

QUALITY OF LIFE COACHING AGREEMENT

This Coaching Agreement (the “**Agreement**”) is entered into _____ (the “**Effective Date**”), by and between _____, (the “**Coach**”) and _____, (the “**Client**”), collectively “the **Parties.**”

Purpose of Agreement: The purpose of this Agreement is to develop a coaching relationship between the parties in order to cultivate the Client’s personal, professional and/or business goals and create a plan to carry out those goals through stimulating and creative interactions with the ultimate result of maximizing the Client’s personal and/or professional potential (“**Coaching Services**”).

The Parties agree as follows:

1. **Coaching Goals.** Client wishes to obtain Coach’s services in order to achieve the following goals/to maximize the following area of his/her life:

2. **Coaching Fees.** In exchange for coaching services, Client agrees to pay Coach the following fees and according to the following schedule:

\$_____ for a Session of _____ TOTAL weekly calls beginning week of _____, 2020 and going until week of _____, 2020.

3. **Coaching Schedule.** The Parties agree to meet (by video conference/telephone/in person) 1 day per week for 1 hour. Coach will possibly be available by text message and/or email in between scheduled sessions. Be aware that any ‘missed calls/meetings’ will not be made up. If you need to reschedule, please give at least 48 hours’ notice. If you are more than 15 minutes late to our meeting with no advanced notice, the meeting will be considered “missed.” If you are more than 10 minutes late to our **phone/video** meeting with no advanced notice, you will not be allowed into the

meeting. Any tardiness will NOT be added to the end of the meeting but will shorten the scheduled length of the meeting.

ADDENDUM: Coach's meetings are usually conducted online via video conference, but a special consideration has been made in this arrangement. The parties agree to meet in the lobby of The Hotel at Avalon at this address: 400 Avalon Boulevard, Alpharetta, GA 30009 at a mutually agreed upon time each week. In the event of inclement weather, illness, transportation issues (including unreasonable traffic), the meetings will be held via video conference or phone when possible. If either party is too ill or has no phone/internet connection due to weather, we will reschedule. If meeting in a public place proves to be too distracting to the intimacy required of coaching, we will return to the original method of video conferencing.

4. **Coach-Client Relationship – Duties & Responsibilities.** A business and/or life coaching relationship is a partnership between two or more individuals or entities. This relationship is not a legal partnership, instead more like a teacher-student or coach-athlete relationship. Each party must uphold their obligations for the coaching relationship to be successful.
 - A. Coach agrees to maintain the ethics and standards of behavior established by the International Coach Federation (ICF), an internationally recognized standard for coaching.
 - B. Client agrees to communicate honestly, be open to feedback and suggestions, and to fully engage and devote himself/herself to the coaching process.
 - C. Client acknowledges and agrees that coaching is a comprehensive process that may explore different areas of his/her life, including work, finances, health and relationships, but it is ultimately the Client's decision how he/she incorporates coaching into each aspect of life.
 - D. Client is solely responsible for implementing the techniques discovered through coaching.

5. **Confidentiality.** This coaching relationship, as well as all information (physical or verbal) that the Client shares with the Coach as part of this relationship, is bound by the principles of confidentiality set forth in the ICF Code of Ethics. The Coach agrees not to disclose any information pertaining to the Client without the Client's written consent. BE ADVISED: the Coach-Client relationship is not a relationship protected by legal confidentiality (like doctor-patient or attorney-client). As such, the Coach could be required to divulge otherwise confidential information to authorities.

6. **Cancellation Policy.** Client agrees to notify Coach 48 hours in advance of any scheduled session that he/she needs to cancel. Coach reserves the right to charge Client for the scheduled session for a missed/canceled meeting. Calls canceled with less than 48 hours notice will be considered “missed.” I do know there are things that happen out of our control like severe illness, family emergencies, etc... If there is a last-minute emergency like this, know that we can make arrangements on a case by case basis.
7. **Termination of Agreement.** Either party may terminate this Agreement at any time upon 48 hours written notice to the other party at the email address provided above.
8. **Limited Liability.** Coach makes no guarantees, representations or warranties of any kind or nature, express or implied with respect to the coaching services negotiated, agreed upon and rendered. In no event shall the Coach be liable to the Client for any indirect, consequential or special damages. Notwithstanding any damages that the Client may incur, the Coach’s entire liability under this Agreement, and the Client’s exclusive remedy, shall be limited to the amount actually paid by the Client to the Coach under this Agreement for all coaching services rendered through and including the termination date. Client agrees that the Coach is not liable or responsible for any actions or inactions, or for any direct or indirect result of any services provided by the Coach.
9. **Entire Agreement.** This document reflects the entire agreement between the Coach and the Client and reflects a complete understanding of the parties with respect to the subject matter. This Agreement supersedes all prior written and oral representations. The Agreement may not be amended, altered or supplemented except in writing signed by both the Coach and the Client.
10. **Dispute Resolution and Legal Fees.** In the event of a dispute arising out of this Agreement that cannot be resolved by mutual agreement, the Parties agree to engage in mediation. If the matter cannot be resolved through mediation, and legal action ensues, the successful party will be entitled to its legal fees, including, but not limited to its attorneys’ fees.
11. **Legal and Binding Agreement.** This Agreement is legal and binding between the Parties as stated above. This Agreement may be entered into and is legal and binding both in the United States and throughout Europe. The Parties each represent that they have the authority to enter into this Agreement.

12. **Severability.** If any provision of this Agreement shall be held to be invalid or unenforceable for any reason, the remaining provisions shall continue to be valid and enforceable. If the Court finds that any provision of this Agreement is invalid or enforceable, but that by limiting such provision it would become valid and enforceable, then such provision shall be deemed to be written, construed, and enforced as so limited.
13. **Waiver.** The failure of either party to enforce any provision of this Agreement shall not be construed as a waiver or limitation of that party's right to subsequently enforce and compel strict compliance with every provision of this Agreement.
14. **Applicable Law.** This Agreement shall be governed and construed in accordance with the laws of the state where both Parties reside, without giving effect to any conflicts of laws provisions. If the Parties reside in different states, this Agreement shall be governed and construed in accordance with the laws of the State of Georgia, without giving effect to any conflicts of laws provisions.

The Parties agree to the terms and conditions set forth above as demonstrated by their signatures as follows:

“COACH”

Signed: Benedetto P DeFrancisco, Benergy Healing LLC

By:

Date:

Email: benergyhealing@gmail.com

“CLIENT”

Signed: _____

By: _____

Date: _____