

PILATES 2025

Class Timetable

Monday

10.15am – 11.15am

Beginners Pilates

5.45pm – 6.45pm

Mixed Ability Pilates

Wednesday

9.45am – 10.45am

Improver Pilates

Saturday

10.30am – 1.00pm

Introduction to Pilates Workshop

Saturday 29th March 2025

All classes at Horsley Village Hall

