



Short daily prayers for people and situations, our Church, our local Community and further afield.



# Tuesday 1st Start of Plastic Free July

The Lord is my shepherd, I lack nothing. Psalm 23:1

Lord, thank You for creating this amazing world. Forgive us for polluting it by using so much plastic and creating so much waste. Help us to be more responsible in the way we live.

#### Wednesday 2nd

He makes me lie down in green pastures, he leads me beside quiet waters. Psalm 23:2

Father, our hearts are heavy as we think of all the desparate situations in the world. Lord, break the chains of hatred, division and violence across nations. Let your kingdom of love and justice reign on earth as it is in heaven.

Thursday 3rd International Plastic Bag Free Day He refreshes my soul, He guides me along the right pathsfor his name's sake. Psalm 23:3

Lord, help us turn from the selfish consumption of resources meant for all and to see the impacts of our choices on the poor and vulnerable.



Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. Psalm 23:4
Father, there are many people in the world, thinking especially of the Middle East and Ukraine, who are walking through a dark valley and we pray that they would know your comfort and protection and learn to trust in You alone.

# Saturday 5th

You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Psalm 23:5 Lord, we pray for people, both in this country and all over the world, who live in poverty and lack so much we take for granted; we pray they would be given faith to trust in You alone.

# Sunday 6th Morning Service in Cranstoun Evening Service in Pathhead Pavilion

Surely your goodness and love will follow me all the days of my life and I will dwell in the house of the Lord forever. Psalm 23:6 Lord, there are times when I have to ask 'Why?' Times when catastrophe gives faith the lie. Innocents suffer and evil holds sway, Grant me some answers, Lord, teach me your way.

# Monday 7th

God is the one to fear, because God is in control and rules the heavens. Job 25:2 Father, thank You for the musicians in TVP who add so much to the worship when they play at a Sunday service.



#### Tuesday 8th

My ears had heard of you but now my eyes have seen you. Therefore I despise myself and repent in dust and ashes. Job 42:5-6

Lord, we pray for those in our church family who suffer from chronic pain, be it mental or physical, pain that saps their energy and prevents them doing what they used to do. Help them to trust in You alone.

#### Wednesday 9th

I know that my redeemer lives, and that in the end he will stand on the earth. And after my skin has been destroyed, yet in my flesh I will see God. Job 19:25-26

Pray for children in our community who because of their difficult family circumstances have had to be taken into foster care and are dependent on hard pressed social workers to find suitable foster families for them to live with. Pray for foster parents as they cope with challenging situations.

# Thursday 10th

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight. Proverbs 3:5-6



Lord, when I grow weary, revive me, when I go astray, direct me, when I lose heart, inspire me.

#### Friday 11th

Do not be wise in your own eyes; fear the Lord and shun evil. Proverbs 3:7

Lord, thank You for the lovely weather we have had recently and for the priviledge of living in a beautiful part of the world with the wonderful countryside right on our doorstep to enjoy.

# Saturday 12th

My son, do not despise the Lord's discipline, and do not resent his rebuke, because the Lord disciplines those he loves, as a father the son he delights in. Proverbs 3:11-12

Father, we pray that You would give wisdom and integrity to leaders and politicians, both here and abroad as they wrestle with the problems in the Middle East which have the potential to affect us all.

#### Sunday 13th Family Celebration in NMVH

Blessed are those who find wisdom, and those who gain understanding. Proverbs 3:13-14

Lord, there are times when I have to ask, 'What?' – times when your love is not easy to spot. What is life's purpose and what of me here?' Grant me some answers, Lord, make your will clear.

#### Monday 14th

Do not withhold good from those to whom it is due, when it is in your power to act. Proverbs 3:27

Father, we pray for the families connected to TVP. Help us to support parents as they face the challenges of bringing up children in a Christian home in today's society. We pray for Messy Church that You would help the leaders to create programmes that the children would find attractive when there is so much else going on competing with their attention.

#### Tuesday 15th

Fear God and keep his commandments, for this is the duty of all mankind. Ecclesiastes 12:13

Father, help us to keep Your commandments and thank You for being so ready to forgive us when we fail, as we so frequently do.



#### Wednesday 16th

For God will bring every deed into judgment, including every hidden thing, whether it is good or evil. Ecclesiastes 12:14

Father, thank You for Reece Allan. our Youth Worker. Help him as he reaches out to the young folk in our community through the Impact Groups in Pathhead, North Middleton and Cousland.



# Thursday 17th

He has shown you what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with vour God. Micah 6:8

Lord, it's so hard to forgive people who have disappointed us. We ask You to help us. Thank You for easing the pain of disappointment as only You can.

# Friday 18th

Therefore, since we have a great high priest who has ascended into heaven, Jesus the Son of God, let us hold firmly to the faith we profess. Hebrews 4:14

Pray for those helping with the TVP Holiday Club at the end of July as they prepare the crafts and games, dramas and talks.

#### Saturday 19th

For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin. Hebrews 4:15

Lord, thank You for those who work hard in the background to keep our church buildings safe and comfortable places to meet in. Help them as they wrestle with all the Health & Safety rules and regulations.

# Sunday 20th Morning Service in Cranstoun **Evening Service in Pathhead Pavilion**

Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need. Hebrews 4:16

Lord, there are times when I have to ask, 'How?' times when what's preached doesn't square with life now. Wrestling with doubt I ask, 'How can this be?' Grant me some answers, Lord, help me to see.

### Monday 21st

But by the grace of God I am what I am. 1 Corinthians 15:10

Lord, we pray for our minister, Dale, our Lay Pastor, Allister, and the Session. Thank You for their willingness to give of their time to organise services and ensure TVP runs smoothly.

# Tuesday 22nd

If Christ has not been raised, your faith is futile; you are still in your sins. 1 Corinthians 15:17 Pray for Tearfund, Christian Aid, the Vine Trust and other Christian organisations known to you who work tirelessly to provide support in desparate situations around the world.

# Wednesday 23rd

I worked harder than all of them - yet not I, but the grace of God that was with me. 1 Corinthians 15:10

Lord we pray for those in our community who struggle with an addiction, whether drugs or alcohol or something else, that makes their life challenging. We pray that they would get the support they need and that they would find faith to trust in You alone. And help us not to be judgemental.

# Thursday 24th

If only for this life we have hope in Christ, we are of all people most to be pitied. 1 Corinthians 15:19

Lord, help us to be good neighbours, to be ready to help and support those living near us who are going through a tough time and may our lives demonstrate Your love for them.

#### Friday 25th

The Lord is close to the broken-hearted and saves those who are crushed in spirit. Psalm 34:18

We pray for innocent people living in war torn countries experiencing unimaginable horrors and living every day with fear and anxiety and the loss of friends and family. May they find faith to trust in You alone.

#### Saturday 26th

It is by grace you have been saved. Ephesians 2:4-5

Father, forgive us for our greed that causes others to lack food, water, shelter and fuel. Forgive us for our thoughtlessness that causes others to be forgotten, unloved, uncared for and unmourned. Help us to be more like Jesus in the way we behave towards others.

# Sunday 27th Morning Service in Crichton

And God raised us up with Christ... in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus. Ephesians 2:6-7 Lord, there are times

when the questions run fast, times when I fear that my faith may not last. Help me, support me, Lord, help me get through. Lead me through darkness till light shines anew.

# Monday 28th

For it is by grace you have been saved, through faith - and this is not from yourselves, it is the gift of God - not by works, so that no one can boast. Ephesians 2:8-9

Lord, we think of the TVP Holiday Club as it starts today and pray that You would give the leaders the energy they need, that the weather would be good and most of all that the children would enjoy themselves as they have fun in Vogrie Park and learn about the God who created the great outdoors.

# Tuesday 29th

I love the Lord, for he heard my voice; he heard my cry for mercy. Psalm 116:1 Lord, shine Your light through us, so that we may reflect Your love and make a difference in this world that so desparately needs Your presence and healing.



#### Wednesday 30th

The Lord is gracious and righteous; our God is full of compassion, ...when I was brought low, he saved me. Psalm 116:5-6

Pray for Scripture Union Camps taking place this summer and for the opportunity to reach out to young people with the good news of Jesus.

### Thursday 31st

Tell the Lord how thankful you are, because he is kind and always merciful. Psalm 118:1

Father, thank You for being with us through another month. We pray that You would continue to watch over us, our family and our friends. Keep us safe and keep us trusting in You for all that we need.



The July Prayer Diary has been written by Julia Baker Photos taken at Carolside Gardens in Earlston.