

Testimonial for Rosemary Altea by Sara 5-15-21

It all started with shoes under the bed. To be exact, “a whole lot of shoes under the bed.” I was 18 and learning for the first time about grief and trying to come to my own conclusions on religion and life and death. After being given a copy of *The Eagle* and *The Rose* by a social worker I found myself at a Rosemary Altea speaking event in my hometown of Chicago. I knew immediately this “shoes under the bed” was for me and I wondered if I should stand up. My friend sat clueless next to me trying to process the whole situation I had brought us to. “car accident and stomach pains”.

“I think this is for me.” The whole room turned and looked at me. I had lost my college roommate a few months earlier in a horrible car accident. She had a lofted bed in our tiny room with about fifty pairs of Nike shoes underneath. Her signature shoes. From this moment, at 18, I was given one of the greatest gifts of my life, a chance to connect with my friend and absolute proof that life goes on.

When my mom got sick years later, I happened upon Rosemary's live YouTube show and it was there I found the courage and even a little curiosity about what was happening with my mom. Because of Rosemary I understood when it was time to hold her and speak to her, she would hear me, don't be afraid, there are people on both sides surrounding us. I held her hand as she took her last breath. It meant the world to me to be there with her.

After losing my mom, in my 30's now a young mother I found myself in Rosemary's living room in Florida. It just “so happened” she had an opening right around the time I was vacationing with my family a couple hours away. Once again I was fascinated as Rosemary seemed to go “down a hole” and into the room where my mom and I were. She could tell me everything that was happening in the room when she passed. She told me what I whispered to my mom, because yes, she had heard me. Rosemary's messages aren't sugar coated, they are honest and can reveal the ups and downs of relationships. Those who were bossy come through as they are, those who are full of fun come through that way, it is in these moments, those inner secrets, you know you are connected with your loved ones.

Since then, Rosemary has taught me about how to improve my senses and be open to listening to those in the spirit world. She's taught me the power of energy, and healing and above all else, reassurance that love is the same on both sides, we just need to unveil the curtain.

with Love and gratitude, Sara from online class