

May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p align="center">Join Us! Come Celebrate the 25th Anniversary of The Eagle and the Rose with Rosemary Altea LIVE all Month Long!</p>						1
						11 AM EDT Story Time with Rosemary Altea
2	3	4	5	6	7	8
11 AM EDT Rosemary Altea in the Kitchen: Appetizer: Peaches and Cream Cheese	#MotivationalMonday 12 Noon EDT	#OfftheCuffStuff With Rosemary Altea Surprise!	#WellnessWednesday 12 Noon EDT	11 AM EDT The Spirit World Sees All	12 PM EDT Your chance to "Understand Your Bottom Brick"	10 AM – 1 PM EDT Messages from the Spirit World with Rosemary Altea and Grey Eagle
9	10	11	12	13	14	15
12 PM Noon EDT Rosemary Altea in the Kitchen: Main Dish: Parmesan Encrusted Fish	#MotivationalMonday 12 Noon EDT	#OfftheCuffStuff With Rosemary Altea Surprise!	#WellnessWednesday 12 Noon EDT	11 AM EDT The Spirit World Sees All	11 AM EDT Your chance to "Understand Your Bottom Brick"	11 AM EDT Story Time with Rosemary Altea
16	17	18	19	20	21	22
12 PM Noon EDT Rosemary Altea in the Kitchen: Dessert: Pastry Cream Tarts	#MotivationalMonday 12 Noon EDT	#OfftheCuffStuff With Rosemary Altea Surprise!	#WellnessWednesday 10AM EDT Happy Birthday Rosemary!	11 AM EDT The Spirit World Sees All	11 AM EDT Your chance to "Understand Your Bottom Brick"	10 AM – 1 PM EDT Grey Eagle Speaks – Direct Voice Communication with Rosemary Altea
23	24	25	26	27	28	29
12 PM Noon EDT Rosemary Altea in the Kitchen: Drinks: Margherita & Rock the Boat Float & Baked Brie	#MotivationalMonday 12 Noon EDT	#OfftheCuffStuff With Rosemary Altea Surprise!	#WellnessWednesday 12 Noon EDT	11 AM EDT The Spirit World Sees All	11 AM EDT Your chance to "Understand Your Bottom Brick"	11 AM EDT Story Time with Rosemary Altea
30	31	Healing requests: https://www.facebook.com/spiritualhealingbook Website: www.rosemaryaltea.com Instagram: https://www.instagram.com/the_rosemary_altea/ Twitter: https://twitter.com/rosemary_altea LinkedIn: www.linkedin.com/in/rosemaryaltea Medium: rosemaryaltea.medium.com YouTube: https://www.youtube.com/channel/UCEZHvb7-OtcnJnB8OMNTE0w				
12 PM Noon EDT Rosemary Altea in the Kitchen: Potted Beef	#MotivationalMonday 12 Noon EDT Memorial Day Holiday					