

The Big Picture: Finding Jesus in the Old Testament: **Week 5 – Moses & the Exodus: More Than "Let My People Go"**

Exodus 3:1–12; Exodus 12; Exodus 14

Opening Prayer:

Heavenly Father, Thank You for bringing us together today. As we open Your Word, remind us that You are still the God who hears, sees, and delivers Your people. Open our hearts to understand what You want to teach us, strengthen our faith, and help us trust You when life feels uncertain. May our discussion encourage one another and point us closer to Jesus, our true Deliverer. In His name we pray, Amen.

Theme:

God is our Deliverer. The Exodus is more than the story of Moses leading Israel out of Egypt. It is the story of a God who hears the cries of His people, comes down to rescue them, and points us to the greater deliverance found in Jesus Christ. Just as Israel was freed from slavery, Christ has freed us from the bondage of sin and invites us to walk in new life.

Secular Quote:

"Courage is not the absence of fear, but the triumph over it." — Nelson Mandela

Starter Question:

Think about a time when you felt trapped in a difficult situation. What helped you move forward, and where did you see God at work—even if you didn't recognize it at the time?

Digging Deeper Questions

Read Exodus 3:1–12

- Why do you think God chose Moses after forty years in the wilderness instead of when he was a prince in Egypt?
- Moses responded with excuses. Which of his excuses sounds most like something we still say today?
- God's answer was, "I will be with you." Why is God's presence more important than having all the answers?

Read Exodus 12

- Why do you think God required the blood of the Passover lamb?
- What does the Passover teach us about God's justice and His mercy?
- How does Jesus fulfill the symbolism of the Passover lamb?

Read Exodus 14

- Why do you think the Israelites wanted to return to Egypt when they saw Pharaoh's army?
- Are there times when we become comfortable with things that keep us spiritually stuck?
- Moses tells the people, "The Lord will fight for you." What does that look like in our lives today?

Looking at the Big Picture

- In what ways does the Exodus point us to Jesus?
- How is our journey with Christ similar to Israel's journey from Egypt through the wilderness?
- Why do you think God often grows us through the wilderness instead of immediately taking us to the "Promised Land"?

Actionable of the Week:

This week, identify one area of your life where you feel "stuck." It may be fear, worry, bitterness, an unhealthy habit, or simply uncertainty about the future.

Each morning, pray this simple prayer:

"Lord, I cannot free myself, but You can. Help me trust You to make a way where I cannot see one."

Then intentionally take one step of faith this week—whether that's offering forgiveness, asking for help, beginning a new habit, or simply trusting God with something you've been trying to control.

Remember that God rarely shows us the entire path at once. Like Israel at the Red Sea, He simply asks us to take the next faithful step.

Closing Prayer:

Lord Jesus, Thank You for being our Deliverer. Thank You for hearing our prayers, seeing our struggles, and making a way for us through Your life, death, and resurrection. Help us trust You when we feel trapped and remind us that You are always working, even when we cannot yet see the outcome. As we leave today, may we walk in the freedom You have given us and share that hope with others. In Your holy name we pray. Amen.

Daily Scripture Guide:

The Big Picture: Finding Jesus in the Old Testament:

Week 5 – Moses & the Exodus: More Than "Let My People Go"

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Monday – God Hears Our Cry

Scripture: Exodus 2:23–25

Focus: Before God rescued Israel, He heard their cries, remembered His covenant, saw their suffering, and cared for them. God is never indifferent to the struggles of His people.

Reflection:

Where do you need to remember today that God sees, hears, and cares about what you're walking through?

Tuesday – God's Presence Is Enough

Scripture: Exodus 3:1–12

Focus: Moses felt inadequate, but God's answer wasn't to make Moses more capable—it was to promise, "I will be with you."

Reflection:

What excuses keep you from following where God is leading? How does God's promise of His presence change your perspective?

Wednesday – Trusting the Lamb

Scripture: Exodus 12:1–14

Focus: The Passover reminds us that salvation comes through God's provision. The blood of the lamb protected God's people, pointing ahead to Jesus, the perfect Lamb of God.

Reflection:

How does remembering Christ's sacrifice give you confidence and peace today?

Thursday – The Lord Will Fight for You

Scripture: Exodus 14:10–31 (*Key Verse: Exodus 14:14*)

Focus: Standing between the Red Sea and Pharaoh's army, Israel learned that victory belonged to God.

Reflection:

What "Red Sea" are you facing right now? How can you trust God instead of trying to solve everything in your own strength?

Friday – God Provides in the Wilderness

Scripture: Exodus 16:1–18

Focus: Freedom didn't remove every hardship, but God faithfully provided daily manna for His people. God teaches us to trust Him one day at a time.

Reflection:

Where have you seen God's daily provision in your life, even in difficult seasons?

Saturday – Freedom in Christ

Scripture: John 8:31–36

Focus: Jesus declares that true freedom is found in Him. The Exodus pointed toward the greater freedom Christ offers through forgiveness and new life.

Reflection:

What does living as someone who has truly been set free by Jesus look like in your everyday life?

Memory Verse for the Week

**"The Lord will fight for you; you need only to be still."
— Exodus 14:14 (NIV)**

Weekly Challenge: Throughout the week, whenever you begin to feel anxious or overwhelmed, pause and repeat Exodus 14:14. Let it remind you that your hope rests not in your own strength, but in the God who still hears, still delivers, and still makes a way where there seems to be no way.