

# **RAISE YOUR SCORE**

## *Clinics with Judge Sherri*

at your gym in Southern CA

Step 1: choose a date

Step 2: choose levels/blocks

Step 3: fill your clinic

Step 4: *Raise your score!*

**Each clinic block includes a warmup, a workout on each event,  
mental training, and goal setting**

**Cost is \$125/athlete and includes the clinic, a goal setting journal, and  
a future video analysis (\$65 value!)**

*\*Payment is made directly to Judge Sherri, so there's no cost to you\**

**2025 dates: 9/7, 9/14, 9/21, 10/18, 10/26, 11/2, 11/8, 11/15**

**6-12 athletes/block (grouped by similar levels)**

**Coaches welcome! Learn new drills and judging tips!**

**Suggested daily schedule (totally customizable for your gym):**

**9a - 12p     Levels 2/3/XB/XS**

**1p - 4p     Levels 4/5/XG/XP**

**5p-8p     Levels 6-10/XD/XSa**

# **VirtualJudging.com**