



# Believe in Heroes Virtual Run

May 29, 2021 thru June 6, 2021

## How to Run a Virtual Race

When participating in a virtual run, YOU are the race director!

As your own Race Director, you choose the course, the starting time and starting line. You are the one considering all the safety issues including traffic, the running surface and (new for 2021) COVID-19 safety.

If you need help with routing your course, use a GPS watch or phone app to track the right distance. You may even choose to run indoors on a treadmill – if that is the best environment for you.

Have fun creating an event that is uplifting for you.

### **PREPARE**

The first step for your virtual “**Believe in Heroes**” event is to register online (**[www.loslunavet.com](http://www.loslunavet.com)**) or using a registration form. These forms are available at one of the following:

- 1) Main Street Muscle & Fitness Center  
435 Main Street  
Los Lunas, NM 87031

2) Daniel Fernandez Recreation Center

1103 HWY 314

Los Lunas, NM 87031

**Participant:**

Run your event on any day of your choosing from May 29 through June 6. When completed with your run, send in your time to Marcos: castillom@loslunasnm.gov. including the event that you participated in. Remember, we are using the honor system so please report your honest time as nothing will be electronically timed. There are **no** awards.

All runners that complete the event will receive a runner's packet mailed to you, pre-paid, that will include a shirt and ribbon.

**CHAIRABLE EVENT (NON-TAXABLE)**

This is a charitable event with all proceeds going to **LIVE, INC** that supports our Military Veterans within the Village of Los Lunas and Valencia County.

**Thank you:**

On behalf of **LIVE, INC**, thank you for your contribution and support. Please keep next year's date in mind for the full running/walking of our **10<sup>th</sup> Annual event: June 4, 2022.**

**Note:** We are a Non-Profit organization: 501 (c) (3) Organization; EIN 83-2411960

**Committee:**

Marcos Castillo

Phil Gregory

Chris Sais

Jean Davies

Chet Pino

Linda Montano

Jim Schnitzler