

**Canadian Armwrestling Federation
2023 DRAFT AGENDA
Saturday, June 30, 2023
Sydney, Nova Scotia
Membertou Trade & Convention Centre
6:00PM EST**

Ryan Espey calls the meeting to order at 6:09PM

1. Roll Call & Approval of Agenda
 - a. Anthony Dall'Antonia, BC
 - b. Steve Gaber, SK
 - c. Josee Morneau, MB
 - d. Tony Brooks, ON
 - e. Marc-Andre Campeau, QC
 - f. Scott MacInnis, NS
 - g. Jaime Leblance, NB
 - h. Charlie McGeoghegan, PEI
 - i. Ryan Espey, President
 - j. Dave Knox, Interim Referee-in-Chief
 - k. Vivian Santos, Secretary-Treasurer

Via Google Meets

- l. Tracey Arnold, Interim Vice-President
- m. Chantal Leduc, Ethics Advisory Committee

Observer

1. Kelan McCormack, Yukon
2. Fred Roy, SK
3. Earl Wilson, ON
4. Matt Smith, ON
5. Greg Mitchell, ON

Regrets

Newfoundland - Alex Matchim

Vivian Santos takes the Chair.

Motion to bring Items Nos. 11 & 13 to positions 2 and 3. Rationale - a lot of discussion in the letter that may change ppl's minds during elections of executives. Decide that before. Bring to the beginning of the Agenda and renumber accordingly.

Moved Ryan / Charlie seconded - carried.

Ryan Espey resumes as Chair.

Motion to approve Agenda, as amended.

Moved Charlie / Marc Andre seconded - carried.

2. Josee Morneau presentation of the following:

a. Presentation of Letter to CAWF (**attached as APPENDIX A**)

i. Josee reads the letter into the record.

Motion to allow Fred Roy to speak in delegation.

Moved Josee / Steve seconded - carried.

ii. Fred Roy introduces himself - former WAF and CAWF president. Going back on board in one direction. Letter is going ahead. Wants CAWF exec back on board.

iii. Many questions and feedback provided:

1. Letter states to separate from IFA, and join WAF, with criteria. Why is WAF want one person to be represented?
2. 2nd page qualifier issues, WAF does not follow the qualifier.
3. Unfortunately there are many trust issues with Joey, CAWF did pay WAF dues.
4. Surprised by the approach, getting the partnership from CAWF is in the best interest, Joey is standing at WAF with no other federation approval, para-olympic discussion, Joey having a voting seat.
5. WAF have been banning ppl, IFA won't be able to go to Canadians.
6. Joey provides a list of ppl who gets banned, he is the conduit who states which armwrestlers gets banned or not banned, we attempted by submitted forms and we need NAAF to approve, we tried and got pushed back in our faces.
7. Confirmed that CAWF continues to pay WAF fees.

iv. Fred Roy responds:

1. Joey is only recognized by WAF and they want him to do the job. Has not been privy to info, and CAWF have to get on board with WAF and Ryan Espey can attend WAF congress meetings. Currently, the Nationals are not following WAF protocol, and states the Joey issue is not the problem. Joey did the right thing by staying with WAF this entire time, and what Rick did was inappropriate. Joey does not have anything to do with this. Armwrestlers who attended IFA last year can be reinstated thru a pardon. Need to stand up to WAF by rejoining and then fixing the other issues.

Jason Tibok, AB (arrived at 6:45PM)

Delegation closes and executive debates.

- v. How is the WAF 50th anniversary happening in Canada?

Motion to allow Fred Roy to reappear in delegation.

Moved Charlie / Dave Seconded - carried.

1. Fred responds and advises that the fee to host the WAF Worlds in Canada has already been paid for. If CAWF executive does not sign on, the WAF Worlds in Canada will still happen.

Delegation closes and executive debates.

1. Options were put forward: the executive can receive the letter as information and do nothing, OR create a sub-committee to discuss the letter further and possibly negotiate by writing a letter stipulating CAWF criteria to join WAF, OR accept the letter as written and join WAF.

Vivian Santos takes the Chair.

Motion to receive the letter as information.

Moved Ryan / Tracey seconded - recorded vote: 8 Yay, 0 Nay, 4 Abstained - Carried.

Ryan Espey resumes the Chair.

- b. Voting rights at board meetings and Annual General Meetings
 - i. Question of why is Chantal voting, and wants clarification. Clarity provided that there was an AGM that the EAC chair has a vote. The constitution needs to be updated.
- c. 2024 Canadian Nationals add 50+ KG class for womens (ex. 70 kg & 70+ kg)
 - i. Incorrect agenda item and it is not a new weight class that is being suggested. Josee wants a new age class. Spoke with Marc-Andre for upcoming Nationals and wants grandmaster women to be 50+ age.

Motion to add women's grandmaster 50+age division with two (2) classes, right and left, to be trialed at the upcoming 2024 Canadian National Armwrestling Championships.

Moved Josee / Marc-Andre seconded - carried.

3. New Business

- a. Review of "Referee in Chief Assistant" position.
 - i. Vivian reads out the description of the position. Dave still wants to keep the position. Receive it as information, and keep the position.
- b. Form a Sub-committee (6-month term) to review all past AGM notes and update the CAWF Constitution where applicable.
 - i. EAC and the Chair should always be reviewing the constitution every two years. The constitution has been updated in 2020 and needs to be forwarded to the Director of Comms to update the website. The Chair of

the Sub-committee would only need to review the last two years of the minutes of the AGM.

Motion to nominate the Chair of the EAC of the Sub-committee, and include the Secretary-Treasurer & Director of Communication to assist with updating the constitution.

Moved Tracey / Charlie seconded - carried.

- c. Assign an Officer or CAWF Executive to update the constitution, when applicable.
 - i. Suggested that the role be assigned to the Director of Communications since they update the website. It was also suggested that the Secretary-Treasurer or Chair of the EAC, since they also review constitutions and take notes at AGM.

Motion that the role of the Secretary-Treasurer be amended so that the notes taken from the AGM where there are by-law/constitution/rule amendments, that they be incorporated in a timely fashion but not later than 6 months.

Moved Tracey / Scott seconded - carried.

4. Elections

- a. Vice-President - nominated Tracey Arnold / Matt Smith
 - i. Tracey Arnold elected
 - b. Secretary-Treasurer - nominated Vivian Santos
 - i. Vivian Santos re-elected
 - c. Team Captain - the constitution was updated 2020 and removed the Team Captain. No election occurred.
 - d. Assistant Referee in Chief - nominated The Butcher / Dave Knox
 - i. Dave Knox elected
 - e. Referee in Chief - nominated Earl Wilson / The Butcher / Rick Pinkney
 - i. Rick Pinkney elected
- 5. Approval of CAWF 2022 Annual General Meeting dated July 1, 2022
 - a. Document attached
 - 6. Approval of CAWF Income Statement Year Ending February 28, 2023
 - a. Document attached
 - 7. Approval of CAWF Board Meeting January 8, 2023
 - a. Document attached
 - 8. Approval of CAWF Board Meeting January 15, 2023
 - a. Document attached
 - 9. Approval of CAWF Special Board Meeting February 15, 2023
 - a. Document attached

Motion that Items 5 - 9 inclusive, be approved and ratified.

Moved Dave / Tracey seconded - carried.

10. Provincial Reports

- a. Anthony Dall'Antonia, BC
 - i. Provincial AGM Keith retired and handed it over to The Butcher, his position begins next year. Same few events and had the biggest turn out at Provincials.
- b. Jason Tibok, AB
 - i. Trying something new every year, Stronghold is back and making new waves in the province, still trying to get the best team together in the West. Frazer is doing amazing things with kids and women.
- c. Steve Gaber, SK
 - i. New president. Lots of new clubs and new females. Have more females at the Nationals than mens.
- d. Josee Morneau, MB
 - i. Two tournaments in the fall. Since 2023 8 tournaments. 6 more coming. Took care of some old issues where there was some controversy but now those issues are done.
- e. Tony Brooks, ON
 - i. Doing well, setting records, having 2 tournaments a month, Provincials had 321 entries.
- f. Marc-Andre Campeau, QC
 - i. Biggest Provincials 556 entries, did it in two days. It is easy for us to do big tournaments, Nationals will not be an issue. Need to have a referee clinic to have more referees. June 28 - 30 Nationals moving venues to SlushPuppyCentre. July 1st will be a big party. Tracey offered to be head score keeper.
- g. Scott MacInnis, NS
 - i. Getting junior numbers up.
- h. Jaime Leblanc, NB
 - i. Newly elected. Recently had provincial championships with 100 pullers. Able to purchase bracketing systems. One of the executive's is now on the EAC committee. Able to add new awards. Holding youth tournaments in Moncton. Teamed up with a Strong Man who added armwrestling practice to his gym. Looking to certify a 4th referee.
- i. Charlie McGeoghegan, Prince Edward Island
 - i. Big practices and go to NS or NB. More armwrestlers and two active clubs in West and Central.
- j. Alex Matchim, Newfoundland & Labrador
 - i. Ryan reads the report into the record. Document attached.
- k. Kelan McCormack, Yukon
 - i. Got a small club. Organized as a non profit and working with the territorial government to be involved, especially with funding. Arctic Winter Games where they have territorial tournaments there, try to have armwrestling

part of it and then have government funding. Also trying to get money to get referee training.

Motion to receive verbal reports from the Provinces and Territories as information.

Moved Charlie / Jason seconded - carried.

11. Ethics Advisory Committee Reports

- a. Year-in-Review
 - i. Video clip to be aired on day 1 and day 2 of Nationals to introduce the EAC crew. There is activity and reports on two pending individuals because the people are too afraid to come forward.
- b. Training
 - i. Ppl need to take the EAC training and guide them in the right way and have confidence in the leaders at the table.
- c. discussion around leading the change (video release for Nationals)
 - i. Video clip read into the record. Attached. First time having an entity like this and please reviewing the code of ethics and constitutions.

Motion to receive EAC verbal report as information.

Moved Dave / Marc-Andre seconded - carried.

12. Anthony Dall'Antonia presentation of the following:

- a. Revisions for CAWF Rules <https://cawf.ca/rulesfull>
 - i. Does not say when you can protest. The rule was only in the finals and semifinals. Whatever it is, needs to be added to the website. Worlds are different and can protest any time. Has to be videos and during semifinals. Different in triple elimination. It is clarifying the rules.

Motion to clarify the rules on protesting in section F of Competition add a new sentence "This pertains to only the semi-finals and finals."

Moved Anthony / Dave seconded - carried.

- ii. Discussion regarding where the shoulder is at the table. Want to amend the wording used in the past.

Motion to amend section 2A Fouls mentions hyperextension, delete and replace with "Competitor whose humerus bone is on a decline on his losing side or centre line."

Moved Anthony / Dave seconded - carried.

- iii. Straight arm lock. Not mentioned in the rules at all. Mentions dangerous moves, but no mentions of locked arm.

Motion to add new rule under the Fouls category, "You cannot pull with a fully locked straight arm during the match even with the shoulder is above / humerus is not on a decline".

Moved Dave / Anthony seconded - carried.

13. CAWF Canadian Nationals 2025 Bids

- a. Steve Gaber on behalf of SAWA
 - i. Letter Attached (**Attached as APPENDIX B**). Host city will be in Regina Saskatchewan. July 1st is on Tuesday, and June 30th is a Monday and the venue is booked for graduations. There have been some nationals that were not on the July long weekend.

Motion to accept Saskatchewan Armwrestling Association's bid to host the 2025 Canadian National Armwrestling Championship in Regina, Saskatchewan.

Moved Charlie / Anthony seconded - carried.

14. New Business Item

- a. Triple elimination vs double elimination at Canadian Nationals.
 - i. Triple is fun but days are long and way more armwrestlers these last few tournaments, especially Nationals. Worlds are only double elimination. To clarify, the only category for double elimination is the Youth category. Masters / Seniors is triple elimination.

Motion to start in 2024 Canadian Nationals Armwrestling Championships, all National classes will be moving to a double elimination tournament.

Moved Dave / Anthony seconded - recorded vote: Yay 8, Nay 3 - carried.

Ryan Espay adjourns the meeting at 9:05pm.

APPENDIX A - LETTER TO CAWF

Fred - Addressing AGM at Nationals

Speaking Points

- WAF has offered that Canada host the 50th WAF Worlds
- It would be a great opportunity to host the biggest armwrestling event while celebrating 50 years in armwrestling
- Potential sites would be Toronto, Vancouver or Montreal
- We are required to put up the \$2500 Euro for the bid bond
- Fred, Keith, Lise, Joey, Patrick and Dave are committed to making this work
- We would love the CAWF to be on board

We need to build Canada up to the strength it used to be in order to effect change at the world level, and we can't change the way WAF operates unless we are part of WAF.

The IFA had great intentions and have tried to build a strong federation but have not received the support from other countries.

Unfortunately, because of the split Canada has lost its place as one of the leading countries in WAF. And has not kept up with the changes made at the WAF level. We now need to work our way up from the bottom, the important thing to focus on is the sport in Canada and the competitors.

Although we might not agree with the way WAF is managed they have made great strides in the past 10 years such as

- Being recognized by GAISF, WADA, FISU, AIMS, Sport Accord, International Paralympic Committee and World Combat games.
- Adding Para-Armwrestling Categories
- State of the Art Weigh-in and Scorekeeping technology
- Streaming live all over the World
- Referee's Training and certifying seminars

Let's work together to host the 50th Anniversary of the WAF Worlds and bring Canada back to the forefront at the WAF level by adding:

- 1) Para classes
- 2) Following the classes offered at World Level (not offering all classes but choosing within WAF classes)
- 3) Double elimination
- 4) Hosting the new WAF Referee Seminars.

In order for the CAWF to take its rightful place at WAF the following needs to happen

1. CAWF will need to attend the WAF Championships under the umbrella of the Team Canada Armwrestling Federation (TCAF) (the only WAF recognized Canadian Federation) for 2024, 2025 minimum and 2026 if a united Canada has not been achieved.

2. Joey Costello will have a voting seat on the CAWF Executive, either as Vice-President or WAF liaison. This is required as he is the only recognized Canadian Representative at the WAF level.
3. TCAF will have one CAWF director attend the WAF Congress as its guest.
4. In December 2027 TCAF will change its name to CAWF and a new CAWF election will can be held.

During these two years we will need to work on the following:

- Canada cannot be part of two World Armwrestling Federations
- Turn our National event into a WAF Qualifier instead of an IFA qualifier.
- Work as a team to bring our numbers at Nationals over 1000.
- Make every effort to fill all the classes at the WAF Championships by 2026.

The CAWF has already left the IFA, the standing members of CAWF who voted to leave WAF and/or attended an IAF Worlds will need to ask for a pardon in order to join WAF.

Fred Roy and Lise Blanchard have offered to be the intermediaries between the CAWF and TCAF therefore they will hold a voting position on the Board of the TCAF along with Joey Costello, Patrick Callan, Ashley Costello and Gord Squire.

Our goal (Fred & Lise) is to re-unite all of Canada by avoiding 2 Nationals and 2 World Championships as well claiming our rightful place as one of the leading Countries at the WAF level.

Should the CAWF not want to pursue this opportunity we will have no choice but to host our Own National qualifier for competitors to attend the WAF World Championships.

I (Fred) also request that the Executive vote on keeping the CAWF in good standing at the World Championships by paying the \$400 Euro country fee and half of the Team Captain fee of \$600.

APPENDIX B - LETTER FROM SAWA



2025 National Championships Proposal

Hosted by the Queen City

Regina, SK

On behalf of The Saskatchewan Arm-wrestling Association, Steve Gaber would like to formally bid to host the National Arm-wrestling Championships in the Queen City, Regina, Saskatchewan, on July 4th weekend 2025.

The hosting venue is The Turvey Event Centre. The Turvey Centre has many attractive features to host this event, such as;

- A central hall with a capacity of 750 people.
- Balcony with space for extra capacity and a large stage.
- A full restaurant and bar are located conveniently in the venue.
- Ample parking

The grounds surrounding the Turvey Centre are full of family-friendly activities, such as;

- A free pool is open daily.
- Large playground
- A walking path surrounded by wildlife like buffalo and elk.
- Barbeque areas throughout the park
- Ride along train for children

The Regina International Airport is only an 18-minute drive from the venue. Multiple hotels are within a 5-10 minute drive from the venue, and many shopping centres and amenities are nearby. Regina, Saskatchewan, is a four-season city with numerous sites to see and activities. A multicultural city that caters to anyone from anywhere.

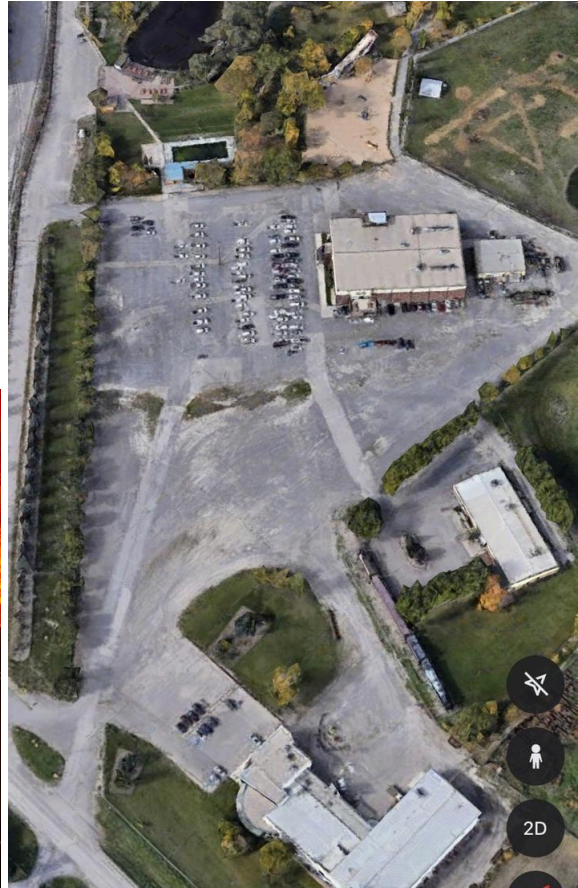
The Turvey Centre is familiar with Arm-wrestling events as it has hosted Provincials and many tournaments. The Turvey Centre is known for hosting sporting events and award ceremonies in Regina. Providing state-of-the-art lighting, staging and sound sponsored by Nite Staging and Sound.

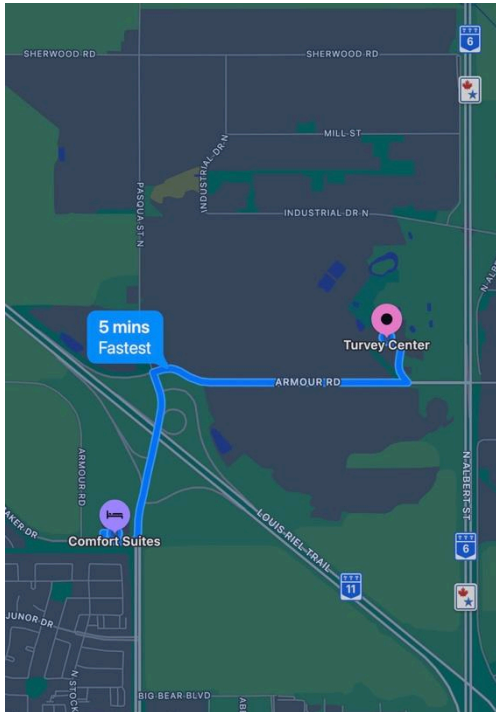
Shuttle options will be available if needed, and an after-party will also be hosted conveniently at The Turvey Centre, entertainment TBA.

Sponsors to date are The Turvey Centre and Nite Staging and Sound.



Photos of Event Centre interior and aerial view





Photos of the Grounds and a map showing the short distance to one of a few hotels nearby.

Canadian Armwrestling Federation
2022 Annual General Meeting
DATE: Friday, July 1, 2022
TIME: 6:00PM (Central)
LOCATION: Canad Inns Destination Centre Polo Park
1405 St Matthews Ave, Winnipeg, MB R3G 3P7

AGENDA

Rick called the meeting to order at 6:05 pm

1. Roll Call

- a. Tracey Arnold, SK
- b. Chantal Leduc, Ethics Advisory Committee
- c. Josee Morneau, MB
- d. Marc-Andre Campeau, QC
- e. Mark MacPhail, NS
- f. Anthony Dall'Antonia, BC
- g. Ryan Espey, VicePresident CAWF
- h. Dave Campbell, Referee-in-Chief
- i. Rick Pinkney, President
- j. Vivian Santos, Secretary-Treasurer
- k. Luc Faubert, NB
- l. Jason Tibok, AB
- m. Matt Smith, ON

Observer

- n. Jaime Leblanc, NB

2. Approval of CAWF 2021 Annual General Meeting date July 3, 2021

- a. Document attached.
- b. Ryan Espey moved / David Campbell seconded - carried

3. Approval of CAWF Income Statement Year Ending February 28, 2022

- a. Document attached.
- b. Tracey Arnold moved / Luc Faubert seconded - carried

4. Provincial Reports

- a. British Columbia (Anthony Dall'Antonia)
 - i. 2 years of nothing during the pandemic. Shut down practice as a result, many small locations are forming. Annual events - provincial

and outdoor, huge turn out. Jeff Frank moved to BC started in Chilliwack - a big event in November and made a few things happen. Anthony's club has grown with an average of 25ppl and 7 tables running. Social Media and YouTube has helped a lot and people are able to contact the club.

b. Alberta (Jason Tibok)

- i. Experimenting different ways to do arm wrestling tournaments. 3 different leagues - Alberta ranking, super match styles, point style. Having a hard time tackling and gaining more youth and women. New ideas. Bring in more spectator sport. Points league is really starting to become popular. Ladder tournament - every tournament you go into Alberta, you get points into the league. Go to as many tournaments and then at the end you get a pay out. The fee of \$100 to the association and that grows the pot for the top 3. The bigger the pot the more you get entries.

c. Saskatchewan (Tracey Arnold)

- i. Through the pandemic no tournaments. Provincials was the biggest in many years. Juniors have increased in numbers. Have a rule that you need to compete in 1 circuit tournament and then pull in provincials. Waived that criteria and brought in more people. Kayne has FitIIFight NatFit tournaments which draws in other ppl from other provinces. Circuit tournaments are working and are increasing numbers.

d. Manitoba (Josee Morneau)

- i. First time at AGM and became President May 13th, Darrell knows more about the last two years. To keep it going, focus more on women and youth. At Provincials all the kids got a certificate with their name. With the certificates it kept the kids interested. Planning to have at least 6 tournaments every year, including the kids. Festival du Voyageur - get the kids involved. Sword tournament - usually it's for adults but will try to get kids. Mike Barrett Classic - definitely having kids. What she does is she personally trains the kids herself. Learning more from Darrell and he is still around and lots to learn.

e. Ontario (Matt Smith)

- i. Slow during Covid for sanctioned events. Drawn in a huge crowd and ppl watching Devon and WAL. He is a hero in the armwrestling sport. 25-30 ppl and twice weekly, always new ppl showing up. Table Monkeys getting big with their YouTube content and helping the sport. Matt couldn't host his tournament as the Trailer Park got destroyed during the storm where kids came out to try out the sport. Provincials was huge, almost 350 competitors.

- f. Quebec (Marc-Andrew Campeau)
 - i. Biggest years in AW for Quebec. 327 entries at provincials, 55 juniors, all of juniors received a trophy. One class in the open had 38 entries. Lots of classes with 6 divisions. Next year, will do the class as the same as Nationals, probably 400 entries. Last two years with covid, each message I receive because of Devon Larratt to grow the sport. Working now formations for the promoters, scorekeepers and referee. This Fall, we are going to make a big formation. Pay for the people all there. 10 new refs, not pullers, just as referees. Important to have more scorekeepers and referees. Introduce all the text into French like the EAC. Working with Josee to get translation, and include a University teacher. And get it included on the Canadian website.
- g. Nova Scotia (Mark MacPhail)
 - i. No sanction tournaments for 2 years. Held provincial championships 2021 in November - average tournament, not very overly large and the venue was checking for vaccination, so numbers were low, but still held events. Fast forward where we held the Atlantic Championships in May & April 2022, one of the biggest turnouts. Provincial turnout was even better. 3 tournaments post pandemic. Impact that Devon is having an online presence and youtube following. Sackville Club is the largest club, its central and HRM is right there. Trying to have a larger presence on YouTube.
- h. New Brunswick (Luc Faubert)
 - i. Due to covid, very backyard pulling, practice at different locations, did have those practices happening. Did have superman matches in the northern region and had challenges matches. It was great and really well done. We lost two armwrestlers, Randy and Sylvio. Had a lot of guys quit the sport due the loss of these two individuals. Had to revamp the way we approach things. Talking to Jaime LeBlanc, VP, we have a team up north along the Acadian Peninsula. On practice day, average 25-35 ppl, 2 or 3 times a week. Significant growth for NB. Going from 3 pullers in 2011 and now over 60 pullers in the sport. Jamie LeBlanc is the go to guy and sparked a fire and got things going again. Developing tournaments every year at the festival and "turn key operation". Ppl watching Devon and Michael Todd on youtube. Fredericton has an official team where Cody King came back. Moncton Team has 25, here and there not static. Overall close to the 70 mark as far as competitors. Hosting the first provincials this year Apr 5th we had 62 entries. Negotiations with the City of Moncton to put forward a motion to hold Nationals, they are very interested.

- i. Newfoundland (No Rep)
- j. Prince Edward Island (No Rep)

Dave Campbell moved / Tracey Arnold seconded - passed.

5. Ethics Advisory Committee Reports (Chantal Leduc)

- a. Report Attached.
- b. Not included in the report, some incidents involve criminal matters and the courts are involved.
- c. Another issue has come up at Nationals just today doing weigh-ins - hasn't been part of the conversation - bringing up the word "Privacy". People are expected to be clothed and unclothed in the curtain area, only coming out when they are clothed. No more of this "open door policy" where I can look at my colleagues in their underwear, that has to stop. It is not up to me, some of our women have been raped in this sport. It's gone unseen, undiscussed and unnoticed. People are quite accepting now and we just need to remember those elements and what contributes to the EAC.
- d. There is a presentation that the Provinces can use to educate their people to introduce the EAC and information on where they can get the documents.
- e. Adopting a Code of Ethics - you are welcomed to use what's on the CAWF website - EAC Code of Ethics - to use it provincially. Provinces are dealing with the incidences on their own - contact EAC for consultation - how do you want to proceed. If there is a need for a suspension - consult with EAC, fill out the application with all the pertinent information, and EAC will review if the suspension is warranted. The President gives a complaint to EAC - EAC would consult - then issue a recommendation to the President - the Province would use it. How we want the suspension information shared amongst the Provinces is yet to be determined.
- f. Matt Smith moved / Marc-Andre Campeau seconded - passed.

6. CAWF Canadian Nationals 2023 Presentation (Marc-Andre Campeau)

- a. Powerpoint Presentation attached.
- b. Matt Smith moved / Jason Tibok seconded - passed

7. CAWF Canadian Nationals 2024 BIDS

- a. Vancouver, B.C. submitted, however incomplete and tentative. Postponed the 2024 Bid until next year's 2023 Annual General Meeting and add 2025 Bid presentation by Luc Faubert.
- b. Luc Faubert moved / Marc-Andre Campeau seconded - passed.

8. Byes for Nationals and Worlds (Rick Pickney)

- a. Nationals: People complaining about the byes. Still up to the individual provinces - \$200 bye-in. If it's a legitimate reason for not attending, then there is no cost. Do not want to circumvent the Provincial Body and want to keep it the same.
- b. Worlds: people could not come to Nationals because they couldn't fly due to vaccination restrictions, so do we allow them to go to Worlds for this one year? But just two weeks ago, flights were open - do we still offer the free bye? Give a bye, but there is a cost associated with it. Host province doing the National tournament is losing out, especially on the costs of entering the tournament and paying the \$60/arm fee. CAWF is not losing any funding. Suggested just a 1 year waiver. Historically, there was a review of the bye, on an individual case by case basis, as long as there is a request to waive with a legitimate reason. Suggestion to continue with the \$500 bye, half goes to the Province who hosted Nationals, and half to CAWF to assist with the World tournament fees. If we are bringing it in, be consistent - do not do it for 1 year.
- c. Mark MacPhail moves motion for the executive to look at a bye to the worlds with \$500 with a legitimate reason on an individual basis. Seconded Matt Smith. 8 yays. 2 abstains - passed.

9. Zoom Online Conference

- a. Rick introduces the cost of Zoom is \$200 a year. Do we keep this expenditure? Google meet is free or MS Teams is another option for provinces. Receive it as information.
- b. Tracey Arnold moves / Chantal Leduc seconded - passed.

10. Rules changes as per CAWF Board Meeting on January 9, 2022

- a. Report attached.
- b. Dave Campbell moves / Marc-Andre Campeau seconded - passed with Luc Faubert abstains.

11. Worlds' Armwrestling competition (IFA and WAF)

- a. IFA Sept 26 - Oct 2, 2022 Dieppe France
- b. WAF Oct 14 - 23, 2022 Antalya, Turkey
- c. Jason Tibok moves / Dave Campbell seconded - passed

12. New Business

- a. Rick introduces a motion to add a new class division for Women's at Nationals 55KG weight class which is 125lbs.
 - i. Rick Pickney moves / Luc Faubert seconded - passed
- b. Ryan introduces a motion to revisit the black pants (shorts) rule, non jean material. Discussion and support that the current rules do not change however, not going to enforce the black pant rule for 2022 Nationals only.
 - i. Ryan Espey moves / Matt Smith seconded - passed

- c. Mark introduces a motion for new clothing rules for the youth. Any type of t-shirt with a provincial logo is acceptable for youth only. No rules for the type of pants for the youth. Making a note that this rule will not be enforced for 2022 Nationals only.
 - i. Mark McPhail moves / Tracey Arnold seconded - passed
- d. Mark introduces the Youth 21 Class Division. Confirmed that the 2022 Nationals was a test project and was not going forward. Discussion to eliminate the Youth 21.
- e. Jaime introduces fabricating tables, set standard for youth division. Stepping from a junior youth to a senior youth table. Can we have a set standard? We do risers to adjust for smaller kids in the same year class. Table top dimensions are more of an issue. Every province to put their kids' table measurements into the Facebook Exec Director group to share information.
- f. Marc introduces a new and updated referee website. The website is very old and hard to read the rules of the referee. All the rules from the website and the referee section should be moved over the CAWF site. Anthony to update the website.
- g. Dave introduces referee complaints. 2 serious ones to be reviewed. Make sure all competitors are reading the new rules. Make sure every province is more stringent on unsportsmanlike conduct.

13. Adjournment

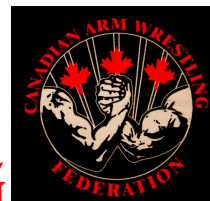
Meeting adjourned at 8:31PM

Matt Smith moves / Jason Tibok seconded - passed.



CANADIAN ARMWRESTLING FEDERATION

"REMEMBER THE SPIRIT"



Canadian Arm Wrestling Association Income Statement Year Ending Feb 28, 2023

INCOME:

Clothing	\$1,860.00
Worlds IFA Registration Fees	1,920.00
Hall of Fame banners	345.00
2023 Provincial Fees (x9) & byes (\$300)	3,900.00
TOTAL INCOME	\$9,025.00

EXPENSES:

Clothing Team Canada	\$1,562.75
Team Canada registration fee (\$1,160.00 Euros)	1,650.06
Reimbursement World entry fee	118.50
Zoom Video Communications Inc. paid Apr 19/22	230.00
2022 Annual Return of CAWF filed Oct 11/22	12.00
World IFA Membership Fee paid May 16/22 (\$100 Euros)	141.89
World WAF Membership Fee paid Oct 31/22 (\$300 Euros)	403.78
Bank Service Charges (\$4.95 monthly x12 + \$1.50 E-trf fees x6)	68.40
Haystack Media	69.00
CAWF Nationals (Awards, Ref Seminar, Recording AGM)	865.69

TOTAL EXPENSES	\$5,122.07
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NET INCOME (REVENUE)	\$3,902.93
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Beginning Year Balance	\$4,308.80
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Year End Balance	<u>\$8,211.73</u>
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June 30, 2023

Vivian Santos, Treasurer

Ryan Espey, President

192 BEAVER BANK RD, SACKVILLE, NS, B4E 1J7
902-489-9008

**Canadian Arm Wrestling Federation
Board Meeting
DATE: Sunday, January 8, 2023
Time: 04:00 PM Halifax
(4pm Atlantic, 3pm Eastern, 12pm Pacific)**

AGENDA

1.Attendance: Anthony Dall'Antonia <vancouverarm@hotmail.com>; Brittany Sutherland <southland_101@hotmail.com>; Chantal Leduc <eac.chantalleduc@gmail.com>; Charlie McGeoghegan <charlie.connie@yahoo.ca>; Alexmatchim@hotmail.com <Alexmatchim@hotmail.com>; Jason Tibok <topz@live.ca>; Josee Morneau <joseemarie14@hotmail.com>; Keith Koenig <myarmwrestling@shaw.ca>; kelanwm@gmail.com <kelanwm@gmail.com>; Luc Faubert & Jamie Leblanc <lucfaubert@outlook.com>; Marc Andre Campeau <brasdeferquebec@live.ca>; Butcher Patrick Callan <Whosyourbutcher@gmail.com>; Rick Pinkney <rickpinkney@gmail.com>; Ryan Espey <Espey76@gmail.com>; Scott MacInnis <Armsportvideos@hotmail.com>; Tony Brooks <tbrooks_77@yahoo.ca>; Tracey Arnold <tarnold001@hotmail.com>

Regrets: Vivian Santos

2. 2024 Nationals Bids

- Marc Andre Campeau put forward a bid to host 2024 Nationals on June 28 - 30th weekend since July 1st is on a Monday. In Gatineau, Quebec, Hilton Hotel, 23 minutes from the Ottawa airport. There is a promotional video presentation (to be sent via email to everyone to review). Cost of rooms \$265 without tax for double queen bed. There are other hotels around that are cheaper. Already secured \$20,000 in sponsorship. Able to secure the ballroom and other rooms. Lots of museums to visit and other things to do. Marc will have free pick up from the airport to hotel. If you book with other hotels, you need to double check transportation to and from the airport. Logo already drafted.
- Faulkner put forward a bid to host 2024 Nationals, proposing to use River Rock Casino (same as 2013 Nationals), however there are concerns about money. The club as a whole do not support the bid due to financial constraints regardless if he says there is none. He proposed to pay for half of the room rates which would bring the cost down to \$150 a night, however, the club does not have the confidence that he could pay as it would cause personal financial hardship.

Ryan Espey moves that Quebec hosts 2024 Nationals, Tracey Arnold seconded. Carried unanimously.

3. WAF Fees

- Rick Pickney introduces the item and states that there is no issue paying the WAF Fee, as long as they follow the WAF rules, they are not going to force anyone to attend Nationals. Pick people at random on who wants to go.
- Ryan Espey states a solution - we do have the ability to use our national championship as a qualifier for wherever the armwrestler chooses to go - IFA or WAF. Ryan proposes

to withdraw from the IFA membership and remain neutral. Officially, we would belong to neither one. Currently, every year CAWF pays WAF \$300 euro and IFA \$100 euro. Essentially you are not a member of either, but you pay your athletes to go. WAF agrees to this proposal. The question was proposed to Mircea: what do we need to do to become a qualifier for athletes to attend WAF? The athletes should be able to choose which competition they wish to attend. Right now people can attend WAF, however it is a team selected that is outside of attending the Canadian Nationals qualifying process. In the end, wants to bring everyone to Canadian Nationals, and then the armwrestler has a choice to make. Right now, nobody has to go to the CAWF Nationals in order to go to the WAF championships because as a member of IFA we were not a qualifier. Question posed: can we attend IFA or WAF as individuals of Team Canada, confirmed as Team Canada. One issue, the members who attended IFA will need to request to be in good standing with WAF if they choose to go WAF. Question posed: what about a referee, can they be a referee at WAF (ex. Butcher refereed at IFA, can he attend WAF?) Butcher confirmed that he participates in Nationals which is an IFA qualifier, he is no longer able to attend WAF.

- Anthony - Referendum should be proposed at Provincials needs a clear decisive decision on IFA vs WAF. Wants to have CAWF be a pioneer in elevating refereeing worldwide. Would have to check with WAF if he'd be eligible.
- Chantal - Whose registering with WAF if we are independent? Who's claiming to be the registrar of that?
- Ryan - Joey and Ashley are organizing the team that goes to WAF.
- Tracey - Rick is helping to organize.
- What steps would need to be taken to once again make the CAWF Nationals to be a qualifier for the WAF and WAF events? Answer was just to quit IFA. Just stop being a member? Yes. Then they could come to WAF.
- Rick - WAF said CAWF was not the member. Joey's organization was the member.
- Tracey - It's just like an organized team I think. Although this is classified as a membership CAWF is not a voting member of WAF. But we are a voting member of IFA because we pay the membership there and you are representing us there. So that's the difference right now.
- Ryan Espey introduces the following motion:
Be it resolved that the Canadian Armwrestling Federation (CAWF) revoke their membership to the International Federation of Armwrestling (IFA) and notify them in writing as such, with a request that all reference to CAWF membership in IFA be removed from their website, social media, and all other forms of communication. Butcher seconds the motion. Vote was 8 For, 2 Against, 1 Abstain. Motion passed.

Rick - Can we amend it to add the CAWF will remain neutral and pay dues to both organizations.

Chantal - No, we need to withdraw from IFA completely to qualify under WAF.

Josee - I've tried to register for the World's and I have been getting different information from so many different sources. WAF is the Worlds. We need to keep with what our country started. We should stick with WAF have a vote to get back with only WAF. If people want to go to IFA, have something else as a qualifier other than our Canadian Nationals. Canadian Nationals should be WAF qualifier alone. Too late to vote to become a WAF member at Nationals.

Ryan - I could be wrong but I think many of the people that went to the IFA maybe did so without knowing the ramifications to WAF.

Chantal - Whose going to broker the conversation with WAF to ensure CAWF enters back in under good standings and our athletes are recognized with good standing? That is a leadership question that needs to be addressed.

Rick - Should be Ryan

Ryan - I am happy to do so if that's what this group wants

Charlie - Blacklist of Canadian athletes should be removed.

Ryan - We can probably get a get out of jail card for free for a one time but if you choose to go back to an IFA event that will become the athlete's problem not ours.

Josee introduces motion to rejoin WAF and become a member in good standing. Chantal seconds the motion. Vote was 8 For, 1 Against, 2 Abstain. Motion passed.

Ryan - Who will write the letters to IFA and WAF. Ryan volunteers to take care of both. Ricks advises he will give IFA heads up its coming.

4. CAWF Facebook Pages

Anthony says this has been fixed now. No one can post without approval any more.

5. Allowing Provinces to use ZOOM

Get rid of Zoom and use Google Meet for free.

Rick introduced a motion to cancel Zoom subscription

Seconded by Ryan. Unanimous decision.

6. Awarding of Tournaments to Cities

Contracts need to be drawn up to identify what the requirements are for hosting tournaments. Identify dollar amounts on expenses normally run into. Guide to be made. May have to consult a lawyer to draw up the contracts.

7. EAC Update (Chantal)

- 4 members currently Ryan does Appeals, Chantal and Tracey are Co-Chairs and Bardsinsky looks into Occurrence Reviews.
- 2 Provisional Suspensions at the moment. They both involve criminal matters.

- Sent 2 f/up letters as incidents happened from 2020-2021
- 1 incident reported we cannot follow through on due to a lack of information to ascertain who the respondent is (who the complainant is being made about). Again in regards to a criminal matter
- Remind others to use the website. Anthony has done a ton of work to correct this and translate the forms to french as well. Brand new link where people can encrypt their forms.
- Training packages will be finalized sometime in March for the Provinces.
- Package for new recruits is an ongoing conversation.
- Bullying themes, human trafficking themes, conduct at tournaments is what we are seeing this past season.
- How do Provincial bodies know who is suspended?
- If someone is suspended shouldn't everyone know? Couldn't it just be a spot on the website listed under suspensions? Reason is confidential but the suspension itself could be made public can it not? Will have to look into legalities of public acknowledgement. Suspension means suspension from CAWF sanctioned events, National events sanctioned by CAWF.
- Legalities and responsibilities have to be explored on ramifications of what is discovered during the EAC investigation and what you can and can't release. E.g. Human Trafficking cases.

8. Election Schedule

Assistant Referee in Chief
 Referee in Chief
 Vice President
 Secretary-Treasurer

- Discussions about terms and getting them back in line with terms.
- Don't have enough referees may have to out source Level 3s
- Need discussions about compensation as people are not willing to pay travel expenses to come referee.
- Flight, parking, food. Seminars conducted.
- Make January an annual meeting

Rick put forth motion to adjourn meeting at 4:30pm EST by Rick, seconded by Tracey.

CAWF Meeting Agenda – January 15, 2023

Attendance

Present:

Ryan E, Tracey A, Antony D, Butcher, Tony B (via phone), Matt Smith, Marc-Andre C, Luc F. Charlie M. Chantal SDC-Leduc, Josee Morneau, Jason Tibok, Keith Koenig, Scott, Dave Campbell joined after the VP vote via phone.

Regrets:

Vivian Santos.

Ryan called the meeting together at 2:09pm

Ryan began the meeting by discussing housekeeping rules such as respecting one another within the room.

Previous Meeting's Minutes

Motion to forego adoption of meeting minutes from the meeting on Jan 8/23.

-All were in favor as the minutes have not been compiled from the Jan 8 recording as of yet. 12 in favour.

Adoption of Agenda

Ryan asked for a vote for the Adoption of the Agenda for the Emergency Meeting. Reminded everyone there would only be one vote per Province. Carried unanimously.

-No new business added to the Agenda.

Vote on Rick Pinkney's Resignation

Chantel moves the motion to accept Rick Pinkney's resignation. Butcher seconds the motion. All vote in favour of accepting the resignation except for Charlie and Josee.

Appointment of Interim President

The aforementioned motion was carried. Therefore there was a need to appoint an interim President. This will be the person who will be President until the next election is called in 2024.

-There was unanimous agreement that Ryan Espey should be President. Ryan Espey was nominated by Antony D. No other nominations were presented.

Appointment of Interim Vice President

Vice President nominations were for Chantal Leduc by Josee (declined, but would consider in future), Tracey Arnold (nominated by Chantel) and Dave Campbell (by Luc) Ryan advised Dave is not here. Does anyone know if he expressed interest before? Tony advised yes he was interested, therefore Dave Campbell's nomination was accepted.

Vote results

-4 votes for Dave Campbell, 8 votes for Tracey Arnold
-Tracey Arnold was voted Vice President and accepted

Callout for EAC Occurrence Reviewer

-Chantal presented the need for 2 Reviewers by the end of March 2023
-Would be beneficial if it is someone who is bilingual. No gender preference.
-the need for a Co-Chair will be discussed in future if Tracey Arnold does not remain Vice President beyond the Nationals.
- We are in a capacity rebuild right now for these positions.
-Tracey Arnold remains the appeals person for the EAC (Ryan E. is no longer)
- Provincial Presentation re EAC will take place Feb 26 of this year and we encourage everyone to attend. Training will take place twice a year to make sure that all upcoming Provincial Presidents and Provincial Execs know what to expect from the EAC and their role as well.

Provide updates on WAF Membership

-Meeting between Ryan and Tracey and the WAF President and Secretary General will take place January 16th at 10am.

-Ryan has requested that CAWF officials wait to share what's taken place or will take place within this meeting so that he can put out a statement on social media as he expects several questions.

Ryan discussed the issue of Joey Costello's involvement as liaison for WAF,
-Josee Morneau expressed that given Joey's behavior and arrogance towards athletes this wouldn't be the right thing to do. No member contested that Joey shouldn't be involved in ongoing CAWF business.

-Chantal re-iterated that according to the WAF Constitution, Joey Costello has no position in WAF which has been endorsed by the CAWF nor is there such a role that exists within WAF. No one is clear about his involvement with WAF and what his role is. Ryan stated that although the liaison position was not official, Joey Costello was the one putting together a team from Canada in the absence of CAWF. Going forward it will be CAWF that is officially recognized as who will be sending teams to WAF so the position of liaison would be moot anyways.

Will the CAWF uphold WAF sanctions on athletes and officials?

-Ryan confirmed that the CAWF will not uphold the WAF sanctions within their Provincial and Nationals, however if an athlete or referee wishes to go to IFA they are no longer welcome at WAF events. Ryan is requesting amnesty for all as a starting point as we rejoin WAF.

Scott, Luc, and Antony believe that they should be able to make the decision as an adult to go to IFA if they choose to or not. Luc has concerns for referees if they are not able to attend both WAF and IFA competitions. Matt - WAF should not have any say in whether any Canadian can compete in any Canadian event. Charlie - We are a sovereign nation and should be able to have say over our own athletes and referees. Simon had 3 people who worked last year at both the USA Nationals and the IFA. One as a referee and two as scorekeepers. If Simon can do that in the USA, WAF should have no say in what happens in Canada. We need to set the parameters before we rejoin. I am willing to put that to a motion if need be.

Charlie puts forth motion WAF needs to allow the CAWF to run their own events and choose their own referees and will determine who can compete at the events without any sanctions from the WAF. They have no say. We are a sovereign

country that decides its own rules. Marc-Andre seconded the motion. 12 yes and Butcher abstained.

Other discussion points

-Tracey discussed going through the social media accounts to ensure that the page has only Canadian members on the page.

-Ryan said give me 24 hours to put out a statement before we fire this up on social media. Scott asked that the group gets a chance to review the statement before it is sent out to the general public. Ryan agreed.

-Chantal commented on the need for members to express themselves in the Board meetings if they don't agree with something that has been said rather than taking it to social media to debate online. We talked about the need for until within the CAWF Board. Ryan & Tracey concurred.

-Luc asked how we got from talking about fees to voting on rejoining WAF as he had difficulty hearing during the last meeting. It was clarified that a motion was carried to vote on membership to WAF and it was passed.

-Chantel made note that we have to act soon as there is an important vote coming up at WAF and it would determine if CAWF has a seat in congress or not.

-Meeting adjourned at 3:12pm by new President Ryan Espey.

**CAWF Special Board Meeting
February 15 2023 via Google Meets**

Present:

Ryan Espy
Vivian Santos
Tracey Arnold
Josee Morneau
Patrick Callahan
Anthony Dall'Antonia
Keith Koenig
Chantal LeDuc
Charlie McGeoghegan
Scott McInnes
Jamie Leblanc

Meeting called to Order at 11:32AM

AGENDA

1. WAF Updates

Ryan Espy provides an update on the situation and discussions with WAF and NAAF. Have heard back from WAF and they are following their constitution and advised that they will not be involved with negotiations. Advised that CAWF should deal directly with NAAF in order to enter back into WAF membership.

Two options:

1. Staying neutral and independent from WAF and IFA - an armwrestler can decide to go wherever and whichever world competitions. Confirmed with Joey thru text messages, that Staff who attend Canadian National Championships will be held in not in good standing with WAF. There could possibly be two different teams, one spearheaded by Rick to go to IFA and the other spearheaded by Joey to go to WAF. The pullers who competed in IFA last year would not be in good standing with WAF. If a puller decides to go to WAF - may not need "request to be removed from Not in Good Standing" from NAAF.
2. To become a member of WAF, CAWF must work with NAAF to rejoin WAF. NAAF has stipulated certain conditions 1) Joey Costello be added back to a voting position on CAWF for a minimum of 2 years following the 2023 National Championship and AGM; 2) Requirement that CAWF suspend Rick Pinkney from CAWF. If these two conditions are met, then every armwrestler who is not in good standing needs to submit a "Letter to NAAF Attn: Simon" and request to be removed from the not in good standing list. These will be submitted to WAF with an endorsement by NAAF.

Moved by Chantal Leduc that CAWF remains neutral and independent from WAF and IFA.
Seconded by Charlie McGeoghegan. Vivian Santos calls for a recorded vote.

Vivian Santos - Yay
Tracey Arnold - Yay
Josee Morneau - Abstained
Patrick Callan - Abstained
Anthony Dall'Antonia - Yay
Keith Koenig - Yay
Chantal LeDuc - Yay
Charlie McGeoghegan - Yay
Scott McInnes - Yay
Jamie Leblanc - Yay

Total Yay - 8 Total Nay - 0 Abstained - 2

Vote passed and carried.

Moved to Adjourned Meeting at 12:40PM