



Bible Lessons With Sandra Linnear

Power of Meditation Reveals

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OVERVIEW & PURPOSE

Meditation in the kingdom aligned the Christian's focus of obedience with the Father. As Christians our vocabulary is limited and broken. Our vocabulary only speaks to human side of man for communicating with understanding. **Etymology of the Lindquist language** has done well in capturing sound, tones, phonetic structures, and grammar, but it is not good enough to communicate with the Father who is Spirit. Therefore, Jesus sent the Holy Ghost back to dwell in us to communicate with the Father who is Spirit and divine. In this lesson will explore the kingdom of God and the power of meditation and its reveal.

KEY SCRIPTURES: Matt 6:9-13 2 Corinthians 4:7 John 3:3 Matthew 13:11

SUPPORTING SCRIPTURES: | 2 Corinthians 5:1 | Romans 14:17 | Luke 17:21 |

RESOURCES

King James Holy Bible

Video or audio on most digital platform: <https://youtu.be/ib2Jt2OOGGw>

Website: <https://sandalinnear.com>

SUMMARY

When Christians meditate in the Holy Ghost in the kingdom of God they are communing with the Father. Father ask his Children diligently seek him. Meditation is a close and continued thoughts of mind

focusing on the subject. When we meditate on the Father God, we share the oneness of the Father in mind and spirit. Christians should continue in prayer in the Holy Ghost until they understand the mysteries of God.

KEY HIGHLIGHTS – Five Essentials of Meditation: -- reference the YouTube video

1. Quiet space- no distraction – you are already in the pavilions of God. This is a safe space. The devil does not know where you are.
2. Inner quietness- (Hint: If you are inhaling and exhaling breaths you are not thinking in the same space. This helps to allow those thoughts to pass. Don't entertain unwanted thoughts. Then begin with prayer of understanding to set the course for you and the Holy Ghost.
3. Close and continued thoughts center around the word of God, a scripture, topics, of something you need a clear understanding. Think of the scriptures that apply. If you do not know a scripture, go back to the model prayer. Matt 6:10 Thy kingdom come. Thy will be done in earth, as it is in heaven.
4. Pray in the Holy Ghost interacting with God by alternating to silence as you spend time listening. Listening is the key: Here in this place God's mysteries about what you are asking is made clear. God will reveal his mysteries to you.
5. This is a personal active engagement with the Father alone. Meet him there daily.

TERMS peace, joy, righteousness, kingdom of God

APPLICATION

Pray daily meditation in the Holy Ghost in a quiet space. Listen to God as the Holy Ghost speaks.

ACTIVITY: ROMANS 10:9-11

9 That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved.

10 For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation.

11 For the scripture saith, whosoever believeth on him shall not be ashamed.

Those who have not or those who cannot remember a time when they ask Jesus to come into their heart and save them, is encouraged to make the confession of faith today for salvation.

PRAYER OF SALVATION

Lord, I accept the plan you have for salvation. I am confessing that I am a sinner that needs your grace, Jesus. I confess that Jesus is Lord, and he died, and he rose from the grave with all power to set me free. I ask Jesus to come into my heart and save me now. I believe with my confession and the understanding of God's love for me I am saved today in Jesus's Name.

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