



# TROJAN GYMNASTIC CLUB

## Trojan Gymnastic Club Behaviour Guidelines

Trojan Gymnastic Club demands the highest standards of behaviour from all young gymnasts.

It is the Club's policy to encourage and acknowledge high standards of behaviour.

It is also the Club's policy not to tolerate unacceptable behaviour from any gymnast towards fellow gymnasts, coaches, officials, opponents, parents or any other Club members.

This will apply to any situation in which a member is representing the Club including whilst travelling to and from training, fun days and competition.

The behavioural policies of the Club are non-violent and will not involve the humiliation of the gymnasts.

The behavioural policies aim to encourage young members to become more responsible for their actions.

The use of sanctions is an important part of maintaining proper Codes of Conduct.

Sanctions will be fair and progressively applied.

The following "Code of Behaviour Sanctions" are communicated to parents, gymnasts and coaches when they are joining the Club or at the start of the season/when completing the Club Membership Application Form.

In the event that a coach or an adult helper feels a young participant's behaviour is unacceptable, the disciplinary procedure below will be followed.

BEHAVIOURS	SANCTIONS FOR INAPPROPRIATE BEHAVIOUR
<b>Minor Don'ts</b> Persistent talking & disruption while Coaches are coaching Cheek or disrespect towards coaches or helpers 'Horseplay' which has not caused injury Continuous non-compliance with instructions of a Coach or helper	1. Verbal warning 2. Taken aside and a 2nd verbal warning 3. 'Sit out' for 5 minutes 4. 'Sit out' for 15 minutes or longer as deemed appropriate.
<b>Serious Don'ts</b> Offensive language or gestures towards another gymnast, Coach or others 'Horseplay' which has caused injury -accidental or otherwise Persistent non-compliance of instructions of Coach or helper Cheating the rules Telling lies about	1. A formal warning with another Coach present. (A sanction may be warranted) 2. 'Sit out' for 15 minutes or longer as deemed appropriate 3. A formal warning with parent present with possible suspension from next training session or event
<b>Critical Don'ts</b> Bullying – in any form (verbal, physical etc)	1. A written warning 2. Parents advised appropriate sanction being



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Wilful damage to an individual or Club property Theft of individuals or Club property Shouting and arguing with an Official	applied -possible suspension from next training session or event
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The young gymnast should be spoken to in a calm, normal voice explaining the breach of Code of Best Practice so that they do not feel threatened and fully understand the breach and how they may improve.

Explain that a repeat breach will lead to further disciplinary action and what the disciplinary action may be.

In the event a young person becomes upset when spoken to, the Coach or Assistant should inform the parents/guardian at the end of the training session.

Two individuals (either Coaches, Assistant, Children's Officer) should speak to a young person at all times regarding the serious and critical breach of the Code away from other gymnasts.