



Bible Lessons With Sandra Linneer

Healings: Sickness and Disease

Prepared by Sandra Linneer, July 19, 2025

OVERVIEW & PURPOSE

Have you thought Lord A was being healed but what about me or my loved one? Christians needs to understand prayer and fasting is keys to how to dismantle unbelief before entering in prayer with the Father.

KEY SCRIPTURES: Matthew 4:23-24 Isaiah 53:5 I Peter 2:24

SUPPORTING SCRIPTURES: | Mark 9:17-26 | Luke 17: 12-15 | Matthew 13:58 | James 5: 15-16 |

RESOURCES

King James Holy Bible

Video or audio on most digital platform: <https://youtu.be/wFMFeUhrHhE>

Website: <https://sandalinnear.com>

SUMMARY

Jesus is our physician. He has all power to heal all manner of sickness and disease. God has given us power through the Holy Ghost which guide us to the truth of spirit, soul, and body. We are the temple of the Holy Ghost or the building in which the Holy Ghost resided. It is the will of God that we be in health even as our soul prosper. Thus prayer, fasting, and meditation is essentials for a Christian's Walk with

God. We pray to avoid fainting. We pray for whatever is needed from the Father. The world is filled with sickness and disease; therefore, we watch and pray. We watch what we as Christians do or say, we watch the environment, and our interaction with others. Our life with Christ should be consistent. Once we are consistently consistent, there is no room to waver. Let us seek God for healing and cures. God's promises are Yes and Amen. His mercy is sure, and his grace is sufficient. Jesus is interceding for us. Allow the Great Physician to take care of our whole body, soul, and spirit through his healing powers.

KEY HIGHLIGHTS – Five Essential of Prayer

1. Knowledge – understand what has happened: not for God to know but for awareness.
2. Understanding – - Isaiah 53:5 “But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed.”
1 Peter 2:24 “Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.” In theology, to believe sometimes expresses a mere assent of the understanding to the truths of the gospel.
3. Wisdom- is your application of faith by divine will. Here we started doing those things which help in the healing process: 1. Confession 2. Repentance 3. Prayer 4 Fasting

Proverbs 17:22 “A merry heart doeth good like a medicine: but a broken spirit drieth the bones.”
4. Obedience - Faith expressive itself though obedience in a Christian life. It is a purposeful and active effort to live a life of devotion and service to God. Out of obedience the power of God is shown. Luke 17 reference the 10 people with leprosy.
5. Thanksgiving - giving thanks to God is a verbal expression with an action. We are thanking God for his mercy and healing through our Lord and Savior Jesus because He is the great physician.

TERMS sickness, disease, unbelief, belief, faith, cures, healings,

APPLICATION

6. Consider your mind-soul-spirit to be one with God mind!
7. Healing or Cure (disease long term)
8. Dismantle Doubt -Determine what your belief and what is your faith level- doubt.
9. By knowledge – reference scriptures that apply draw on your own experiences with Jesus for healing or cure.
10. Pray to God in Jesus Name to help unbelief (like the example in the Bible)

11. Link your situation to a sin, where applicable (bitter, hatred, malicious, jealousy, Unforgiveness, lying etc.) and confess it. (if it toward others, find them and get it straight)
12. Faithful in constant prayer and fasting and mediation.
13. Gratitude- Thankfulness – even in your endurance
14. When the healing and cure manifestation comes, tell others to elevate their faith and pray for them.

ACTIVITY: For Salvation: ROMANS 10:9-11

Those who have not or those who cannot remember a time when they ask Jesus to come into their heart and save them, is encouraged to make the confession of faith today for salvation.

9 That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved.

10 For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation.

11 For the scripture saith, whosoever believeth on him shall not be ashamed.

PRAYER OF SALVATION

Lord, I accept the plan you have for salvation. I am confessing that I am a sinner that needs your grace, Jesus. I confess that Jesus is Lord, and he died, and he rose from the grave with all power to set me free. I ask Jesus to come into my heart and save me now. I believe with my confession and the understanding of God's love for me I am saved today in Jesus's Name.

(enter name and date here) **PRINT AND KEEP**