

## Dear Attendees, Speakers, and Helpers,

As we prepare for *A Journey From Grief Toward Joy*, I want to take a moment to express my heartfelt thanks and appreciation to all of you.

**To the Speakers:** Thank you for your willingness to share your expertise, wisdom, and energy. I am so grateful for your commitment to helping others heal and grow. Your unique perspectives and guidance are the foundation for what promises to be an incredible weekend, and I can't wait to experience the profound impact your words and presence will have on everyone in the room.

**To the Attendees:** I want to acknowledge the courage it takes to step into this space. Whether you are here because you're seeking healing, clarity, or simply a sense of community, I believe you are taking an important step toward embracing your future with joy and peace. While there may be times when you feel like a victim of your circumstances, remember this: You are not alone. Every single step you take to heal, no matter how small it may seem, is an act of immense strength. I am proud of you for being here and for choosing to invest in yourself. I truly believe your loved ones are proud of you, too, as you move through this experience with openness and courage.

**To the Helpers:** Your support means the world to me and to everyone involved in this event. You are the ones who help create the environment of trust, safety, and compassion that is so essential for the work we will do together. I can't thank you enough for your time, energy and the kindness you bring to this space. It's because of you that this event can come together in the way it's meant to.

My fervent wish for each of you is that you leave this event not only with new insights and tools but also with at least one new connection—one new friend who understands what you're going through. Healing is not a solitary journey, and I hope this weekend opens the door to friendships that will continue to grow long after the event ends.

I am so excited about the possibilities that lie ahead, and I believe that this event will plant the seeds for transformation. While we can't predict the future, my heart tells me that the potential for healing, connection, and growth is immense. I believe this weekend will be the start of something truly beautiful for all of us.

Thank you again for being part of this experience. I can't wait to see what unfolds.

With deep gratitude and hope,  
*Kristine Benevento*





**Rosemary Altea**



**John Ferrari Jr. Esq.**



**Diane Stewart, DC**



**Kristine Benevento**



**Dr. Jack D. Giddens,  
D. Min., BCC, CTP**



**Centaur Courses LLC presents:**

**June 13-15, 2025**

**For widows and widowers**

Venice Community  
Center, Venice, FL

For more information email:  
[centaurcourses@gmail.com](mailto:centaurcourses@gmail.com)



[www.kristinebenevento.com](http://www.kristinebenevento.com)

# **A JOURNEY FROM GRIEF TOWARD JOY**

# Rosemary Altea, Keynote Speaker



**Rosemary Altea**



- Rosemary Altea is a world-renowned spiritual medium, healer, and New York Times best-selling author.
- She embraced her spiritual gifts in her thirties after years of hiding them.
- Works alongside her spirit guide, Grey Eagle, to connect the living with those who have passed.
- Her groundbreaking book *The Eagle and the Rose* launched her into the public eye.
- Has appeared on major shows including Oprah, Larry King Live, 20/20, and Unsolved Mysteries.
- Featured in countless radio and newspaper interviews, and on television in Italy and the Netherlands.
- Will deliver a keynote followed by a transformative session on moving from grief to joy.
- Her workshop offers a supportive space for reflection, connection, and healing.
- Attendees will leave uplifted and inspired, with a deeper experience of joy.
- Rosemary is a sought-after speaker who has captivated audiences in South Africa, Hong Kong, and beyond.
- With over 40 years of experience and multiple books, she brings healing, hope, and guidance to many—especially children, both here and in spirit.
- While not everyone will receive a personal message, every message shared will carry meaning for the entire audience.

**Centaur Courses LLC presents:**

**June 13–14, 2025**

# A JOURNEY FROM GRIEF TOWARD JOY

Rosemary will begin at 6:30 PM Friday evening until 9:30 PM and have a second session Saturday morning from 10:00 AM – 1:00 PM

Venice Community  
Center, Venice, FL

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# Dr. Jack D. Giddens, D. Min., BCC, CTP



**Dr. Jack Giddens**

- Chaplain at Sarasota Memorial Hospital, Venice, FL
- Associate Professor of Humanities, University of Maryland

## **Certifications & Fellowships:**

- Board-certified healthcare chaplain
- Certified transpersonal psychotherapist
- John Templeton Fellow, Duke University Medical School Center for Spirituality, Theology, & Health (2011)
- Post-doctoral Fellow, Harvard Medical School Benson Henry Institute for Mind Body Medicine (2007–2010)

## **Education:**

- Doctor of Ministry, Denver Seminary (2007)
- Master of Divinity, Denver Seminary (2003)
- Master of Arts in Religious Education, Dallas Theological Seminary (1998)

## **Professional Experience:**

- Over 20 years as a healthcare chaplain and therapist
- Treated more than 20,000 patients

## **Service settings include:**

- Acute and psychiatric hospitals, Hospice and palliative care, Nursing homes, assisted living, skilled nursing facilities. Homeless shelters

## **Teaching Experience:**

- 13 years as a world religions professor at the University of West Florida

## **Innovation:**

- Inventor of the Spiritual Comfort Index (SCI), a tool for measuring spiritual distress



**Centaur Courses LLC presents:**

**June 14, 2025**


# A JOURNEY FROM GRIEF TOWARD JOY

Jack will be speaking from 2:00 PM  
until 3:00 PM.

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**John Ferrari Jr., Esq.**



# John Ferrari Jr., Esq.

is the founder and managing shareholder of Ferrari, Butler, & Moneymaker, PLLC, a top Florida law firm focused solely on:

- Elder law
- Estate and special needs planning
- Probate and trust administration
- Highly respected in the legal field, John holds an AV® Preeminent rating from Martindale-Hubbell—the highest possible distinction—based on:
  - Legal knowledge, Analytical skills, Judgment, Communication, Legal experience
- Educational excellence includes:
  - United States Air Force Academy
  - University of Massachusetts (BS)
  - FW Olin Graduate School of Business at Babson College (MBA)
  - Stetson University College of Law (JD + Certificate in Elder Law)
- Licensed to practice in all Florida courts and before the US Supreme Court.
- Why his message matters:
  - “Because you are the one left,” John’s presentation will walk you through the most critical steps to take after the death of a spouse or loved one.
  - He’ll also outline proactive strategies to protect your estate and avoid the stress and cost of probate.

**Centaur Courses LLC presents:**


# A JOURNEY FROM GRIEF TOWARD JOY

**June 14, 2025**

John will be speaking from 3:00 PM until 4:30 PM answering general questions.

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**Diane Stewart, D.C.**



## **Dr. Diane Stewart, D.C.**

**Alternative Holistic Chiropractor | Speaker**

- **40+ years of experience in chiropractic and alternative healing**
- **Specializes in holistic techniques for structural, chemical, and emotional balance**
- **International speaker on alternative health and energy medicine**
- **Recognized as a Top Ten Business Woman in ABWA (2014)**
- **Consistently voted a top chiropractor in Sarasota, FL**

For this event, Dr. Diane Stewart, D.C., will focus on holistic healing for grief recovery, using chiropractic care and alternative therapies to support the body's ability to heal emotionally and physically. Her approach integrates structural, chemical, and emotional balance to help individuals move forward after loss.

**Centaur Courses LLC presents:**

**June 15, 2025**

# **A JOURNEY FROM GRIEF TOWARD JOY**

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Dr. Stewart will be speaking Sunday morning from 10:00 AM until 12:30 PM with time for general questions.

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# Kristine Benevento



Kristine Benevento

- Grief is not just something to survive—it can be transformed. Kristine Benevento has lived that truth.
- A lifetime of service. As a firefighter, EMT, and director of a Community Emergency Response Team (CERT), Kristine trained others to face life's hardest moments.
- Then grief hit home. The unexpected loss of her husband shattered her world in ways no training could prepare her for.
- She understands the fog of grief. That feeling of waking up in a world that no longer makes sense—she's been there.
- But there is a way through. Kristine found a path forward, and she now helps others do the same.
- Author and speaker. She's written two children's books—A New Baby at Happy Gates Ranch and Buttercup the Brave—that teach resilience, love, and courage.
- A guide for the grieving. As a widow and widower coach, Kristine offers what she once needed most:
  - A roadmap through grief
  - A reminder that you are not alone
  - And a community that understands
- A Journey from Grief Toward Joy is her invitation to you—to begin again with strength, purpose, and the possibility of joy.

Kristine will lead a hands-on workshop designed to foster deep introspection and meaningful small-group activities, helping participants take tangible steps toward creating a fulfilling path forward. Throughout the event, she will also be available for personal conversations, offering support, encouragement, and guidance to those who need it.



**Centaur Courses LLC presents:**

**June 13–15, 2025**

# A JOURNEY FROM GRIEF TOWARD JOY

Your host and facilitator for all three days.

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**CENTAUR COURSES LLC PRESENTS:**

# **A Journey From Grief Toward Joy**

**Venue: Venice Community Center**

**Address: 326 Nokomis Avenue South, Venice, FL**

**Date: June 13, 14, 15, 2025**

## **Pre-Event Information**

Before the event begins, attendees will receive a digital welcome packet containing:

- Information about the venue and parking
- A brief introduction to the speakers and facilitators
- What to expect during the event and tips for preparation
- Details about lunch and drinks
- Workbook and event materials for participants

## **Friday, June 13, 2025**

**6:00 PM | Check-in & Welcome**

- Meet fellow attendees and event hosts
- Overview of the weekend's sessions

**6:30 PM – 9:30 PM | Keynote with Rosemary Altea**

- A powerful session on connection, healing, and the journey toward joy
- Audience messages (not everyone will receive a personal message, but all will find value)

## **Saturday, June 14, 2025**

**9:00 AM – 10:00 AM | Morning Connection & Reflection**

- Group discussion and shared insights
- Setting intentions for the day

**10:00 AM – 1:00 PM | Grief toward Joy Working Session with Rosemary Altea**

- An interactive session designed to help attendees move forward on their path toward joy

**1:00 PM – 2:00 PM | Lunch Break (Available On-Site)**

**2:00 PM - 3:00 PM | How the World's Major Religions Make the Journey from Grief to Joy**

Rev. Dr. Jack Giddens

**3:00 PM – 4:00 PM | Estate Planning & Key Legal Steps with John Ferrari Jr., Esq.**

- Losing a spouse means you are now the sole decision-maker for your future and your family's well-being. This session will cover:
  - Essential legal actions to take after a loss
  - How to protect your assets and ensure your wishes are honored
  - Proactive steps to avoid probate and maintain control over your estate

**4:00 PM – 4:30 PM | Q&A with John Ferrari Jr., Esq.**

- Open discussion and answers to some attendee questions

**End of Day Two**

**Sunday, June 15, 2025**

**9:00 AM – 10:00 AM** | Morning Connection & Reflection

- Group discussion and shared insights
- Setting intentions for the day

**10:00 AM – 1:00 PM** | Healing Through Sound, Color & Kinesiology with Dr. Diane Stewart

Demonstration of some tools such as sound, color, and laser therapy for emotional healing

The role of kinesiology in processing grief and restoring balance

Understanding how emotional patterns manifest in the body and learning techniques for release.

Hands-on or guided exercises to help reconnect with the body and emotions

Live demo using Applied Kinesiology (AK) as a guide for emotional healing and self-help techniques

**1:00 PM – 2:00 PM** | Lunch Break (Available On-Site)

**2:00 PM – 4:00 PM** | Moving Forward: Creating Your Plan with Kristine Benevento

Quiet, focused work in small groups and individually using the workbook

Personal reflection to develop a meaningful plan for life after loss

Guided exercises to help integrate the weekend's lessons into daily life

**Event Rules & Guidelines**

By purchasing a ticket for ***A Journey From Grief Toward Joy***, you acknowledge and agree to the following terms:

**Photography & Video Consent:**

Throughout the event, we will be taking photographs and videos. By attending, you consent to being photographed and filmed. These images and videos may be used for social media, promotional materials, or for those who were unable to attend.

**Respect & Confidentiality:**

As an attendee, you agree to abide by our "**Basic Agreements**" to ensure a safe and supportive environment:

**Confidentiality:** Hold personal stories shared during the event in confidence.

**Compassionate Listening:** Listen with empathy, curiosity, and an open heart.

**Sharing with Sensitivity:** Share what feels personal, not private, and always with care.

**Generosity:** Ask for what you need and offer helpful suggestions to others without imposing or directing.

**Self-Care:** Take care of your well-being throughout the event.

**Seek Support When It's Needed:** If necessary, please contact the host/facilitator with any concerns and seek external mental health support if needed.

**Respectful Communication:**

Disrespectful, discriminatory, or hurtful language will not be tolerated, whether directed at fellow participants or others. If this occurs, attendees will receive one warning before being removed from the event and community.

**Event Location & Contact Information**

**Venue:** Venice Community Center, 326 Nokomis Avenue South, Venice, FL (941) 861-5000

**Course Contact:** KRISTINE BENEVENTO, CentaurCourses@gmail.com

**Food & Drink  
Provided by  
Cafe Venice**

941.484.1855 · [cafeveniceresaurantandbar.com](http://cafeveniceresaurantandbar.com)



[www.rosemaryaltea.com](http://www.rosemaryaltea.com)  
[rosemary@rosemaryaltea.com](mailto:rosemary@rosemaryaltea.com)



**FERRARI, BUTLER & MONEYMAKER, PLLC**

**Office Locations**

2520 Tamiami Trail N, Suite 11  
Nokomis, FL 34275

2025 Lakewood Ranch Boulevard, Suite 201  
Lakewood Ranch, FL 34211

3833 Central Avenue  
St. Petersburg, FL 33713

12653 SW County Road 769, Suite A  
Lake Suzy, FL 34269

**John Ferrari, Jr., Esq.**  
(941) 960-1676  
[johnf@elderlegalfl.com](mailto:johnf@elderlegalfl.com)



**Sarasota Memorial Hospital-Venice**  
2600 Laurel Road E.,  
North Venice, FL 34275  
941-261-9000  
Chaplain Dr. Jack Giddens



3982 Bee Ridge Rd.  
Bldg H Suite H,  
Sarasota, FL.  
[DrDianeStewart.com](http://DrDianeStewart.com)



**Craig Worsham**  
82<sup>nd</sup> West Productions  
941.323.4331  
[craig@82west.com](mailto:craig@82west.com)

**Thank you to all who made this possible!**