**Trojan Gymnastic Club Code of Conduct Gymnasts**

**Gymnasts should undertake to:**

* Participate fairly, do their best and enjoy themselves
* Always participate by the rules
* Represent themselves, their family and Club with pride and dignity
* Wish opponents well at competitions and trials and say well done
* Respect opponents and be modest in victory and gracious in defeat
* Respect officials and accept their decisions gracefully
* Respect fellow team members, giving them support whether they do well or not so well
* Respect their coaches and the decisions of the coaches
* Respect and abide by Covid-19 protocols in the gym, as well as at Trojan and Gymnastics Ireland events and competitions
* Improve and develop their skills
* Set high standards of FAIR PLAY for others to follow
* Adhere to proper standards of behaviour that avoids bringing Trojan and Gymnastics Ireland into disrepute
* Let a coach know when you are unavailable for training and competition
* Approach the Club Children’s Officer with any concerns or questions you may have

**Gymnasts should not:**

* Cheat
* Use abusive and/ or hurtful language
* Shout at or argue with an official or coach
* Spread rumours
* Bully or use bullying tactics to isolate another young person, including online
* Tell lies about adults or other young people
* Take banned substances
* Harm team members, opponents or their property

**Young people are entitled to:**

* Be safe and to feel safe
* Be happy, have fun and experience a sense of enjoyment and fulfilment
* Be treated with respect and dignity
* Comment and make suggestions in a constructive manner
* Be afforded appropriate confidentiality
* Make a complaint appropriately and be listened to
* Be believed
* Experience competition at a level at which they feel comfortable
* Get help against bullies
* Say ‘No’
* To protect their own bodies

I confirm that I have read the Code of Conduct and agree to abide by its contents.

Gymnast’s Signature : \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature (parent/guardian): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Print Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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