



February & March 2026 Pilates Schedule

Monday

9.45am – 10.45am

Introduction to Pilates 3 Week Programme

Monday 23rd February & 2nd , 9th March

11.00am – 12.00pm

Beginners Pilates

Wednesday

9.45am – 10.45am

Improver Pilates

6.20pm – 7.20pm

Mixed Ability Pilates

All classes hosted at Horsley Village Hall