**2010 Canadian National Armwrestling Championship  
Winnipeg, Manitoba**

**Tournament Director:** Ryan Espey  
**Master of Ceremonies**: Keith Koenig  
**John Miazdzyk Award**: Terry Palaschalk  
**Team Trophy**: Ontario

**Female Puller of the Year** - Lori Pow – MB

**Male Puller of the Year -**Mark MacPhail ‐ NS & Tyrrell Wojcichowsky ‐ SK

**Best Match of the Day -**Perry Rzesnoski & Jeff Slater / Eri Sakamoto & Renee Breton

**Most Sportsmanlike Award -**Nick Penner ‐ MB

Referees:  
Fred Roy  
Dave Hicks  
Rick Pinkney  
Joey Costello  
Alain Blanchard  
Dave Knox  
Patrick Callan  
Craig Mitchell

Open Class  
(162 entries)

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| Mens Left 60 1 Will Sarty-Nova Scotia 2 Joe Dirk-Saskatchewan 3 Nick Weitzel-BC  Mens Left 65 1 Maksim Khodau-Ontario 2 Jeremie Hachey-New Brunswick 3 Jared Borstmayer-Saskatchewan 4 Etienne Perreault-Manitoba  Mens Left 70 1 Marlon Hicks-BC 2 Nick Penner-Manitoba 3 Brian Manson-Alberta 4 Scott Cusitan-Manitoba 5 Mike Weitzel-BC 6 Joel Christianson-Alberta 7 Adam Koenig-BC 8 Kevin Kuemper Jr.-BC  Mens Left 75 1 Michael Barrett-Manitoba 2 Dan Gallo-BC 3 Sylvio Bourque-New Brunswick 4 Gary MacDonald-Alberta 5 Ward Drake-Manitoba 6 Ron Spring-Manitoba  Mens Left 80 1 Anthony Dall'Antonia-BC 2 Randy Bayers-Nova Scotia 3 Shea Dickie-Ontario 4 Clayton Faulconer-BC 5 Billy Gravel-Saskatchewan 6 James Findley-Manitoba 7 Edouard Bourque-New Brunswick 8 Kurtis Hancock-Manitoba 9 Shane Bauch-Manitoba  Mens Left 85 1 Ralphie Bayers-Nova Scotia 2 Lee Saitz-Alberta 3 Allen Ford-Ontario 4 Lorne Roberts-Alberta 5 Brian Kehler-Manitoba 6 Jeff Miller-Alberta 7 Russell Giesbrecht-Manitoba 8 Greg Langlois-Ontario  Mens Left 90 1 Anatoly Skodtaev-Ontario 2 Fraser Benoit-Alberta 3 Brian Tamblyn-Ontario 4 Del Mudryk-Alberta 5 Derek Penner-Manitoba 6 Charlie McGeoghegan-PEI 7 Kayne Hemsing-Saskatchewan 8 Rob Low-Manitoba 9 Tomasz Pacynski-BC 10 Jared Kolomaya-Manitoba  Mens Left 100 1 Tyrrell Wojcichowsky-Saskatchewan 2 Eric Roussin-Ontario 3 Matt Mask-Alberta 4 Mark MacPhail-Nova Scotia 5 Shawn Ross-Nova Scotia 6 Gilles Michaud-Manitoba 7 Cameron Bacon-Manitoba  Mens Left 110 1 Jeff Slater-Ontario 2 Perry Rzesnoski-Manitoba 3 Steve Kauppi-Alberta  Mens Left 110+ 1 Ryan Espey-Manitoba 2 Earl Wilson-Ontario 3 Joe Gould-Ontario 4 Derek Spence-Manitoba  Womens Left 50 1 Tanya Morrissette-Ontario 2 Harleigh Marchant-Manitoba  Womens Left 60 1 Eri Sakamoto-BC 2 Renee Breton-Ontario  Womens Left 65 1 Tracey Arnold-Saskatchewan  Womens Left 70 1 Laura Cook-Ontario 2 Chelsea Horrocks-Manitoba 3 Joanne Langlois-Ontario  Womens Left 80 1 Chantal Leduc-Ontario 2 Kelly Gooch-Purdy-Ontario  Womens Left 80+ 1 Lori Pow-Manitoba 2 Josee Morneau-Manitoba 3 Dale Lynn McCorriston-Manitoba 4 Jennifer Rohl-Manitoba 5 Misty-Ann Prettie-Manitoba | Mens Right 60 1 Will Sarty-Nova Scotia 2 Dausen Kluin-Alberta 3 Nick Weitzel-BC 4 Joe Dirk-Saskatchewan  Mens Right 65 1 Maksim Khodau-Ontario 2 Jared Borstmayer-Saskatchewan 3 Etienne Perreault-Manitoba  Mens Right 70 1 Marlon Hicks-BC 2 Mike Weitzel-BC 3 Scott Cusitan-Manitoba 4 Nick Penner-Manitoba 5 Joel Christianson-Alberta 6 Kevin Kuemper Jr.-BC 7 Brian Manson-Alberta 8 Stan Scott-Manitoba 9 Adam Koenig-BC  Mens Right 75 1 Michael Barrett-Manitoba 2 Dan Gallo-BC 3 Perry Bruhm-Alberta 4 Ward Drake-Manitoba 5 Andrew Scott-Manitoba 6 Chris Mathews-Saskatchewan  Mens Right 80 1 Anthony Dall'Antonia-BC 2 Randy Bayers-Nova Scotia 3 Shea Dickie-Ontario 4 Shane Bauch-Manitoba 5 Gord Squire-Alberta 6 Edouard Bourque-New Brunswick 7 Clayton Faulconer-BC 8 Kurtis Hancock-Manitoba 9 Stuart Harder-Manitoba 10 Rob Bauch-Manitoba 11 James Findley-Manitoba  Mens Right 85 1 Allen Ford-Ontario 2 Lee Saitz-Alberta 3 Lorne Roberts-Alberta 4 Ralphie Bayers-Nova Scotia 5 Greg Langlois-Ontario 6 Russell Giesbrecht-Manitoba 7 Jeff Miller-Alberta 8 Brian Kehler-Manitoba  Mens Right 90 1 Anatoly Skodtaev-Ontario 2 Del Mudryk-Alberta 3 Derek Penner-Manitoba 4 Brian Tamblyn-Ontario 5 Fraser Benoit-Alberta 6 Tomasz Pacynski-BC 7 Kayne Hemsing-Saskatchewan 8 Rob Low-Manitoba 9 Charlie McGeoghegan-PEI 10 Jared Kolomaya-Manitoba  Mens Right 100 1 Tyrrell Wojcichowsky-Saskatchewan 2 Matt Mask-Alberta 3 Eric Roussin-Ontario 4 Mark MacPhail-Nova Scotia 5 Shawn Ross-Nova Scotia 6 Cameron Bacon-Manitoba 7 Allan Heinricks-BC 8 Gilles Michaud-Manitoba  Mens Right 110 1 Perry Rzesnoski-Manitoba 2 Jeff Slater-Ontario 3 Steve Kauppi-Alberta  Mens Right 110+ 1 Earl Wilson-Ontario 2 Ryan Espey-Manitoba 3 Mark Zalepa-Ontario 4 Joe Gould-Ontario 5 Derek Spence-Manitoba  Womens Right 50 1 Tanya Morrissette-Ontario 2 Harleigh Marchant-Manitoba  Womens Right 60 1 Eri Sakamoto-BC 2 Renee Breton-Ontario  Womens Right 65 1 Tracey Arnold-Saskatchewan  Womens Right 70 1 Laura Cook-Ontario 2 Chelsea Horrocks-Manitoba 3 Joanne Langlois-Ontario  Womens Right 80 1 Chantal Leduc-Ontario 2 Sylvie Dufresne-Quebec 3 Kelly Gooch-Purdy-Ontario  Womens Right 80+ 1 Josee Morneau-Manitoba 2 Lori Pow-Manitoba 3 Jennifer Rohl-Manitoba 4 Dale Lynn McCorriston-Manitoba 5 Cassandra Drapeau-Ontario 6 Kara-Lynn Savoie-Manitoba 7 Misty-Ann Prettie-Manitoba |

Masters, Grand Masters, Disabled Classes  
(42 entries), (19 entries), (4 entries)

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| Masters Mens Left 70 1 Brian Manson-Alberta 2 Joel Christianson-Alberta  Masters Mens Left 80 1 Michael Barrett-Manitoba 2 Gord Squire-Alberta 3 Edouard Bourque-New Brunswick 4 Darrell Belyk-Alberta 5 Gary MacDonald-Alberta 6 Ron Spring-Manitoba 7 Keith Steffensen-Ontario 8 Sylvio Bourque-New Brunswick  Masters Mens Left 90 1 Patrick Callan-BC 2 Jozef Trocha-Saskatchewan 3 Darrell Steffensen-Manitoba 4 Gilles Perron-Quebec  Masters Mens Left 100 1 Ben Soles-BC 2 Craig Mitchell-Ontario 3 Shawn Ross-Nova Scotia 4 Gilles Michaud-Manitoba  Masters Mens Left 100+ 1 Earl Wilson-Ontario 2 Len Houghton-Alberta  Masters Womens Left 80+ 1 Lori Pow-Manitoba  Grand Masters Mens Left 75 1 Sylvio Bourque-New Brunswick 2 Gary MacDonald-Alberta 3 Darrell Belyk-Alberta 4 Hugh Brodie-Quebec 5 John Boehm-Manitoba  Grand Masters Mens Left 90 1 Jozef Trocha-Saskatchewan 2 Gilles Perron-Quebec 3 Darrell Steffensen-Manitoba  Grand Masters Mens Left 90+ 1 Earl Wilson-Ontario 2 Bob Penner-Manitoba  Disabled Mens Left 60+ 1 Darrell Belyk-Alberta | Masters Mens Right 70 1 Joel Christianson-Alberta 2 Brian Manson-Alberta  Masters Mens Right 80 1 Michael Barrett-Manitoba 2 Gord Squire-Alberta 3 Edouard Bourque-New Brunswick 4 Rick Pinkney-Nova Scotia 5 Gary MacDonald-Alberta 6 Gord Weitzel-BC 7 Keith Steffensen-Ontario  Masters Mens Right 90 1 Patrick Callan-BC 2 William Frame-Manitoba 3 Gilles Perron-Quebec 4 Darrell Steffensen-Manitoba  Masters Mens Right 100 1 Shawn Ross-Nova Scotia 2 Ben Soles-BC 3 Craig Mitchell-Ontario 4 Gilles Michaud-Manitoba 5 Allan Heinricks-BC  Masters Womens Right 80 1 Sylvie Dufresne-Quebec  Masters Womens Right 80+ 1 Lori Pow-Manitoba 2 Kara-Lynn Savoie-Manitoba  Grand Masters Mens Right 75 1 Sylvio Bourque-New Brunswick 2 Gary MacDonald-Alberta 3 Hugh Brodie-Quebec  Grand Masters Mens Right 90 1 William Frame-Manitoba 2 Jozef Trocha-Saskatchewan 3 Gilles Perron-Quebec 4 Darrell Steffensen-Manitoba  Grand Masters Mens Right 90+ 1 Earl Wilson-Ontario 2 Allan Heinricks-BC  Disabled Mens Right 60 1 Dausen Kluin-Alberta  Disabled Mens Right 60+ 1 Allan Heinricks-BC 2 Brandon Olafson-Saskatchewan |

Youth Classes  
(44 entries)

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| Boys Left 61-70 lbs 1 Hunter Kauppi 2 Stephen McGeoghegan 3 Jonathan Perreault  Boys Left 92-120 lbs 1 Jayden Borstmayer 2 Cole Kauppi  Boys Left 126-154 lbs 1 Jeremie Hachey 2 Mike Weitzel 3 Kevin Kuemper Jr. 4 Nick Weitzel  Boys Left 155-over 1 Vincent Kohut 2 Brandon Sutherland  Girls Left 45-60 lbs 1 Keanna Langlois 2 Brooke Grandmont 3 Nadine Perreault  Girls Left 75-85 lbs 1 Aleisha Michaud 2 Georgina Whiskey 3 Kamalie Langlois  Girls Left 108-150 lbs 1 Laura Cook 2 Lacey Borstmayer  Girls Left 151-over 1 Cassandra Drapeau 2 Jessica Michaud | Boys Right 61-70 lbs 1 Hunter Kauppi 2 Stephen McGeoghegan 3 Jonathan Perreault  Boys Right 92-120 lbs 1 Jayden Borstmayer 2 Cole Kauppi 3 Brandon Wallace  Boys Right 126-154 lbs 1 Mike Weitzel 2 Jeremie Hachey 3 Kevin Kuemper Jr. 4 Dausen Klein 5 Nick Weitzel  Boys Right 155-over 1 Keenan Kohut 2 Brandon Sutherland  Girls Right 45-60 lbs 1 Keanna Langlois 2 Brooke Grandmont 3 Nadine Perreault  Girls Right 75-85 lbs 1 Aleisha Michaud 2 Georgina Whiskey 3 Kamalie Langlois  Girls Right 108-150 lbs 1 Laura Cook 2 Lacey Borstmayer  Girls Right 151-over 1 Cassandra Drapeau 2 Jessica Michaud |