks those of you who helped with the set up and clean up for the event. Thanks to all of you who choose to participate in these activities. You are what keeps the club going!

— Linda Forsyth  
Activities Director



## Community Tennis Day September 1

The annual Ventura Tennis Day Event was held on September 1st at Camino Real Park. The weather was very accommodating and not too hot to handle the courts. What was handled were the delicious



More than 17 turned out for the Summer Sizzler



It's never too early to start playing!



More than 40 turned out for Community Tennis Day

sliders provided by Mr. Lester Tong. He has been providing the bbq's for this event for years and we look forward to it each time. We had about 50 folks come out and 8 courts playing round robin games. We had a few folks who had to wait a bit, but it all worked out. Thanks to our coach, Hoss Salehi for running the morning warm up games for us. We also want to thank our loyal members who come early to help set up the tables, chairs, and shades.

Margaret Parsadanyan and her sons ran the raffles and some nice



items were given away. Thanks again for your good humor and patience setting up all that. Several folks donated items to be raffled and that was very much appreciated as well.



A raffle of gear and gifts, plus a great lunch, topped off the day

The annual election of officers for the coming year was held, and fortunately, we had a few new faces joining us. After so many years, a couple of the old timers, Linda Forsyth and Jim Whitney, are retiring so we were looking for folks to step up and take over for the new year. We will be working with them from now till January to get them "up to speed." New on the slate will be Paula Garland and Patti Yoshida. — Linda Forsyth



Thanks to Kent Bodin, hats and visors and other accessories with embroidered club logos are available for purchase.

## Upcoming Events...

**November 3. Halloween Mixer.** 11:00 to 3:00.

**December 22. Holiday Mixer.** 11:00 to 3:00.

**February 2. Ladies Mixer.** 11:00 to 3:00.

## COURT RULES

### Faking a Move

**CASE:** Your doubles partner serves, and, before the receiver hits the return, you fake that you are going to cut across (poach) by moving over a couple of steps and then move back. Is that legal?

**VERDICT:** The fake move to poach is legal and part of The Code, #35, which reads: "A player may feint with the body while the ball is in play. A player may change position at any time, including while the server is tossing the ball." What you can't do is something "solely to distract," like waving your arms or stamping your feet. — Rebel Good, USTA Tennis Rules & Regs Committee

## TENNIS TIPS

More tips on how to develop good tennis habits and improve your control of the ball. The YouTube hyperlinks will take you to online audio-video instructions by tennis professionals.

### The Importance of Team Chemistry in Doubles

Former #1 Doubles Player Jim Grabb emphasizes two fundamental ingredients: (1) Communication (broadcasting and receiving); and (2) Awareness. Getting these two right will enhance your success on the court. The criteria for what you SAY on the court are these questions:

- Is it true?
- Is it kind?
- Does it skew positive, not negative?
- Is it necessary or helpful?
- Is the timing right?

[https://www.youtube.com/watch?v=DXDJeI6WAHM&inf\\_contact\\_ey=4803179437ad40b92f61d1f-42d4e2b189b9458aa61c-3828561c7f354e048f4dd](https://www.youtube.com/watch?v=DXDJeI6WAHM&inf_contact_ey=4803179437ad40b92f61d1f-42d4e2b189b9458aa61c-3828561c7f354e048f4dd)

### Serve Toss Mechanics: 5 Key Elements

Courtesy of Brady at Daily Tennis Lesson (DTL): <http://www.dailytennislesson.com/video/serve-toss-mech/>

### Serve Tip: Slow in the Beginning

OTI coach Nadim Naser discusses optimal mechanics of the service motion. <https://www.youtube.com/watch?v=6q4uNyBQcPU&index=2&list=PLIXeETdbwy0uiYGKvXus-VlvRzRp-9-za>

### Where to Toss the Ball on Serve

Courtesy of Jeff Salzenstein <https://www.youtube.com/watch?v=8IIWvG3RhWs>

### Stop Squatting on Your Serve

Courtesy of Jeff Salzenstein [https://www.youtube.com/watch?v=YjffSspZq0k&utm\\_source=ActiveCampaign&utm\\_medium=email&utm\\_content=Quit+squatting+on+your+serve&utm\\_campaign=20180523++TE+BLOG++YT+INSTRUCTIONAL++Quit+Squatting+On+Your+Serve](https://www.youtube.com/watch?v=YjffSspZq0k&utm_source=ActiveCampaign&utm_medium=email&utm_content=Quit+squatting+on+your+serve&utm_campaign=20180523++TE+BLOG++YT+INSTRUCTIONAL++Quit+Squatting+On+Your+Serve)

## Contact Information

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