**1993** **CANADIAN NATIONAL SIT-DOWN ARMWRESTLING CHAMPIONSHIP  
Regina, Saskatchewan**

**Sunday, September 5, 1993  
Tournament Director - Curley Jalbert**

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| **Men's Left 0-110  (50kg)  (2)** 1.  Curley Jalbert                      SK 2.  Normand Trepanier           ON  **Men's Left 111-132  (60kg)  (15)** 1.  Wayne Kosowan                       MB 2.  Ken Serbu                           SK 3.  Rick Leitch                         AB 4.  Troy Prior                          AB 5.  Dennis Wozniak                      SK  **Men's Left 133-154  (70kg)  (22)** 1.  Micheal Barrett                     MB 2.  Neil Dyck                           SK 3.  Paul Belluz                         ON 4.  Dennie Cormier                      YK 5.  Reece Kaybridge                     AB  **Men's Left 154-176  (80kg)  (14)** 1.  Andrew Starosielski                 AB 2.  Stan Skuse                          BC 3.  Sheldon Leitch                      AB 4.  Brian Visscher                      AB 5.  Richard Blanchard                   ON  **Mens's Left 176-198  (90kg)  (17)** 1.  Steve Morneau                       ON 2.  Harvey Poetker                      MB 3.  Garth Carlson                       ON 4.  Tony Senger                         AB 5.  Shawn Blurton                       AB  **Men's Left 198-220  (100kg)  (5)** 1.  Mike Gould                          ON 2.  Doug Wilton                         AB 3.  David Berlinguette                  AB 4.  Wade Milne                          AB 5.  Terry Palaschak                     SK  **Men's Left 220-242  (110kg)  (4)** 1.  Garvin Lewis                        ON 2.  Bard Hunker                         AB 3.  Patrick Rehill                      AB 4.  Mark Ishanner                       AB  **Men's Left 242+  (110kg+)  (8)** 1.  Gary Goodridge                      ON 2.  Dwayne Roy                          SK 3.  Kevin Kusiak                        AB 4.  Daniel Goyette                      ON 5.  Len Houghton                        AB | **Men's Right 0-110  (50kg)  (2)**  1.  Curley Jalbert                      SK  2.  Normand Trepanier            ON  **Men's Right 111-121  (55kg)  (6)** 1.  Terry Tremblett                     ON 2.  Al Friesen                          MB 3.  Rick Boulton                        ON 4.  Tyler Hazzard                       SK 5.  Jason Pickard                       SK  **Men's Right 122-132  (60kg)  (12)** 1.  Dave Knox                           ON 2.  Wayne Kosowan                       MB 3.  Rick Leitch                         AB 4.  Peter Alberto                       MB 5.  Joey Costello                       ON  **Men's Right 133-143  (65kg)  (14)** 1.  Perry Bruhn                         NS 2.  Steve Ramseyer                      ON 3.  Dwain Gailing                       AB 4.  Randy Jalbert                       BC 5.  Barry Klotz                         SK  **Men's Right 144-154  (70kg)  (17)** 1.  Micheal Barrett                     MB 2.  Rick Pinkney                        NS 3.  Miles Wolko                         MB 4.  John Morrison                       ON 5.  Joel Christenson                    AB  **Men's Right 155-165  (75kg)  (13)** 1.  Mario Doré                          ON 2.  Troy Eaton                          ON 3.  Patrick Yvon                        MB 4.  Stan Skuse                          BC 5.  Rusty Healey                        ON  **Men's Right 166-176  (80kg)  (12)** 1.  Phil Stoppert                       ON 2.  Ben Soles                           BC 3.  Sheldon Leitch                      AB 4.  Steve Webb                          ON 5.  Richard Blanchard                   ON  **Men's Right 177-187  (85kg)  (8)** 1.  Tony Senger                         AB 2.  Shawn Blurton                       AB 3.  Cecil Fahey                         NS 4.  Angelo Ippolito                     ON 5.  Richard Staroselski                 AB  **Men's Right 188-198  (90kg)  (13)** 1.  Steve Morneau                       PQ 2.  Bill Adomatis                       BC 3.  Garth Carlson                       ON 4.  Harvey Poetker                      MB 5.  Ryan Sebastian                      SK  **Men's Right 199-220  (100kg)  (8)** 1.  Mike Gould                          ON 2.  Mike Bossé                          ON 3.  Mark Zalepa                         ON 4.  Brent Anderson                      SK 5.  Wade Milne                          AB  **Men's Right 221-242  (110kg)  (7)** 1.  Garvin Lewis                        ON 2.  Ron Highet                          AB 3.  Mark Shannon                        AB 4.  Patrick Rehill                      AB 5.  Kevin Kusiak                        AB  **Men's Right 242+  (110kg+)  (8)** 1.  Gary Goodridge                      ON 2.  Bill Machura                        AB 3.  Dwayne Roy                          SK 4.  Ron Prebushewsky                    SK 5.  Len Houghton                        AB |

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| **Ladies Left 0-110  (50kg)  (4)** 1.  Tammy Hincks                        SK 2.  Chreyl LeRue                        AB 3.  Arlette Hincks                      SK 4.  Dusty Clark                         SK  **Ladies Left 111-132  (60kg)  (7)** 1.  Barb Schlegel                       ON 2.  Cheryl Adomaitis                    BC 3.  Shirley Issaac                      AB 4.  Diane Lasko                         SK 5.  Laura Senger                        AB  **Ladies Left 133-154  (70kg)  (6)** 1.  Angie Jensen                        AB 2.  Sarah Jell                          MB 3.  Kim Kilpatrick                      AB 4.  Cari Chudyk                         AB 5.  Angie Mikolychuk                    MB  **Ladies Left 155-176  (80kg)  (3)** 1.  Gayle Berndt                        YK 2.  Sharon Haraba                       YK 3.  Shannon Auramenko                   YK  **Ladies Left 177+  (80kg+)  (4)** 1.  Liane Dufresne                      PQ 2.  Rose Jowsey                         MB 3.  Cathy Brais                         YK 4.  Laureen Parker                      BC | **Ladies Right 0-99  (45kg)  (3)** 1.  Cheryl LeRue                        AB 2.  Kim Smalley                         ON 3.  Arlette Hincks                      SK  **Ladies Right 99-110  (50kg)  (3)** 1.  Tammy Hincks                        SK 2.  Dusty Clark                         SK 3.  Irene Jalbert                       SK  **Ladies Right 111-121  (55kg)  (3)** 1.  Camille Hogue                       AB 2.  Diane Lasko                         SK 3.  Delyn Anderson                      SK  **Ladies Right 122-132  (60kg)  (10)** 1.  Barb Schlegel                       ON 2.  Shirley Issaac                      AB 3.  Nancy Locke                         ON 4.  Cheryl Adomaitis                    BC 5.  Donna Holowachuk                    SK  **Ladies Right 133-154  (70kg)  (5)** 1.  Angie Jensen                        AB 2.  Kim Kilpatrick                      AB 3.  Cari Chudyk                         AB 4.  Sara Jell                           MB 5.  Angie Nikolychuk                    MB  **Ladies Right 155-176  (80kg)  (3)** 1.  Gayle Berndt                        YK 2.  Sharon Haraba                       YK 3.  Shannon Auramenko                   YK  **Ladies Right 176+  (80+kg)  (6)** 1.  Sue Morrison                        ON 2.  Liane Dufresne                      PQ 3.  Rose Jowsey                         MB 4.  Laureen Parker                      BC 5.  Cathy Brais                         YK |